

MOSES - ANGER WITHOUT SIN

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INTRODUCTION: PROBLEM with male anger today:

Road rage, rape, violent crime rise, aggression, bullies –problem today

I. AGE 40

A. **RIGHTEOUS INDIGNATION**

Treatment of Jews in slavery

Anger positive motivator: guilt, fear, jealousy

- Jesus temple (weave whip)

Work not fair, child hurt, people to God

Kill guard

B. SINFUL ANGER

1. MALE ANGER – MOSES

Men few emotions, all turns to anger

Anger in sports, war, competition, stand up for self good

Never learned/taught, poor examples

Frustrated, afraid of anger, not know what to do, guilty

WRONG

EXPLOSION blow up

IMPLOSION clam up

Ulcers, nerves, sarcasm, passive-aggressive,
withdraw, depressed, suicide

“I didn’t keep it in ...

2. **CAPTURE CONTROL**

2nd emotion. Tree/root

self-focus: pride, not get own way Hatshepsut

man: power, control, attention when angry

“frustrated” cut off in car; older not accomplish so blame

Cain Abel; Ahab Naboth; Ahasuerus Vashti; Haman

Kill guard Flee Thutmose III – anger at Moses

Cure: **CONCEDE CONTROL** yield, trust God, serve, patience

FRUIT: peace, gentleness, self-control

C. **RIGHTEOUS INDIGNATION**

Rescue Zipporah and others at well

God teach patience, 40 ys with sheep

II. AGE 80 (retest)

A. SINFUL ANGER

1. **HIDE HURT**

Physically - Hammer finger

Balaam, donkey rub leg against stone wall

Paul slapped by guards, talks smart to HP

Emotionally - Criticism, rejection, hurt others back

Samson when wife killed

Alexander the Great & Cletus

Burning bush "what if"

Cure: **HANDLE HURT** feel the pain, forgive the person

Forgive: Jews; God (angry at God); self (depress, dest)

Unforgiveness, bitterness –

others (past), said/done to hurt (who comes to mind?)

God – let down, promotion, parent died, lonely

Self – fail as mate, friend, parent

FRUIT: love, patience, goodness

I need to forgive, seems Zipporah needed to forgive me

2. FEMALE ANGER - ZIPPORAH

Passive-wild: Ab-Sarah; Isaac-Rebecca; Jacob-Rachel

Men fear angry women (manipulated by mother)

Hurt so control by anger to avoid pain

boys, physical strength

girls – emotional strength

Hatshepsut strong-willed woman, anger to control

Wife same: Zipporah first born, no brothers

3. **HIDE HURT**

Husband gone all the time

Suddenly leave family

HANDLE HURT feel sorrow, grieve, forgive

4. **CAPTURE CONTROL**

Fear: unknown, leave family, live with unknown, lose control

GOD ANGRY – **RIGHTEOUS INDIGNATION**

Bloody jerk, (angry woman = insecure of love)

– Sarah, not trust man

Women: what really behind anger? List hurts, fears

Out of control find 1 to sup control: house, \$, children

Left with sons (substitute for husband, control them, bad for all)

CONCEDE CONTROL trust God to work thru husband

Moses not out-anger her to 'win' (no one wins)

ANGRY AT MOSES:

Zipporah, Jews, Pharaoh – follow God, others not understand

B. **RIGHTEOUS INDIGNATION**

Ex 11 = furious with Pharaoh (between plagues 9 & 10)

Amenhotep II, son of Thutmose III and Neferure

Break 10 commandments

Right indig, then too far – rewrite 10 comm

Right indig for self easy into sin (hide hurt, capt cont)

Justify anger, blame other

“Now I wish I could tell you my story had a happy ending”

III. AGE 120

Learned to concede control

CAPTURE CONTROL Hit rock 2x

“most humble man ever” – still pride raises up - accountable

CONCEDE CONTROL God patient, we must be, too

Not into Promised land – only blotch on my record

IV. LESSONS

A. TO SELF

What can you do to help your anger?

When **RIGHTEOUS INDIGNATION**

Be angry but don't sin

WWJD, ask God to help handle it right

Use right, act, motivated to do right

SINFUL ANGER:

HIDE HURT – **HANDLE HURT** feel pain, forgive

Forgive because Jesus forgave you (pare forg serv)

PLAN OF SALVATION

Miriam criticize, leprosy

Woman: anger out through tongue, - different phone ring

Prov 15:1 gentle away wrath, harsh word stirs anger

Anger or forgiveness – mainly at family

Men: past: father, mother (Zipporah), grade school

CAPTURE CONTROL - **CONCEDE CONTROL**

Admit, Confess the PRIDE, FEAR control

Kadesh Barnea, want to kill and return to Egypt

Women: use anger for children to listen

Woman: hard time trust, use anger to control – TRUST!

HOLY SPIRIT – only way to do this!

Gal 5:22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness,

B. TO MATE

How wife can help you when angry?:

Be friend, supporter, not criticize like mother,

listen, don't bail out, pray

Not nag, hurt; give necessary control (submit), like before mar

How you can help angry wife:

What is she afraid of? What hurt her?

Is insecurity causing her to try and control things?

Meet needs: security, apologize, etc