

SPIRITUAL WARFARE HANDBOOK

From a Biblical, Evangelical Perspective

(Edited and Updated 2021)

"For we are not ignorant of Satan's devices." 2 Corinthians 2:5-11

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SO YOU'RE IN A WAR!

One day a young man was out for a walk. As he went along the street he saw a sign that invited him to sign up to see the world for free. Food, lodging, everything would be provided. In fact, he would be paid a salary, too. It sounded fine, too fine to pass up. So he went in and signed his name. To his surprise he was handed a rifle and military equipment. He soon found out there was a whole army of soldiers who now were his enemy and whose sworn purpose was to destroy him. It wasn't what he expected.

There are many Christians today who, when they accepted Jesus as Savior, were surprised to find they had an enemy. Perhaps they expected life to be perfect and fine, all settled with no more problems. Salvation, though, doesn't end the battle. In many ways it is just the start of it!

You see, when you accept Jesus as your Savior you also accept Satan as your enemy! You deserted Satan's army to join his enemy's army, God's army. He opposes God, but can only get at God by attacking His people -- you and me!

So now you find yourself in the middle of a war you didn't want, don't like, can't understand, and seem unable to win. What do you do? Where can you find a quick training program for spiritual warfare? Read on, this information is for YOU...

Actually, this idea of war following salvation is nothing new. We see the same thing happening to the Jews in the Old Testament. Satan has been opposing God from the beginning, but getting nowhere. When he started attacking God through His creatures he made much more progress. First there was Adam and Eve in Eden, then Abraham, Isaac, Jacob and Joseph. God's people ended up in Egyptian slavery for 400 years until God delivered them. He did it all: provided the innocent blood and the power to protect them from the angel of death as well as deliver them unharmed through the Red Sea. They did nothing but accept His salvation. Then the battles started for them: the Amalekites attacked, then the Canaanites, and on it went. The Jews had to learn to fight. When they learned to fight behind their leader Joshua ("Jesus" in Greek) they conquered and settled the land God had meant all along for them to have. When we learn to fight behind our general, Jesus, we, too can have victory in life.

First of all, what are the weapons this enemy uses against you? The Bible says they are three-fold, "the world, the flesh, and the devil." The world refers to the organized system of ideas, people, activities, purposes, goals, motives, priorities and values that are based on Satan's system (1 John 2:15; John 15:19). The "world" does not refer to nature, but to Satan's substitute for God's way. Peer pressure, rejection, persecution, problems getting along with people, pride, desire for popularity and success, etc., all these things are ways Satan attacks us through the world (Matthew 4:8-10; 12:26).

While these attacks are from without, we also have an enemy within -- our own flesh. By 'flesh' we mean our old sin nature, that tendency in us to be naturally self-centered, sinful, prideful, willful and immature (Romans 7:15-25; Galatians 5:19-20). Even the 'good' we do in the flesh is like filthy rags (Isaiah 64:6). This results in our sinning. Sin is thinking or doing wrong things, doing good things for the wrong reason/motive, or not doing good things that should be done. Temptations to worry, fear, get angry, be greedy, fulfill our lusts, think only of ourselves, feel self-sufficient or self-righteous, be jealous, gossip or criticize, etc. come from or through the flesh (Ephesians 4:22-27).

This booklet is designed to help you in spiritual warfare. It will summarize your battle with the enemy and how to have victory in Jesus. It is an updated and expanded version of my Spiritual Warfare Handbook of 1995 and replaces it.

The BASIC REQUIREMENT: JOINING GOD'S ARMY

Just as there are physical principles that govern the universe around us, so there are spiritual principles that govern our relationship with God. The first and most basic principle is that God loves us and has a wonderful plan for our lives (John 3:16), but when sin entered the world it separated man from our holy God (Romans 2:23). Being a just and righteous God, sin cannot be overlooked but must be paid for and since there is no way we can pay for our own sins, God Himself, in His great love, became the payment for our sins. That first Christmas celebrates the fact that He voluntarily left heaven to come to earth as a human being.

Although we celebrate Jesus' birth on Christmas, we know that He wasn't born just to give us a holiday where we remember Him as a baby – He was born to die in order to pay the price for our sins. We worship Jesus as a baby, but the story doesn't end there. Jesus grew up and went through all the things we go through in life.

He was rejected and crucified, but while dying on the cross He suffered the eternal punishment of every sin we would ever commit. In other words, He went through our hell so we wouldn't have to (Romans 5:8). Because He was man He could represent us and take our place. Because He was God He could endure punishment way beyond anything we could ever experience. At the end of the crucifixion Jesus said, "It is finished," and His spirit returned to heaven. His body went into a grave but 3 days later came back to life, proving forever that sin and death had been conquered.

He is in Heaven today! There He has made a place for us if we will only accept the gift and the joy that He has offered us. Salvation is freely available to every person (Ephesians 2:8-9), but it is a gift we must voluntarily receive by recognizing our need and asking Him to forgive us and live in us (John 1:12). He Himself then lives within us and gives us new meaning and ability in life. If you haven't received this wonderful free gift, do so now by asking God for His gift of salvation.

While there are no special or magical words to use, here is the idea of a prayer to pray to accept God's free gift of salvation. It's not saying the words, but meaning them that makes the difference. Here is a sample prayer you can use:

"Dear Jesus, I recognize my need of you. I know I sin and am guilty in your sight. Thank you for leaving heaven to come to earth and die on the cross for my sins. I know you took my eternal condemnation on Yourself on the cross and paid for it all. Please forgive sin and fill me with Your Holy Spirit. I freely accept your gift of salvation. Help me to live for you and only you. I put you first in my life and want to serve You. I reject any other forces or powers and forbid any them to have any influence on me. Dear Jesus, fill me and use me. Thank you for hearing and answering me. In Jesus' name I pray. Amen."

Know that if you have ever prayed this prayer or something similar to it you are born again into God's family and nothing can take your salvation away. One of Satan's first lies is to get us to doubt our salvation, to question if we are a child of God or not. If you have doubts about having done this in the past just pray it again now. Write your name and the date below, and you'll know for sure that you are a child of God and in God's army.

(name)

(date)

WHY SPIRITUAL WARFARE?

There are those today who say Christians aren't to get involved in spiritual warfare, but instead we are to just trust God and think only of Him. While God is always to be our only focus, He has given us tools to use to bring victory in this area. He has provided medical knowledge for us to use in the physical realm. He has also provided spiritual knowledge to help us in the spiritual realm. Paul tells us to make sure we aren't ignorant of Satan's devices (2 Corinthians 2:5-11). We are to understand and use these resources which He has provided. I believe God commands us to be involved in spiritual warfare (1 Timothy 6:12). Here are some reasons:

1. THE BIBLE COMMANDS US TO USE SPIRITUAL WARFARE

"Our struggle is not against flesh and blood but against principalities, etc." Ephesians 6:10-12

"We are not ignorant of Satan's devices" 2 Corinthians 2:11

We are to understand our enemy before battling him (count the cost) Luke 14:31

Armor in Ephesians 6 - why would we be given armor if there wasn't a spiritual battle going on?

IF GOD IS SOVEREIGN, WHY DO WE NEED TO FIGHT SATAN? If God is sovereign, why do we need to witness, pray, believe, work for our money, drive carefully, go to a doctor, or any of those things? If we trust in God, why lock doors at night? There are some things God expects us to do, in His strength. By doing these we learn to trust Him more. The Jews were given the land of Canaan but had to learn to fight to live in it. We praise Him more when we see His provision, might and deliverance. We are better able to pray for and give guidance to others. Also, we see the awfulness of sin and its consequences so we can better turn from it. We see His glory as He uses us for victory. Others see it and He is glorified in their sight.

2. JESUS USED SPIRITUAL WARFARE Jesus talked about Satan & demons more than anyone in Bible. He cast out demons. He taught and commanded His disciples to fight Satan and cast out demons (Matthew 10:8; Luke 10:1, 17-20). He was disappointed when they were unable to deliver a demonized boy without Him (Mark 9:14-29). The religious rulers accused Jesus (Mark 3:22) and John the Baptizer (Luke 7:33) of being demonized. He commanded His disciples to cast out demons, too

3. EXAMPLES OF OTHERS WHO USED SPIRITUAL WARFARE

DANIEL prayed spiritual warfare prayer for three weeks (Daniel 10:2-6, 12-14).

JEREMIAH's whole ministry was one of spiritual warfare.

PAUL was twice involved in casting out demons (Acts 13:6-12; 16:16-18) and writes much about spiritual warfare (Ephesians 4:26-27; 6:10-13; Galatians 3:10, 13; etc.)

MOSES was challenged by Satanic forces (Jannes & Jambres, Exodus 7:1-11, etc.).

Many examples in church history show the involvement of God's people in spiritual warfare.

4. PERSONAL EXPERIENCE SUPPORTS SPIRITUAL WARFARE The testimony of many who have been involved in spiritual warfare support and validate its importance as an important tool for Christians today. It is not our only tool, for different tools are needed for different jobs. Spiritual warfare is one tool among many (prayer, witnessing, counseling, praising, etc.) that God gives us to use at the proper time.

5. LAST DAYS EMPHASIS OF SPIRITUAL WARFARE The closer the rapture comes the more spiritual warfare will increase. There will be MUCH of it in the tribulation as Satan's forces are released.

I. COMMANDERS

A. THE GOOD GUYS

GOD - OUR COMMANDER

Everything starts with God. Everything came from Him. You must be totally sure that God exists, the Bible is inspired and Jesus is God. If you are unsure about any of these, please read my articles about them at <https://www.christiantrainingonline.org/our-ministries/india/articles/> Or you can email me at jerry@ChristianTrainingOrganization.org and I will email you a PDF of these articles. Don't let the Satan put doubts about them in your mind.

ANGELS - OUR HELPERS

CREATION God created the angels before the world was created (Job 38:6-7), the same time He planned to create each one of us (and already knew us in His mind). He created an "innumerable" number of angels (Hebrews 12:22; Revelation 5:11). No angels have been created or destroyed since then. The number is exactly the same. People who die do NOT become angels, in eternity we have a position greater than the angels will have (1 Corinthians 6:3).

PERSONALITY God created angels and humans in His image in that we all have a mind to rationally think and reason (1 Peter 1:12), emotions to feel and experience (Luke 2:13), and a free will to choose our destiny (Jude 6). Soon after creation, the top angel (Lucifer, now called Satan Ezekiel 28:12-15) used his free will to rebel against God (2 Thessalonians 2:4) and as a result was kicked out of heaven (Isaiah 14:12-15, Ezekiel 28:15-17; Luke 10:18). The angels then had a one-time choice to follow Satan or God. About one third (Revelation 12:4) followed Satan in his rebellion and also lost their first position, now being called demons. This was the only time angels ever had an opportunity to exercise their free will. They are now 'locked in' and cannot change their state (angels cannot fall to becoming demons, demons cannot move up to being angels). Angels do not know what it is to experience God's grace in their lives. That is why they are so interested in watching us as we talk and live (1 Peter 1:12) for our lives show God's grace and love in operation in a way they don't personally experience. They are impressed with God and His undeserved mercy on us. They are amazed at His special love for us, unworthy as we are.

NATURE Angels are spirit beings. They are not like God in that they do not know everything. They are limited to being at one place at a time. They are not all powerful or all knowing (Psalm 103:20; 2 Thessalonians 1:7). They have no physical body, but sometimes do appear in the form of a person (Hebrews 13:2). This is to help God's people in need. Some have wings to show power and glory, but not all have wings. While possessing all the traits we would call 'masculine' and 'feminine,' angels are always referred to as masculine. Male pronouns are always used. Angels are different, just like people are different: different abilities and functions in God's service, different traits and skills. Angels can't and don't reproduce (Matthew 22:30; Mark 12:25), although some believe that demons somehow impregnated women before the flood in Noah's day (Genesis 6:1-4). Angels never die (Luke 20:36).

ORGANIZATION Angels (and also demons) are organized in a military-like fashion with generals, colonels, lieutenants, sergeants, privates, etc. They are called archangels, princes, rulers, seraphim, etc. (Romans 8:38; Ephesians 3:10; 6:12; Colossians 1:16; 2:10). Some have leadership over geographical areas, others over groups of people (as Michael the archangel cares for Israel).

Apparently, there are different kinds of angels with different characteristics and roles: cherubim, seraphim, and archangels. Seraphim (Isaiah 6:2-3; Ezekiel 1:27) have a fiery appearance because they are usually associated with the Presence of God. Cherubim (Genesis 3:24; Exodus 25:18-22; Hebrews 9:5) are represented with wings, feet, hands and often more than one face (Ezekiel 41:18; 10:21). They guard sacred things (the tree of life in Genesis 3:24; the Ark of the Covenant in 1 Samuel 4:4). Archangels are the highest created beings, angels of the greatest power and majesty. Lucifer (Isaiah 14:12) was an archangel. Michael (1 Thessalonians 4:16; Jude 9) and Gabriel (Daniel 8:15-26; 9:21-27; Luke 1:11-38). Michael and Gabriel are warrior angels (Revelation 12:7) who do battle (Daniel 10:13, 21; 12:1). Gabriel seems to be in charge of the care of the Jews. Other angels exist in various levels of authority and function under these (Ephesians 6:12). God has angels organized in a military-like manner with a chain-of-command from 'generals' to 'privates.'

DUTIES The Greek word for 'angel' ('angelos') means "messenger." Actually the word is just transliterated in our Bibles (English letters replace Greek letters but the word is the same). Were it translated into English we would have the word "messenger" every time 'angel' appears. That is basically their function -- messengers (servants) of God. They are God's servants who help God's people (Hebrews 1:14). Individual angels seem assigned to children and believers (Acts 12:12) to help them in special ways. God could use His sovereign power to do things such as prevent an automobile accident or have a child fall safely and not be hurt, or similar actions, but usually He has His angels do that work. They protect God's people (Psalm 34:7; 91:12; Matthew 18:10). They bring answers to prayers (Acts 12:7), although sometimes demons oppose them and the answers are delayed (Daniel 10:10-21). They minister to our physical, spiritual and emotional needs (Hebrews 1:14). Angels watch and learn from believers (1 Corinthians 4:9; 1 Timothy 3:16). They encourage us in danger (Acts 27:23-24). They even help in evangelism (Luke 15:10; Acts 8:26). They care for God's people when they die (Luke 16:22; Jude 9). They fight against demons (Revelation 12). They watch God's children to learn about God's grace (1 Peter 1:12).

OUR RESPONSE TO ANGELS Angels are not to be communicated with, ordered around, or in any way contacted by us. They do not steal any of God's glory. We aren't in any way to focus on them or worship them (Revelation 19:10). All the credit and glory all go to Him (Revelation 4:11; 5:9-11). All the attention is His. In the Bible when someone tried to give them credit they passed it on to God. We aren't to communicate with them, but we can ask God to send them to do various things that need doing. And yes, they do manifest at times. There are many cases in the Bible. Sometimes they manifest as spiritual beings. I think young children can see or sense them quite more readily than adults. They also manifest as people and help us without us knowing they are angels. Hebrews 13:2 talks about this. Angels are always present around us, especially when we gather with other believers in Jesus' name. However we never can see them unless God opens our eyes in a special way (2 Kings 6:17). It's quite likely you have seen angels, but in appearance as people (Hebrews 13:2) and therefore not recognized as an angel. That stranger who just happens to show up at the right time to provide help or assistance, whom we called an 'angel,' might well have been one!

B. THE BAD GUYS

SATAN - THE ENEMY COMMANDER

EXISTENCE OF SATAN Unfortunately we live in a time when more people believe in the Loch Ness Monster than in Satan! Some people who do believe in him tend to make him smaller than he really is.

Your devil is too small if you see Satan as merely a personification of evil. The picture of a devil in a red suit with a tail and trident comes from ancient times when red stood for death, horns for power, and tails and cloven hoofs for bestiality. Satan is a real, live personality, not a symbol of evil.

Your devil is also too small if you consign him to long-ago times or faraway places. He is too small if you assume he leaves Christians alone (that's one of his biggest lies, which he uses to cover his tracks). He is too small if you don't think he is capable of performing miracles and other feats of power, or if you think you can recognize and defeat him on your own. He is powerful, even using forces of nature such as lightning (Job 1:16) and strong wind (Job 1:19) to do his will.

On the other hand some see Satan as more powerful than he is. Your devil is too big if you see him as an evil god. He is not equal to God; he is limited to one place at a time and does not have all knowledge. You also see him as too big if you live in fear of him and avoid learning about how to fight him.

The truth about Satan is that he was created as an angel. He was the top ranking of all God's angels, the highest created being God ever made (Ezekiel 28:12-15). Known as Lucifer, he was the highest angelic creation, the closest to the throne of God. However he didn't want to serve God but wanted to be worshipped in place of God (2 Thessalonians 2:4). His sin was self-centeredness: pride (Isaiah 14:12-15) therefore God threw him out of heaven (Isaiah 14:12; Ezekiel 28:15-17; Luke 10:18). He lost all his position and privilege. With that, rebellion of his sin entered the universe.

POWER Satan has great power (Ephesians 6:12; 1:21; Revelation 9:3, 10; Acts 26:18; 1 Corinthians 15:24; Colossians 1:16; 2:10, 15). He has the power of death (Hebrews 2:14; Luke 11:21-22) but can only use it as God permits (Job 1 and 2). He uses traps and schemes (Ephesians 6:11-12) and lies and deceives (John 8:44). He devours like a lion (1 Peter 5:8).

His power is inferior to Jesus' power, though (Colossians 1:16; 2:10, 15). He can only be one place at a time (Daniel 9:21; 10:12-14, 20; Luke 8:33). He is not sovereign [total and absolute authority over everything and everyone] (2 Corinthians 12:7), not omnipotent [all powerful] (1 John 4:4), not omniscient [all knowing] (2 Peter 1:11-12) and not omnipresent [everywhere at once] (Daniel 9:21). He cannot act against us without God's permission and God limits what he can do (Job 1:12).

We must always remember that Satan is a defeat foe. He was cast out of his original position in heaven because of pride (Ezekiel 28:16; Luke 10:18; Isaiah 14:12). His judgment was pronounced in Eden (Genesis 3:14-15). He was defeated by the cross (John 12:31). He will be cast to the earth in the tribulation (Revelation 9:1; 12:7-12), bound during the Millennium (Revelation 20:1-3) and then cast into the lake of burning sulfur forever (Revelation 20:7-10; Isaiah 27:1; 40:23-24; 2 Thessalonians 2:8)

CHARACTER Looking at the various names of Satan helps us understand his character and work better.

Abaddon, Apollyon (Revelation 9:11) Abaddon is the Greek form and Apollyon is the Hebrew equivalent. These words mean 'destroyer,' 'destruction.' This title stresses his work of destruction; he works to destroy the glory of God and God's purpose with man. He further works to destroy societies and mankind.

Accuser of the Brethren (Revelation 12:10) The Greek word for "accuser" is kathgor, which refers to one who brings condemning accusations against others. In view of Job 1 and 2, this is also an attempt to malign the character of God and His plan.

Beelzebul (Matthew 12:24; Mark 3:22) Three possible spellings of this word each have a different meaning: (1) Beelzebul means "lord of the dung," a name of reproach. (2) Beelzebub means "lord of the flies." Either one of these are names of reproach and of uncleanness applied to Satan, the prince of the demons and uncleanness. (3) Beelzeboul, means, "the lord of the dwelling." This would identify Satan as the god of demon possession. This spelling has the best manuscript evidence behind it.

Belial (2 Corinthians 6:15) This name means "worthless" or "hopeless ruin." The personification of worthlessness, hopeless ruin and the source of all idolatry and religion which is also hopeless or futile.

Devil (Matthew 4:1, 5, 9; Ephesians 4:27; Revelation 12:9; 20:2)"Devil" is the Greek word diabollos which means "slanderer, defamer." This accentuates his goal and work to impugn the character of God. The Devil, Old Serpent and Satan are different names for the same person.

Dragon (Revelation 12:7) The Greek word is drakon (as in draconian) and refers to a "hideous monster, a dragon, or large serpent." This word stresses the cruel, vicious, and blood thirsty character and power of Satan.

Evil One (John 17:15; Matthew 13:19) The Greek poneros means "wicked, evil, bad, base, worthless, vicious, degenerate." It points to Satan's character as active and malignant.

False Angel of Light (2 Corinthians 11:14) One of his purposes is to make men as much like God as he can, but always without God. So, he will copy as much of God and His plan as he can, but he will always either distort, pervert, substitute or leave out those key ingredients of truth that are vital to the plan of salvation and sanctification through Christ.

Father of Lies (John 8:44) Using his network of deception through demonic forces and duped people, he promotes false doctrines in the name of God.

God of This World or Age (2 Corinthians 4:4) The fact Satan is called, the god of this world (Greek, aionos, "age, course") may emphasize Satan's rulership over this final period or economy which is so marked by a growing increase in apostasy, deception, and moral decay.

Lucifer (Isaiah 14:12-14) The Hebrew word for Lucifer (KJV translation) is literally "the shining one." This name draws our attention to his pre-fall condition and to the nature of the cause of his fall - pride.

Prince or Ruler (John 12:31) The Greek literally means, "The ruler of this world system." This points to Satan as the head and energy behind the arrangements of things as they are in the world today.

Prince of the Power of the Air (Ephesians 2:2a) This points to Satan as the head of the demonic hosts which includes all the fallen angelic beings who operate night and day in our immediate spiritual atmosphere-an atmosphere of demonic influence controlled by Satan.

Satan (Job 1:6-12; Matthew 4:10; Revelation 12:9) The title "Satan" occurs 53 times in 47 verses in the Bible. The primary idea is 'adversary, one who withstands.'

Serpent (Revelation 12:9) This name for Satan looks back to Genesis 3 and the temptation in the Garden.

Tempter (Matthew 4:3; 1 Thessalonians 3:5) This title reveals him in another of his primary activities as seen from the very beginning with Eve in the Garden of Eden (Genesis 3).

PURPOSE His goal is to rule the whole world instead of God. He was given authority over this world system by Adam when he sinned (2 Corinthians 4:4; Ephesians 2:2) and controls our world system (1 John 5:19). He rules over it (Matthew 4:8-9; John 12:31; Luke 4:5-7; John 14:30; 16:11). He is behind its values and world view (James 3:15). Presently he works to deceive the nations (Daniel 10:13, 20; Matthew 4:8; Ephesians 6:12; Revelation 20:3,7-8; 16:14; 1 Kings 22:6-7). He leads mankind into idolatry (Psalm 96:5; 106:36-38; Leviticus 17:7; Deuteronomy 32:17). He especially wants to destroy God's special people: Israel (Revelation 12:13-17; 20:10; 2 Thessalonians 2:9) and the Church.

WORK AGAINST ALL PEOPLE He works against the gospel, hardening hearts to God's truth (Matthew 13:19-22). He blinds their minds (2 Corinthians 4:3-4; 2 Thessalonians 2:7-10; Luke 8:12; Colossians 2:18). When they hear the truth Satan tries to snatch it from their minds (Mark 4:15; Matthew 13:19).

He denies the truth (Genesis 3:1; 2 Timothy 4:3-4) and promotes false teaching (1 Timothy 4:1-2; 2 Thessalonians 2:9-10). As is true of any good counterfeiter, he tries to make his deceptions as close to the truth as possible so as to deceive more. The authority of the Scriptures, the person and work of Jesus and salvation by grace are areas he especially tries to obscure, so make sure anything you believe has these at its heart and core.

Satan brings oppression on all he can. He does this through sickness such as dumbness (Mark 9:17-29), blindness (Matthew 12:22), deformity (Luke 13:11-17), epilepsy (Luke 9:37-43) and other ways. He also uses the following to oppress: mental illness (Mark 5:1-20; 9:14-29; Luke 9:39), sin (Genesis 3:13-24; Ephesians 2:2), lawlessness (2 Corinthians 6:15) and death (Revelation 18:2; 9:13-18).

WORK AGAINST BELIEVERS A primary objective of Satan is to oppose God's work and God's people. He oppresses and leads the persecution against the Jews (Revelation 12:13-17). He works especially hard against believers, for we are the light in his darkness, the only threat on this work against his kingdom. Since he can no longer attack Jesus directly, he does so indirectly by attacking His children. He accuses us before God (Job 1:6-21; 2:1-5; 2 Corinthians 2:11; Revelation 12:9-10; Zechariah 3:1-2) but Jesus is our defense attorney, our Advocate when accused (1 John 2:1).

Satan does all he can to oppose and hinder our service to God (2 Corinthians 4:4; 1 Thessalonians 2:18; 2 Corinthians 11:3, 13-15; Zechariah 3:1; Matthew 13:19). He tries to infiltrate the church through false teaching (1 Timothy 4:1-2; 2 Thessalonians 2:9-10), false teachers (1 Timothy 4:1-3; 1 John 4:1; 2 Peter 2:1-2) and false 'Christians' (Matthew 13:38-40).

While not all temptation comes from Satan and demons, he certainly does all he can to entice us into sin (2 Corinthians 2:11; 1 Timothy 3:7; 2 Timothy 2:26) as he did when tempting Jesus. He will use our sin nature (James 1:14-15), the world system (1 John 2:15-16) or attack directly through demons (1 Corinthians 7:5). He can cause and use anger (Ephesians 4:26-27), pride (1 Timothy 3:6; 1 Chronicles 21:1; 1 Timothy 3:6), immorality (1 Corinthians 7:5), lies (Acts 5:1-3), doubting God's Word and goodness (Genesis 3:1-5; Luke 4:9-12), 'miracles' to deceive (2 Corinthians 11:13-15; 2 Thessalonians 2:3,9-11), hypocrisy (John 8:44; Acts 17:22), self-sufficiency (1 Chronicles 21:1-7),

worry and fear (1 Peter 5:7-9; Hebrews 2:14-15; Psalm 23:4), lack of faith (Luke 22:31-32; 1 Peter 5:6-10), physical affliction (Job 1:6-22; 2:1-7; John 8:44; 1 Corinthians 5:5; 1 Timothy 1:20) and sin of any kind (1 Thessalonians 3:5; Matthew 4:3; 1 Corinthians 10:19-21, 2 Corinthians 11:3,13-15; 1 John 3:8).

DEMONS - ENEMY SOLDIERS

CREATION When Satan rebelled and decided to oppose God instead of serving God, about a third of the angels joined him (Revelation 12:4). They, too, were cast out of heaven and lost their position and privilege. They are now called "demons." They, as all angels, have personality (mind, will, emotions) but no body. They are limited to being one place at a time and do not have all knowledge or power.

CHARACTER "Demon" means "destroyer." They are also called evil or unclean spirits, referring to the fact they don't have a physical body. They spread their sin and uncleanness any way they can. They are spiritual terrorists, trying to destroy the work of God's kingdom. As with human terrorists, no one is safe from them. They are deadly serious and have no softness or mercy. They serve Satan, who is their commander, and carry out his orders. They receive the worship given to idols or anything other than God (1 Corinthians 10:20).

ORGANIZATION Satan organizes his demons in the same manner God has angels organized - in a military-like structure. These are similar to generals, colonels, majors, lieutenants, sergeants, corporals, privates, etc. (Ephesians 6:12). Usually a "strong man" (or ruler) is assigned to a task, and he has lesser demons under his command to help in the work (Matthew 12:25-29; Daniel 10:2-6, 12-14). The names of these demons usually refer to their work ("Fear," "Anger," "Lust," "Pride," "Deception," etc.).

POWER Their power, too, though is limited for they are under Satan and he is under God (Job 1:12). They answer to God, as we see Satan do in the Book of Job. They are powerful but NOT omnipotent like God (John 10:21); they are exceedingly clever but NOT omniscient like God and know their eventual destiny (Matthew 8:29); and they are mobile but NOT omnipresent like God. Like Satan, they can only be one place at a time (Daniel 9:21; 10:12-14, 20; Luke 8:33). They share the same fate as Satan. Some are already judged and are in chains awaiting coming judgment (2 Peter 2:4; Jude 6). Other demons have already been confined to the Abyss (Luke 8:31; Revelation 9:11). All will be sent to the lake of fire with Satan when he is sent there (Matthew 25:41). Satan and his forces are defeated foes, having given their all to destroy Jesus on the cross, but being beaten by Him instead (Hebrews 2:14-15; 1 Peter 3:18-22). When Jesus returns Satan and his demons will be cast into the lake of fire forever (Matthew 25:41; Revelation 20:1-15).

PERSONALITY Demons are spirit beings, like angels (Hebrews 1:14) but can visibly manifest like angels do (Genesis 18:1-22; 9:1; Hebrews 13:2). They are unclean (Matthew 10:1; 1 Samuel 16:14; Mark 9:25; 1 Timothy 4:1-3; Revelation 16:13-14; 9:17-19), evil (Luke 7:21; Matthew 12:45), immoral (Genesis 6, "sons of God" probably refers to original creation as angels); wicked (Ephesians 6:12) and liars (1 John 4:6; 1 Kings 22:22-23). Their ability comes from Satan, who empowers and orders them to do all he can. They receive their power from Satan (Mark 5:1-18; Revelation 16:13-16).

DUTIES AGAINST ALL Demons carry out Satan's commands and wishes. After enticing Adam and Eve to sin and getting authority over the world from them, Satan and his forces have continued trying to keep worship from God and getting it for themselves. They blind the minds of unbelievers (2 Cor 4:4) and snatch the Word from their hearts (Luke 8:12). They do all they can to oppose God's work (Revelation 2:13). Since they can't attack God, they take their anger out on those who are God's -- His people (Jews and Christians today). Satan and his forces tempt Christians to lie (Acts 5:3), accuse and slander them before God (Revelation 12:10), hinder our work (1 Thessalonians 2:18), do anything possible to defeat us (Ephesians 6:11-12), tempt to immorality (1 Corinthians 7:5) and incite persecution against us (Revelation 2:10). They promote human wisdom (1 Corinthians 2:12; 2 Corinthians 11:4; 1 John 4:5-6). They influence and control the nations (Daniel 10:13, 20; Ephesians 6:12) and mislead them so they can destroy them (Isaiah 9:14-16). It must always be kept in mind, however, that God is in sovereign control. They can do nothing without God's permission (Job 1:6-12).

Physically they can give superhuman strength (Mark 5:4); physically torment (Revelation 9:5, 10), emotionally torment (1 Samuel 16:14-23); do miracles (Revelation 16:13-14; 13:12-15), inflict disease (Matthew 9:33; Job 1:19; 2:7-8; Mark 6:13; Acts 5:16), indwell people (Matthew 8:28-34) and indwell animals (Matthew 8:31-32).

Emotionally they torment (1 Samuel 16:14-23), cause fear (1 Samuel 18:12, 15; 2 Corinthians 11:3-4; 2 Timothy 1:7; Romans 8:15; Job 4:14-15), cause anger (1 Samuel 18:10-11), cause jealousy and fear (1 Samuel 18:10-15) and harden consciences (1 Timothy 4:2).

Sexually they cause immorality (Revelation 9:21; 2 Timothy 3:1-9; 1 Timothy 4:1-3) and cause all kinds of impurity (Matthew 10:1; 12:43).

Mentally they cause bondage (2 Corinthians 11:3-4), influence the mind (Genesis 3:15; Ephesians 6:10-20; 2 Corinthians 4:4; Colossians 1:13), control the mind (1 Corinthians 10:20; 2 Corinthians 4:4), and deceive, mislead and lie to people (1 Timothy 4:1-2; 1 Kings 22:22-23; 2 Chronicles 18:20-23).

Religiously they promote false doctrine (1 John 4:1-3; 1 Timothy 4:1; 1 Kings 22:22; Revelation 16:13), counterfeit the truth (2 Corinthians 10:20-21), promote hypocrisy (1 Timothy 4:2), promote legalism (1 Timothy 4:3), use false prophets and false teachers (1 John 4:1; 1 Kings 22:22-23; 2 Chronicles 18:20-23), use fortunetelling and occult practices (Acts 16:16-18) and promote idolatry while receiving the worship of idols (Leviticus 17:7; Deuteronomy 32:17; Psalm 106:37; Revelation 9:20; Hosea 4:10-12; 5:4; Acts 16:16; 1 Corinthians 10:20).

DUTIES ESPECIALLY AGAINST BELIEVERS They especially work against believers by frustrating and opposing God's perfect will (Acts 16:16-24), putting obstacles in the path of following God (1 Thessalonians 2:18; Romans 15:22), influencing believers to mislead other believers (Matthew 16:22-23.) and instigating things such as jealousy, pride and disunity (James 3:13-16). They seek to get believers to turn from God and living for Him (1 Timothy 4:1), they can cause physical torment (2 Corinthians 12:7), and they try to get us to operate by our own strength and ability (2 Timothy 3:5). All this work will intensify as the return of Jesus gets closer (1 Timothy 4:1).

DEATH, DARKNESS & SPIRITUAL BLINDNESS

Satan is a liar and the father of lies (John 8:44). God uses their lies for His purposes (1 Kings 22:22-23; 2 Chronicles 18:20-23). He is characterized by any kind of falsehood and deceit (John 8:44) and is not above mixing in some truth to make the lies more quickly accepted (2 Corinthians 11:14). Like any good counterfeiter, he knows the importance of making his false product appear as much like

God's original as possible. He is very good at lying and deception (Revelation 12:9) and even tries to make it seem like he is bringing light instead of darkness (2 Corinthians 11:13-15).

In actuality all Satan's forces operate in the realm of darkness (fear, deception, blindness, confusion, hopelessness, depression, self-pity, anger, revenge, suicide, death, etc.) He blinds men to spiritual things (2 Corinthians 4:4; 1 John 2:11). He hardens minds and hearts to spiritual things (2 Corinthians 3:14; Ephesians 4:18; Romans 1:21). He does this to individuals as well as nations (i.e.: Israel Romans 11:7-10). His purpose is to keep men from God's light and salvation (2 Corinthians 4:4). God's light is greater than Satan's darkness (Genesis 1:14-19; John 1:4-9; 3:19-20; 8:12; 9:5; Matthew 17:2; Ephesians 5:8; 1 John 1:5-7; Revelation 21:11,23-24; 22:5; Isaiah 60:1). Believers are in the light, not darkness (Acts 26:18; 1 Thessalonians 5:4-5; Colossians 1:12-13; John 8:12).

The epitome of darkness is death. Satan's plan for man is death, just as God's plan for man is life. Satan is a murderer from the beginning (John 8:44). His name, Abaddon or Apollyon means "Destroyer." He tries to destroy physical (John 8:44; Mark 9:20-22; 1 John 3:12) or spiritual (2 Corinthians 4:4) life. Satan has power to bring death (Job 1:19; Hebrews 2:14; Revelation 9:14-16 refers to fallen angels), but because the power of death was destroyed at the cross (Hebrews 2:14-15) he cannot use that power without God's permission (Job 2:6; Revelation 9:4). Satan cannot separate us from God, even by death (Romans 8:38-39).

OVERCOMING SATAN & HIS FORCES God is greater than Satan and his forces (1 John 4:4), so we need not fear them (Luke 10:17-19). We must humbly depend on God's strength, not our own (James 4:6-7; 5:16). Admit sin and open spots that Satan uses in your life (Psalm 32:5; 139:23-24), and confess any sin (1 John 1:9). Accept God's forgiveness and, with His help, turn from the sin (Ezekiel 20:4-443). In prayer claim back any openings Satan is using in your life (Acts 19:18-19; Matt 3:7-8). Cover yourself with the armor of God each day (Ephesians 6:10-18). Stay in the Scriptures (Psalm 1:1-3). The Word is a mirror (James 1:22-25) a lamp (Psalm 119:105) a cleanser (Ephesians 5:25-26) a sword (Hebrews 4:12) and food (1 Peter 2:2; Matthew 4:4). Use it for all these. Develop a life of continuous praise & prayer (1 Thessalonians 5:17). Stay in close fellowship with other believers (Hebrews 10:25). Commit yourself to totally follow God (Ephesians 6:6, 10-18).

II. CHARACTERISTICS

A. DEMONIZING DEFINED

The Greek word δαιμονιζομαι ("demonizing") refers to one who is heavily impacted by demons. It is used 15 times in the New Testament. It does not differentiate between possession (demons within) or influence (demons without). If God doesn't make that clarification or distinction, I don't think it's something we need to make, either. In the spiritual realm there are no clear-cut divisions like we try to make (demons 'within' or 'without', etc.). There are, of course, degrees of demonizing depending on the person, the demons involved, the access, etc., but it isn't always possible or necessary to pinpoint these things. The common denominator is that the person being demonized usually doesn't separate their own consciousness from the demonic influence. The thoughts and feelings the demon feeds them they assume are their own. A person always has a free will to turn to God for help, but when followed, these impulses bring one deeper and deeper into bondage.

Perhaps demonizing can be better understood by thinking of it as a kind of spiritual hypnotism from within. Hypnotism of any kind is something for God's people to avoid (Deuteronomy 18:9-13; Joshua 1:8; Philippians 4:8).

We don't need to know the exact extent of demonizing, just that it is taking place. The cause is the same, and so is the cure. We will use the broad term 'demonizing' as the Bible does, referring to the whole spectrum of demonic influence/possession. Other words the Bible uses for the same thing are "entered in" (as when Satan entered into Judas - John 13:27) and "filled" (the same word that is used of believers being filled with the Holy Spirit - Acts 5:3 about Ananias and Saphira).

B. DEMONIZING DEFENDED

CAN A BELIEVER BE DEMONIZED?

While all Christians agree that unbelievers can be demonized, some don't believe that can happen to believers. Demonizing speaks of influence, not ownership. A believer still has a free will to give soul access to demons, as do unbelievers. His spirit belongs only to God, but it is up to us to allow God's spirit to control or not.

The Bible makes no distinction between believers and unbelievers as far as demonizing is concerned. In fact, the Bible refers to many believers who were demonized: Paul's thorn in the flesh was a demon (2 Corinthians 12:7), King Saul was a believer (1 Samuel 11:6) and was obviously demonized (1 Samuel 16:14-23), David was motivated by Satan to take a census of the people (1 Chronicles 21:1ff; 2 Samuel 24:1ff), Ananias and Saphira were believers (Acts 4:32-35) but allowed Satan to "fill" them (Acts 5:3), and Peter was Satan's spokesman in tempting Jesus to not go to the cross (Matthew 16:23). Paul warns believers to not give Satan a "foothold" in their life (Ephesians 4:26-27), showing such a thing is possible. Jesus Himself called deliverance "the children's bread" (Matthew 15:22-28), meaning it was for His children. A Christian can receive another spirit (2 Corinthians 11:2-4) and there are examples of believers being demonized (Luke 13:10-16; 1 Corinthians 5:4, 5). Christians are warned to guard against this (1 Peter 5:8-9; Ephesians 6:10-18).

A believer belongs to the Lord Jesus Christ. Satan cannot own him as he did before salvation (1 John 4:4), but he can still demonize. When the words 'possessed' or 'oppressed' are used then the question can be asked if a believer can be 'possessed.' To answer that then 'possessed' must be

defined. The Bible simply does not define it, nor does it even talk about 'possession' – just 'demonizing' which means being influenced by a demon. No one would doubt this happens to believers.

As long as we are in this body we still have a sin nature, a capacity to sin just the same as we did before salvation. Salvation creates a new spiritual nature within us. But the old capacity to sin still remains in us. It is in this area, this sin nature, this capacity to sin, that demons work. Our new nature is greater but doesn't take away our free will choice to still function in our sin nature. Paul's struggle as recorded in Romans 7 describes this well.

A Christian has every right and resource to be free from this demonizing, however. Property which you own can be trespassed on by another person, but you have every right and resource to put him off your property. You just need to learn how to do it.

C. DEMONIZING DESCRIBED

THOUGHTS IN, THOUGHTS OUT

The majority of demonizing consists of demons putting thoughts into a person's mind or snatching thoughts out of a person's mind. While they don't have access to our minds and thoughts to the same extent that God does, the Bible makes it clear there is some access. Jesus said this in the sower and the seed: *"Satan comes and takes away the word that was sown."* (Mark 4:15). David's thought to take a census was demonic (1 Chronicles 21:1ff; 2 Samuel 24:1ff). So was Ananias & Saphira's greed (Acts 5:3) and Saul's jealousy/anger (1 Samuel 16:14-23). That's why, when talking about spiritual warfare, Paul says we are to *"bring every thought into captivity to the obedience of Christ."* (2 Corinthians 10:4-5). Not only can Satan's forces put wrong thoughts into our minds, they can snatch right thoughts out of our minds (Mark 4:15) so we forget them.

LET YOUR MIND EXPLAIN REALITY TO YOUR EMOTIONS

Feelings and emotions are fine, important and necessary. They are icing on the cake of life. They add color and enjoyment to life. God created them for this purpose. But He didn't create them to be the source of our decision-making. Our feelings should be dependent on our rational thought. When our feelings get ahead of it or away from it then trouble comes. You know in your mind that you are an OK person, yet your emotions fear you will be rejected. When feelings aren't founded on the truth of the mind they go wrong. The truth is that you are a fine person, but your emotions reject that truth and try to do the 'thinking' themselves. I often tell people they need to let their mind explain reality to their emotions. When we feel our emotions are correct over our mind we err. One of the greatest needs of our emotions/feelings is security. This is closely related to love so we could say the core of our heart is love/security. Love must bring security but doesn't always do so. Other factors can tribute to our security as well.

HOW CAN WE BE DECEIVED IF WE KNOW THE TRUTH?

Do you remember the children's story about the emperor's new clothes? Some crooks convinced him they were making fine garments which only the enlightened could see so he pretended to see them. Everyone else did also. Then in a parade a little boy spoke the truth and everyone realized they had

been believing a lie and deceiving themselves. Satan deceives us into believing a lie. But how can we be deceived if we know the truth?

1. We can be demonized. Like a drunk is influenced by alcohol, so we can be by demons.
2. We can prefer to be deceived because we don't want to face the truth or don't like the truth, so we convince ourselves that a lie is true. We start to really believe it because we want to.
3. We let our emotions run the show instead of our mind. When we let our feelings explain reality to our emotions (reacting out of fear for example) we replace the truth with deception.
4. Our mind can be deceived, too, when we use it as the final determining factor and think absolute truth comes from it. Without the anchor of God's Word to form our mind and correct our errors we can truly believe something based on the facts as we interpret them. But we may not be interpreting them correctly. However, only God has all the facts and perfect insight, seeing the future as clearly as the past, so when we reject His truth we are open to any kind of deception.
5. Satan and demons tempt us to deception. Of course they don't 'sell' their product as a black lie, but make it look as appealing and good as possible. We sometimes fall for the bait.
6. Even aside from the enemy, our natural tendency to sin (sin nature) causes us to prefer sin for we are often more interested in what is easiest and most enjoyable now instead of what is best in the long run. Our 'flesh' desires instant gratification and we can 'want' something so much that we leave all reason and balance behind.

RECOGNIZING TRUTH

How does your heart know truth? How do you know when your mate is telling the truth? It's not something you can explain or put into words. It's not something others who don't know your mate can tell, either. But you know them well enough to be able to read the subtleties and know what they are communicating. That takes time as a relationship grows. The more time one spends listening to God the better he knows what God is saying. The more you listen to and follow the truth, the better your heart will recognize it. Really it is His Holy Spirit in us that speaks to our thoughts (and emotions as well). He promises to reveal His truth to us (John 16:13-15).

COMPULSIVE & OBSESSIVE THOUGHTS

Thoughts we don't have captive (aren't in control of) fall into two categories: compulsions and obsessions. A compulsion is a force that causes us to act against our inclinations. It comes from within but is not under our control and drives us to unpleasant behavior. These often take the form of a 'ritual' or tradition to be superstitiously followed. It can be an extremely detailed preoccupation with minor, every-day tasks or be a besetting sin we are unable to conquer. It feels like a force greater than self is driving the person.

An obsession is a thought which forces itself into conscious thought against our will (usually something unpleasant and/or sinful) and can't be dismissed by one's own free will.

MENTAL ILLNESS

Demons can and do cause mental illness: they can make a person be not in his 'right mind' (Mark 5:15), they can cause screaming and convulsions, foaming at the mouth (Luke 9:39), they can cause self-destructive thoughts and actions (Mark 9:22), they can make a person appear to be 'raving mad' (John 10:20), and they can cause immoral, anti-social behavior that makes the person seem not right mentally (Mark 5:15; Luke 8:29, 35).

It cannot be said that all mental illness is demonic. Other factors are involved such as chemical imbalances, birth defects, damage from injury or drug usage, etc. However demonizing must always be considered until completely ruled out. One way to tell if it is demonic or not is the person's willingness to listen or talk about Jesus. If they fall asleep, change the subject constantly, don't seem to be hearing you, get violent, want to leave in a hurry, etc., you have good reason to suspect demons are involved.

SCHIZOPHRENIA

One of the most severe psychological disorders is schizophrenia. In general it is characterized by a loss of interest in life, withdrawal and varying degrees of thought disorders. Among the symptoms most frequently observed are: secluding ones self and withdrawal from society, irritability, excessive daydreaming or preoccupation with thoughts and fantasies, delusive thinking characterized by self-pity and feelings of persecution, bizarre behavior and/or language, and over-sensitivity to criticism and comments of others. I am no expert in these things, but in every case I have seen this has been demonic (Mark 5:1-7).

FEAR

Fear is one of Satan's biggest weapons. Demons are often behind and use fear (Romans 8:15). If it takes the form of insecurity, anxiety, worry, preoccupation with problems, or whatever, it is still fear. Demons put fear of David into Saul (1 Samuel 18:10-15) and put fear and terror into Eliaphaz by gliding by his face (Job 4:14-15). Anything not of faith is sin (Romans 14:23). God does not give us fear (2 Timothy 1:7; Romans 8:15), so if you experience fear realize it is not from God but from Satan. This doesn't mean it is always through demonizing, for you can be attacked with fear without being demonized.

Fear takes root when we choose to focus on circumstances instead of God. Peter walking on water is a good example. When his eyes were on Jesus, his faith was strong, but when he looked at the waves they grew in his mind to be greater than Jesus' power and he started sinking. He did the right thing, though, and put his eyes back on Jesus.

Dream with me for a minute. Suppose as a young child you had a father who loved you more than anything and constantly showed it. He was always there for you, always showing his love, enjoying you and laughing with you. Whatever you needed he was there to help and supply. How would that make you feel? What difference would it have made? There is something down deep inside all of us that would love to have someone we could trust, someone to take care of us, someone to always be there no matter what. Then we wouldn't need to be in control so we wouldn't fear. Control is a poor but often necessary substitute for love and trust. It may have been necessary in your past, but isn't necessary anymore!

TRUST, THE ANTIDOTE TO FEAR How can we understand trust? What it means and how it works? I think understanding how a family should work is the best answer. God established a family relationship to answer all those questions. He is the Father, we are the children. Do your children trust you? What do they have to do? What do you expect of them? It's exactly the same. Jesus says we are to be like little children in order to learn faith and trust. Let your children teach you. Put yourself in their position - with a Perfect Father.

PRAYER TO HAVE VICTORY OVER FEAR

Dear Heavenly Father, I place myself under your loving and protective care. I know that you are the only one I should fear, and that is in awe and respect. I confess that I have been fearful and anxious because of my lack of trust, my unbelief and believing the lies of the enemy. I have not always trusted You. Too often I have lived in fear and relied on my own strength and resources. I confess that as sin and thank You for Your forgiveness.

I know that you have not given me a spirit of fear, but of power, love and a sound mind (2 Timothy 1:7). Therefore I turn from any fear in my life. I ask You to reveal to me all the areas where the sin of fear as affected me. Show me the lies I have believed and help me to believe Your truth instead. I desire to live in faith by the power of Your Holy Spirit. Fill me with Your presence and Your Spirit so I can follow You by faith. In Jesus' name. Amen.

ANGER

Anger comes from mishandling hurt and pain. Instead of feeling it as hurt we turn it into anger. Demons are behind and use anger, too. They made Saul angry at David, so much so that he tried to kill David (1 Samuel 18:10-11; 19:9-10). Paul says there is a very close connection between anger and demonizing (Ephesians 4:26-27).

As I said before, anger comes from pain and hurt that is buried inside. You can't bury something alive and think you are getting rid of it. The hurt must be dead - faced, admitted, healed, removed, forgiven. When a person buries hurt alive it keeps poisoning everything until it is dug out and destroyed.

While there is a legitimate use for anger ('righteous indignation') most of what we face is not right. Anger is a secondary emotion, unlike fear which is a basic emotion. Wrong anger is always the result of mishandling another, deeper emotional like fear or pain. Let's take pain, first of all. When a person hits their finger with a hammer what do they do? Usually they get angry. What they feel is pain, but it comes out as anger because anger is a much easier emotion to handle than pain. When someone says something critical or threatening it hurts, but the natural response in many is to get angry. That way they don't have to face the pain – but it stays and causes more and more anger. That's where fear comes in. It's not just pain that causes anger, but fear of pain. Fear is at the root of anger in other ways as well. To seek to manage our fears, we try to control our lives and circumstances (thus the control emphasis part grows). We feel that is necessary to prevent pain and other things we fear. We use anger as a control tool. The adrenaline rush makes us feel in charge instead of a victim. We learn that people can be manipulated and controlled by our anger (or the threat of it) and we use that to control as well. This is another reason why it's important to deal with and get victory over the fears down inside. When they go, the anger and control issues will become much more manageable. A person can't stop their anger as long as what causes it is still inside pushing it out. They must get the root cause out, and that is where dealing with the fear comes in.

CUTTING, SELF MUTILATION, SUICIDE

Some today explain cutting and other self-mutilation activities as purely psychological. They say it is a way of refocusing pain, of using physical pain to alleviate emotional pain. While that may be true, I believe there is a deeper cause to these things. From my experience and the Bible I am convinced that self-mutilation is contrary to our natural desire to 'love' ourselves and the natural drive to protect self and survive at every cost. Mark 5 tells about a demonized man who was continually cutting himself (Mark 5:5). Then there is the demonized boy who keeps throwing himself in the fire to

burn or water to drown (Matthew 17:15). Satan loves pain and death. They are his tools of trade. He would have all of us dead if God would not forbid it. So the best he can do is to try and get us to harm ourselves. The ultimate of this is suicide. The prophets of Baal regularly used cutting as a means of appeasing their demonic gods, as seen in their encounter with Elijah on Mt. Carmel (1 Kings 18:28). Accounts of suicide in the Bible also show close association with demonization. Saul killed himself after his encounter with the witch of Endor. Judas' suicide came after being indwelt by Satan and betraying Jesus.

PRAYER FOR THOSE WITH SELF DESTRUCTIVE OR SUICIDAL TENDENCIES

Dear heavenly Father, I know You created me in Your image. I am sorry for anything I have done to harm my body, for I know it is the temple of Your Spirit. In Jesus' name I renounce all suicidal thoughts and any attempts I've made to take my own life or in any way injure myself. I confess _____ (name each sin of self-destruction that comes to mind) and put it under the blood of Jesus. I renounce the lie that life is hopeless and that I can find peace and freedom by taking my own life. Satan is a thief and comes to steal, kill and destroy. I put under the blood of Jesus any access any demons claim to my life or to my family. In Jesus' name I cover it all with the blood of Jesus. I choose life in Christ Who came to give me life and give it abundantly. Thank You for Your forgiveness. Help me to forgive myself. I choose to believe that there is always hope in Christ. In Jesus' name I pray. Amen

OTHER CHARACTERISTICS OF DEMONIZING

Luke 8:26-39, the account of the Gadarene demoniac, clearly describes various symptoms of demonizing. There is nakedness (immodesty, immorality), self-destructive tendencies (even to suicide and death), supernatural strength, animalistic behavior, schizophrenia, mental illness, preoccupation with darkness and death (living in a graveyard), fits of rage, resistance to spiritual things, etc. The strong man (ruler) was "Legion", meaning he had many demons under his authority that are doing these various works.

HOW RESPONSIBLE ARE THE DEMONIZED?

How could a person be responsible and at the same time have demons affect the mind? While we aren't responsible for everything that happens when demonized, we are responsible for letting it happen and not being in control. Think of it this way. Someone gets drunk and kills another family in the car. They didn't want to kill them, probably didn't even realize they were doing it until it happened. Does that mean they aren't responsible and can walk away free? No. They are responsible for their actions. They are certainly responsible for getting drunk and allowing themselves to be in a situation that could cause death. Just because sometimes they drive without killing anyone doesn't mean they are any less guilty then, too. The same is done with demonizing. Allowing another power to influence us makes us accountable for all that happens while under that influence.

But if someone is demonized from childhood and isn't aware of it, are they responsible? Yes and no. Yes, they are responsible, but no, for God covers it with His grace and His work on the cross. Just like a little child is guilty of sin but God doesn't hold him accountable until he is old enough to know the difference between right and wrong, so the person demonized that way isn't accountable until they start to realize what is going on. The option then is to turn to Jesus for help over it.

EVIDENCE OF DEMONIZING

I. COMPULSIVE THOUGHTS

- ☐ Extremely low self-image (feel unworthy, unclean, no good, etc) Luke 8:2
- ☐ Constant confusion in thinking (especially about spiritual things), restlessness
- ☐ Inability to believe spiritual truths which they hear or read
- ☐ Mocking and blasphemous thoughts (esp. when hearing spiritual truths)
- ☐ Perceptual distortions (thinking others are angry at you when they are not)
- ☐ Repetitious dreams or nightmares (sexual, horror-filled, fearful, etc)
- ☐ Violent thoughts (of suicide, rape, murder, self-abuse, cutting, etc.)

II. COMPULSIVE FEELINGS

- ☐ Hatred and bitterness toward others for no justifiable reason
- ☐ Tremendous hostility, fear, restlessness when challenged about demonizing
- ☐ Deep depression and despondence (frequent and long)
- ☐ Irrational fears, panic, and phobias (Romans 8:15 Luke 9:39)
- ☐ Irrational anger or rage (Matthew 8:28)
- ☐ Irrational guilt and extreme self-condemnation, not forgiving self

III. COMPULSIVE BEHAVIOR

- ☐ Desire to do right but inability to carry it out
- ☐ Sudden personality & attitude changes (like, and then hate someone)
- ☐ Strong aversion to Scripture reading & prayer
- ☐ Lying compulsively, then often wondering why (Acts 5:3)
- ☐ Stealing compulsively, if you need the thing or not
- ☐ Drinking or using drugs (prescription or not) compulsively, if you really desire to or not
- ☐ Eating compulsively (or reverse, bulimia or anorexia nervosa)
- ☐ Sexual sins that are compulsive (especially perversions) Luke 8:27
- ☐ Irrational, inappropriate laughter
- ☐ Irrational violence (compulsion to hurt self or someone else) Matthew 17:15; Mark 5:5; Luke 9:39
- ☐ Sudden speaking of a language not previously known
- ☐ Reactions to the name and blood of Jesus (uncomfortable, move away, etc.)
- ☐ Uncontrollable cutting and mocking tongue and language
- ☐ Vulgar language and actions (Luke. 4:33-34)
- ☐ Uncontrollable greed, which drives you on (Acts 5:3)

IV. CONSCIOUSNESS PROBLEMS

- ☐ Loss of time (little or a lot, not knowing how you got someplace what you did)
- ☐ Extreme sleepiness around spiritual things (Bible study, prayer, etc.)
- ☐ Demonstration of extraordinary abilities (ESP, telekinesis, out of body, disassociating)
- ☐ Voices heard in the mind (mock, intimidate, accuse, threaten, bargaining)
- ☐ A voice speaking from you refers to you in the third person ("he" "she")
- ☐ Supernatural experiences (haunting, movement or disappearance of objects, etc.)

V. ABNORMAL MEDICAL PROBLEMS

- ☐ Seizures (Mark 1:23-26; 7:25-30) (may or may not be demonic)
- ☐ Pain without justifiable explanation, problem doctors can't cure
- ☐ Physical ailments alleviated by a spiritual command (epileptic seizure, asthma attack, headache, nausea, etc., which stops when commanded in Jesus' name to be gone)
- ☐ Sudden interference with bodily functions (buzzing in ears, irritability to speak or hear, increased hypersensitivity in hearing or touch, sudden chills, etc.)

III. CAUSES

Having looked at what demonizing is and some characteristics of it, the next step is to find out what allows demons to do this work in/against us. These openings are like cracks in a wall which allow the enemy to slip in. When you have these openings, it could be that demons are using this to demonize you. Demons are like rats that feed on garbage. To get rid of the rats one must get rid of the garbage, then the rats will be gone.

The most common avenue to demonic entrance is through a family line. One person opens themselves to demonic influence and the demons claim them and all they have, including children. Then the same traits and influences pass on to the children and their children. Occult and Satanic involvement by activities, drugs, acid rock music, Ouija boards, etc. is another opening. Cult involvement in the family, especially Masons, opens one. The Bible says that when 2 people have sex the two become one flesh and that allows demons to claim the other person. Abuse of any kind or any form of trauma, especially when young, open one to the demonic. Strong soul ties with someone involved can cause an opening. Being unwanted when in the womb or young is a definite opening. These are some of the main avenues demons use to gain entrance and attack people.

BECAUSE OF OUR PROPERTY

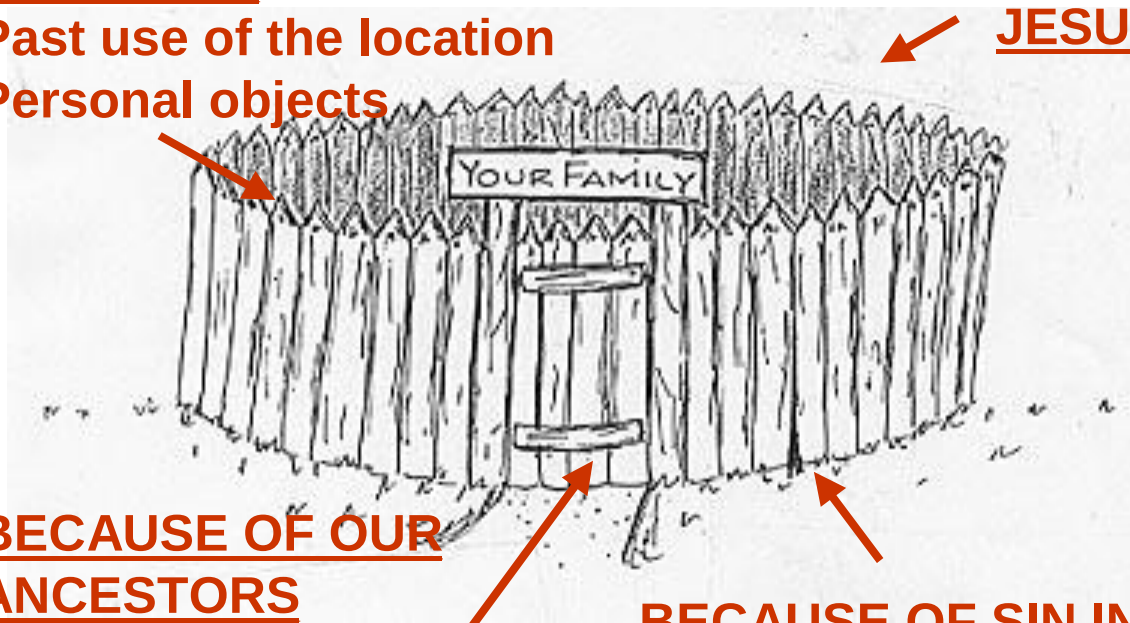
Past use of the location
Personal objects

BECAUSE OF OUR RELATIONSHIP WITH JESUS

BECAUSE OF OUR ANCESTORS

Ancestors past actions
Our past actions

BECAUSE OF SIN IN OUR LIFE



In order to have victory over the attacks of the enemy it is important to understand where those attacks come from – what is the cause of them. This is very important in being able to defend against them. If we know the direction from which our enemy will attack we can better defend ourselves and defeat those attacks. If you think of your life as a fort, you can better understand what is happening. Think of a frontier fort such as were built for protection in the early days of the USA. An enemy can 1) claim access through an open door, 2) enter through a weak spot in the wall, 3) claim the land on which the fort is built, or 4) attack us because of our commitment to Jesus. Let's look at these four avenues of attack.

A. PHYSICAL ATTACK We can be attacked because of access given through what has happened on the land or to the property in the past.

It can be **PAST USE OF THE LOCATION**. Some event may have happened on the land or in the home or room where you live. It could be a violent act, an occult activity, a curse, a dedicating of the property to the powers of darkness or similar acts. Sometimes when we go into a certain neighborhood or home there is a 'sense' of evil, a discomfort in our spirit. In a store that sells New Age materials you may 'feel' different in your spirit, a discomfort. This is the explanation for supernatural apparitions that happen in 'haunted' homes – demonic activity may be present. Some countries and even continents are in extra darkness and bondage and it can be sensed by believers. The message we get is from God's Holy Spirit who is warning us against the evil around us.

Our solution is to pray, taking back any access the enemy may claim to the property and asserting our right as children of God to claim and use it. Put any other claims under the blood of Jesus and dedicate it to Him for His honor and glory. A sign, picture or cross on the wall can be a good visual reminder to all of the ownership of the property by the Lord Jesus Christ.

Pray, anoint the house and property, etc. Walk around your boundaries praying out loud, claiming your property for God and forbidding any demons to have any access to it. Dedicate it to God and invite His presence through all of it. Take back any access any demons may claim to the property and put the access under the blood of Jesus. Break it in Jesus' name. Ask God to put an angelic hedge of protection around it. Do the same in all the rooms of the house, especially the basement (if you have one). Anoint each room with oil by dipping your finger in the oil and putting a cross on the door, walls, etc. Pray as you did when you walked around the property. If there is one particular part of the house that seems worse, put a night light there so there is always light in the room. You could do that to all the rooms. Demons hate light, and they hate hearing Jesus praised, so you can play praise music in various places 24 hours a day. It can be real soft – they will hear it!

In addition it can be from **PERSONAL PROPERTY ON THE LOCATION**. When the Jews took possession of Canaan under Joshua they were told to not keep any of the objects they captured. Even animals and children were to be destroyed. They had been dedicated to Satan and were claimed by him. Those who used these things would be opening themselves up to the demonic powers they had been dedicated to. That's why Paul had the people in Ephesus burn all their occult books. Today we must watch for things like literature from other cults and religions, Ouija boards and other occult paraphernalia, pagan objects from primitive cultures, objects from Masonic or other secret societies, some Native American artifacts or the like. Pornography, drug or alcoholic supplies, music with a black or evil dimension

The solution is to remove and destroy such objects as God convicts you or as being openings for demonic access. Ask for forgiveness for having them, cleanse the room from their presence, take back any access the enemy may claim and dedicate the space as well as yourself to Jesus. Ask Him to reveal to you anything else that may need to be dealt with.

When a room or object is under the control of an evil spirit for whatever reason they claim, painting crosses by dipping a finger in oil and making them on a wall claims the place for Jesus. Playing Christian music and leaving a small light on also are offensive to the forces of darkness. Of course praying and quoting scripture while making the crosses is important, too. I know I, as a Christian, have great power in blessing people, especially my own family and other Christians. 'God bless you' is more than a slang or shallow comment. There's real power in it when one means it that way. It's a privilege I use and repeat often to people. Distance doesn't seem to affect it at all. Of course there is something even more special about touching a person when I pray or ask God to bless them, but when at a distance it carries just as well. The power is in God who is everywhere (omnipresent). Satan and demons are limited to one place at a time so they are at a distinct disadvantage in this, too.

The promise God gives us to claim and use is: ***The One who is in you is greater than the one who is in the world. I John 4:4***

PRAYER TO CLEANSE A ROOM OR HOME

Remove and destroy all objects of false worship, then pray this aloud in every room. Using your finger to print small crosses of oil on the doors and walls is good to do. Also, leaving a light on (against darkness) and/or music praising Jesus playing in the room is also good. Demons don't like light or hearing Jesus praised.

"Heavenly Father, I acknowledge that You are the Lord of heaven and earth. In Your sovereign power and love, You have entrusted us with this place to live and we thank You for it. I dedicate this place to You for Your honor and glory. I pray this would be a place of spiritual, emotional and physical safety and blessing for me and my family and ask for Your protection from all the attacks of the enemy. I take back any access any of Satan's forces have claimed against this place and put that under the blood of Jesus. As a child of God I command every evil spirit claiming ground in this place to be gone. Any sin that has been committed here, any spirits invited here in any way and anything that may have happened on this location we put under the blood of Jesus and we forbid you to take any access to this place or do any work against us or anyone in this place. Dear Lord, fill this place with Your presence and only your presence."

B. HISTORICAL ATTACK This attack comes through our or our ancestors' sins. It is the same as leaving the front door open while building a secure fortress.

It may be because of our **ANCESTOR'S/PARENT'S PAST ACTIONS**. When one person opens themselves up to demonic influence, that person's descendants are also at risk of demonizing. When a demon has access to a person, he also claims right to everything that person has, including their children. The Bible says God "punishes the children for the sin of the fathers to the third and fourth generation" (Exodus 20:4-5; Deuteronomy 5:8-9; Exodus 34:6-7). The Bible says that children are affected by their parents sins (Ezekiel 18:2-4) and this is one of the ways. In fact, this is one of the most common reasons people are demonized. This is especially true of first born males, for Satan seeks to claim them just as God does (Exodus 34:20).

Generational bondage is often discerned by the sin patterns that repeat from generation to generation. It is not uncommon to observe generations of abuse, addiction, hatred, superstition and fear, pride, control and manipulation, rejection, sexual sins and perversions, aberrant religious beliefs, witchcraft, and rebellion etc.

If you notice some of the same problems in your life as in your siblings, parents, aunts, uncles, or grandparents it could very well be ancestral demonizing. The same demons have access to those in the family and do the same work in various members (not all members, that would be too obvious). They claim the blood line and use that as access. If you see some patterns in the symptoms or characteristics of demonizing that were covered previously in others in your family that could show ancestral access. That is why so often a boy who hates his father for beating his mother grows up to beat his own wife, or a child of an alcoholic becomes an alcoholic themselves.

A very, very common pattern is for the **first-born male** to be affect first and most by generational attacks. The first-born Jews were dedicated to God and so Satan tries to attack and claim them first, too. Often it is the first-born male in a family that is attacked spiritually.

Generational bondage can be broken by personally repenting of and confessing the sins of past generations. Claim the blood of Christ as stronger than your blood line and put that access under the blood of Jesus (Romans 5:15). Claim that you are a "new creation, old things have passed away, all things have become new" (2 Corinthians 5:17). Ask God to turn curses into blessing (Deut. 23:5).

PRAYER FOR DELIVERANCE FROM GENERATIONAL BONDAGE

"Gracious Father over all, I acknowledge before you the sins of my parents and ancestors. I know that they have sinned because all men and women are sinners. I know I cannot do what only they could have done in attaining forgiveness for their sins, but I am sorry for anything they have done in disobedience against you and I ask that you cover all of these with the blood of Jesus. Please do not hold their consequences against me or my descendants. I claim the finished work of Jesus Christ, Who bore all my sin upon Himself. In faith I accept that work on the basis of your holy Word. I reclaim any consent given to Satan's forces by my parents' sin. Dear Jesus, please set me free from all evil influences coming from my parents and ancestors in the name of Jesus. I know I am a new creation in Christ. Old things have gone and all things have become new. I take back any access any demons claim and in Jesus' name break any demonic working that has been passed on to me from my ancestors. As one who has been crucified and raised with Christ and who sits with him in heavenly places, I reject any and every way in which Satan may claim ownership of me. I declare myself and my descendants to be eternally and completely signed over and committed to only the Lord Jesus Christ. I now command every evil spirit and every enemy of the Lord Jesus Christ to be gone forever. I ask You, heavenly Father, to fill me with Your Holy Spirit. I submit my body as an instrument of righteousness, a living sacrifice, that I may glorify You in every area of my life. All this I do in the name & authority of the Lord Jesus Christ. Amen."

The sin that opens the door for demonic attack doesn't have to be done by others, though. It could be **OUR OWN PAST ACTIONS**. The lists of sins that are especially prone to allowing demonic access are listed in this handbook on pages 20, 32-33. This refers specifically to things that happened early in life, often in childhood, which gave demons access to work against us. Present acts of sin will be considered separately.

This can include occult, New Age, Ouija Board or other involvements in the past. Having become a Mason, Shriner or member of any secret society, have had a traumatic experience, rape, molestation

or abuse experience, been involved in drugs, alcohol or immoral behavior, having someone lay hands on you to pray and they had demonic issues themselves or having a curse put on you or your family.

God clearly states that **SEXUAL UNION** means two become one flesh, even if it is sex with a prostitute (1 Corinthians 6:16). Therefore sexual activity with anyone before or outside marriage can be a direct opening to demonization. Any demons that have access to the person you are involved with will have immediate and instant access to you as well. It is like a spiritual AIDS infection, but there is no prevention, no 'safe sex' application. Those sexual involvements of the past must be confessed and put under the blood of Jesus. Any access given to any demons through them must be broken in Jesus' name. Ask to be filled with His Presence instead, and thank Him for His mercy!

It may be someone has put a **CURSE** on you or your family by asking that something bad happen to you. That is really a prayer that Satan really loves to answer! Parents can curse their children by saying they wish they hadn't had them, they hate them, don't want them they are no good and will never amount to anything, and so forth. Finally, we can curse ourselves (Proverbs 26:2) by saying we hope we die, that we aren't good enough, that we'll never be happy or any of many such things about ourselves.

The area of curses is a less common but still a strong opening to demonic access. To curse someone is to ask for evil to happen to them. Those requests (really prayers) are heard by Satan and his forces and 'answered' when possible. This includes everything from occult and witchcraft curses to one individual 'wishing' harm on another. Balaam was paid to curse Israel, but God wouldn't allow it (Numbers 22 - 24). These curses, when in effect, can also be passed on from generation to generation. The Bible says that speaking evil of someone is the same as cursing them (Romans 12:14). Things like: "I hope you die..." "Since he/she won't love me I wish they'd" "You're no good, you'll never amount to anything..." "I hope she gets some of her own medicine..." "I hope your children do To you when you grow up." You can even curse yourself by what you say (Proverbs 26:2). Our words are powerful and important. They aren't something to be taken lightly. Using profanity ("curse" words) also falls into this category. When someone "damns" someone to "hell" that is an awful, awful thing to say! Demons love to hear it; they use the power of the hate in the speaker and will latch onto any authority or justification to do their evil!

Balaam tried to curse the Jews (Deuteronomy 23:4). The Bible says we can curse others (Psalm 109:17). Demons use this as an excuse to work against the person, as a 'prayer' to gain access. Old Testament men (Abraham, Isaac, Jacob, etc. Genesis 27:23, 28) would bless or curse their children (Genesis 48:20). Sometimes they even put a curse on them, as Abraham did with Ishmael and Isaac cursed Esau. The Levites were used to pronounce blessings (Deuteronomy 10:8; 21:5). When Naomi came back to Israel she said she was to be called 'mara' because things had turned 'bitter' for her. A father is to bless his children by his words and send them into life with his and God's blessing.

If you feel this may have happened to you remember to "*Bless them that curse you*" (Matthew 5:44). Treat the person with love and kindness, for when you return good for evil the "*undeserved curse does not come to rest*" (Proverbs 26:2). Break that curse against you in Jesus' name, claiming Galatians 3:10, 13 which says "*Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: 'Cursed is everyone who is hung on a tree.'*" Ask God to turn the curse to a blessing (Deuteronomy 23:5).

ADOPTED CHILDREN are quite often attacked because of openings in their past: rejection, illegitimacy, rape (mother or them), abuse or many other things. There are often many generational demons at work. Deliverance should be sought early for adopted children who show signs of difficulties adjusting and adapting to their new family. Any child who has experienced a

traumatic experience when young can have demonic openings from it. A car or other kind of accident, or any situation that causes terror, can be the reason. So can abuse, rape, molestation or any form of rejection.

In order to bring deliverance to adopted children first of all the bond with the natural mother must be broken. It's like cutting an invisible spiritual umbilical cord. Pray to break any claim by spirits of abandonment, resentment, anger, lust, low self-esteem, self-centeredness, jealousy, rejection, self-rejection, etc., and pray for them to be free from any generational spirits who would be claiming them. Pray against any family curses, spirits of occultism or anything that had access to the family through the ancestors.

REJECTION If, before birth, one or both of the parents reject the pregnancy and the baby is unwanted, demons can step in and claim the baby. Also, if there is a difficult birth or the parents are disappointed because of the sex or a physical feature (or handicap) of the baby, then demons can claim it. Sometimes even extreme sibling rejection can cause this. Rejection can come later too, especially if a baby cries a lot or causes problems for the parents, or if it interferes in their life or career.

If you felt rejection in your childhood, what can you now do about it? First, make a free will decision to forgive the person/parent. In Jesus' name break anything they said/felt against you (as with curses above). Freely accept God's love to fill and heal you. In Jesus' name, forbid any demons of rejection to do any work against you. From then on take every thought captive (2 Corinthians 10:4-5) and don't let negative thoughts about your past rejection dominate (Philippians 4:8). Claim your new relationship to God (2 Corinthians 5:17).

ABUSE This includes any form of incest or physical abuse (physical or emotional). As seen before, sexual union gives demons access (1 Corinthians 6:16). The trauma of abuse creates openings that demons often use in the child's life from then on.

REBELLION Rebellion is often seen as "natural," but can be as much an invitation for demonizing as direct occult involvement (1 Samuel 15:23 says so!). There is a difference between normal "trying to find one's self" and real rebellion. In Israel, older children who rebelled were stoned to death. How can we tell normal rebellion from abnormal?

It is normal for a child to want his curfew extended to that of his friends but abnormal to ignore their curfew and sometimes stay out all night. It is normal for a child to exhibit mood swings (without violence or destruction) but abnormal when they become more and more irrational and violent. Showing less interest in family activities as they grow older is normal for children, but becoming so withdrawn they only use the home for a bed and breakfast is abnormal. Showing some impatience with rules and restrictions is normal, but purposefully disobeying and speaking disrespectfully are not. A gradual change in interests and friends as a child grows is normal, but suddenly dropping all former interests and activities is not. It is normal that a child will not confide in a parent as much as they used to as they mature, but abnormal for them to be sneaky and secretive, even dishonest and manipulative. Children may want to stretch the dress code you lay down, but it is abnormal to purposely dress in a way that will shock and offend you. The Bible says this abnormal rebellion will grow in the last days (2 Timothy 3:1-5) and it certainly has been.

If you sense this in your child please pray specifically and regularly for them. Confront them in love. Reestablish the relationship so grounds of communication can be opened. Counseling can be helpful, too. Try to distinguish between their attitude and their action. Sometimes one must be addressed first, other times the other. Ask God for wisdom (James 1).

SOUL TIES in our past can be another opening for demons. Just like they can transfer from one person to another through a physical union like sex, so they can transfer through an emotional union as well. Souls can bond as well as bodies. When one gives their trust, their heart to another a

bonding is formed. Bonds between mates, parents and children, godly friends, etc., are good and necessary. But when we bond with someone who is demonized then those demons can use that as access to the other person. Souls become bonded, or tied together. If you have any of these in your past that you feel may not have been godly and healthy, confess them as sin and break the bond in Jesus' name.

PRAYER TO BREAK UNGODLY SOUL TIES

In the name of the Father, the Son and the Holy Spirit, I ask God to break all ungodly spirit, soul and body ties that have been established between me and (name person). I put any access they claim under the blood of Jesus. I confess as sin anything I have thought or done to lead to these ties. (If anything specific comes to mind confess it.) In Jesus' name I forbid you to affect anyone else in my family. Father, please fill me completely and totally with only your Spirit. In Jesus' name. Amen

BREAKING ACCESS GIVEN IN CHILDHOOD

FROM YOUR OWN CHILDHOOD Confess (admit) what happened as sin and put it under the blood of Jesus (1 John 1:9). Even if it isn't your sin, you must label what happened as sin and break its power over you by Jesus' blood. Forgive anyone that has been influential or guilty in any of these areas. In Jesus' name take back any access demons can try to use. Ask to be filled by the Holy Spirit and healed from the results of any of these. Claim 2 Corinthians 5:17 which says that you are now a new creation in Jesus and all those old things are gone and passed away.

IN YOUR OWN CHILDREN Confess the sin and especially your part in it, putting it under the blood of Jesus (1 John 1:9). Forgive anyone involved (others or yourself). In Jesus' name take back any access demons can try to use from it. Ask to be filled by the Holy Spirit and healed from the results of any of these. Pray for them regularly and specifically. Claim 2 Corinthians 5:17 for them if they are believers (they are a new creation and all these things in the past are gone). If they aren't a believer pray for their salvation.

God's promise to us in this area is: ***Therefore if anyone is in Christ, He is a new creation; the old has gone, the new has come! 2 Corinthians 5:17***

C. RELATIONAL ATTACK

One of the most common reasons for our attacks is because of our commitment to Jesus. The fort is attacked just because it is there and represents a threat to those who don't want it there.

We don't have to have done anything – just our stand with Jesus will draw attacks for Satan is committed to opposing God's kingdom in any and every way he can. Satan can't attack Jesus directly so he takes his hate and anger out on God's children. That's why the Jews have experienced such persecution through the years. While we were in Satan's army, or even when we were neutral and ineffective for God, demons didn't need to waste time and effort on us. But when we become committed to serving Jesus and building His Kingdom we find we have spiritual enemies sworn to do anything they can to destroy us. Sometimes these attacks are direct, other times they take an indirect approach. Our marriage, finances, children or health may be attacked to discourage us and cause us to cease to actively participate in the cause of Christ. These attacks can also take the form of opposition from others. There may be a person who does what he can to make life difficult for you. This is why Satan attacked Job – because he was effective in his faith and Satan wanted to stop that. That seems to be the cause of Paul's demonic 'thorn in the flesh' attack as well (2 Corinthians 12).

How can we tell what is a normal problem of the flesh or life in a fallen world from what is an attack of the enemy? If it brings a long, ongoing battle, and especially if you are having trouble having victory over it, you should seek for deeper causes. Or if it is a very new, very sudden attack that threatens to overwhelm and defeat you. If it is something large that comes from nowhere, like a gigantic wave that threatens to wash you away. Then suspect spiritual causes as well.

Pray for a hedge of protection around yourself, your property and your family, as Job did (Job 1:4,5, 10-11). Turn to God's Word for guidance: God opposes the proud but gives grace to the humble. Submit yourselves, then, to God. Resist the devil, and he will flee from you. Come near to God and He will come near to you (James 4:6-8). All things work together for the good of those who love God. (Romans 8:28). There is no testing taken you but such as is common to man. God will not allow you to be tested beyond what you can bear, but with the testing will make a way of escape so you can bear it (1 Corinthians 10:13).

D. SPIRITUAL ATTACK

A major cause for most of our battles, especially if we are struggling with sins that defeat us, is spiritual attacked by Satan and his forces. These are like having cracks and rotten spaces in our defense. They are a sure invitation for attack and defeat.

For children, such sins as self-centeredness, pride, rebellion, anger and unforgiveness are especially damaging in this area. Rebellion (1 Samuel 15:23), immorality, substance abuse, pride and self-rejection are sins teens commit which open them to the enemy. For adults any ongoing sin pattern, pride, greed, anger, lust, etc., can be an opening for demonic attack. The lists of sins that are especially prone to allowing demonic access are listed in this handbook on page 19, 31-32. Demons love to piggy-back on human sins, so watch out! Demons are like rats attracted to garbage. To get rid of the rats you must get rid of the garbage. For us that would be sin.

Ask God to show you any sin in your life so that you can effectively deal with it. ***Psalm 139:23-24 Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.***

Sin must be confessed (1 John 1:9). That means to see the sin as God sees it. It includes thoughts, actions, motives and sins of omission. Fasting can be a way of showing humility and seeking victory over sin (Psalm 69:10; Deuteronomy 8:2-3, 11-14; Isaiah 58:3-7). For more information on fasting see page 56-57.

REMEMBER, GOD PROMISES VICTORY!

"Thanks be to God, He gives us the victory through our Lord Jesus Christ." I Corinthians 15:57 "But thanks be to God, who always leads us in triumphal procession in Christ." 2 Cor. 2:14 "Who is He that overcomes the world? Only he who believes Jesus Christ is the Son of God." I John 5:5

So let's define sin. Sin is anything we do, anything we think or anything we feel that is not what Jesus would do, think or feel. It is anything we could do, think or feel that is right and He wants us to do but we don't do, think or feel it. Or it could be something good we do, think or feel but do, think or feel it motivated by our own selfish reasons. Sin is more motive than action.

Let's look a little more specifically at some of the sin areas that are especially related to demonizing, either by cause or by effect.

ANGER BASED SINS

One of the leading causes of demonizing is unconfessed anger. Anger includes any form of unforgiveness, bitterness, hate, jealousy, gossip, criticism, etc. Paul says these can "*give the devil a foothold*" (Ephesians 4:26-27). He tells the Corinthians that if they don't forgive each other Satan will use that to "*outwit*" them (2 Corinthians 2:10-11). Jesus Himself said that those who don't forgive others will be turned over to tormenting demons to bring them to repentance (Matthew 18:34). This anger includes anger toward others, parents self, or God. There can be no removing demons using this access until all anger is truly confessed and put under the blood of Jesus. This is one of the first things that usually comes up when we counsel people and pray for their deliverance. Do NOT take this lightly!

PRAYER TO FORGIVE OTHERS

Thank You, Jesus, for dying that I might be forgiven. I thank you for forgiving me. It is my free will choice to forgive those who have hurt me. (Name the people) Forgive me for anything I may have thought or done to hurt them back. I turn that pain over to You for you to heal. In Jesus' name I take back any right I might feel I have to see them suffer for the pain they caused me. In Jesus' name I pray. Amen

IDOLATRY BASED SINS

Sins which specifically put something or someone before God also give openings to demons. Putting anything before God is idolatry, and is forbidden by God (Exodus 20:3, 4, 23; 23:24). These sins include greed, envy, jealousy, materialism, or putting anything (career, possessions, etc.) or anyone (mate, child, parent, self, etc.) before God. Demons receive the worship we give anything other than God (Zechariah 10:2; 1 Corinthians 10:19-21). Ananias and Saphira were guilty of this (Acts 5:3). Spiritual adultery is something God hates (Jeremiah 3:8-10; Ezekiel 16:23-43; 23:24-30; Revelation 17:1-5). This starts in the mind (Judges 2:10-13; Ezekiel 14:7).

IMMORALITY BASED SINS

God created sex to show the great oneness of believers and Christ (Ephesians 5). Therefore Satan tries hard to pervert and destroy this model. Any sex outside marriage is sinful (Ephesians 5:3, 5-6). This includes thoughts (Matthew 5:27-30).

Sexual sin has an element that other sins don't have. When you unite yourself with another person that also opens you to being demonized by any demons that are demonizing the person you are united to. This is true even if it is simply sexual lust with a prostitute (1 Corinthians 6:16). Sex creates a special union, a spiritual oneness, an opening of total sharing between two people. Often demons will claim this as access from one person to another. It is like a spiritual AIDS disease, but much more contagious and with far worse consequences.

It is important for each believer to confess all their past immorality and put it under the blood of Jesus, as well as taking back any access given to Satan's forces by that act. Ask God to heal and cleanse you spiritually. Of course a good spiritual life (connecting with God in devotions each morning, reading your Bible, etc.) is a must.

When a person first gets tempted, when the first thought pops into their mind, they must get victory over the thought and not allow it to stay and grow. Victory only happens by quoting scripture. Jesus had victory over Satan by quoting scripture and that is our sword of the Spirit. Here are some passages you can use. Start quoting or reading them when tempted and don't stop until well beyond the temptation: 2 Corinthians 5:17; Psalm 51:10-12; Romans 12:1; James 4:6-8; 1 John 4:4; Philippians 4:19; Matthew 16:23; Psalm 139:23-24; 2 Corinthians 5:17; 2 Corinthians 12:9-10; 1 Peter 5:8-9; Job 31:1; Matthew 5:27-28. These verses can be your sword for victory. Make sure you have an accountability partner who will check on you and be there for you as well!

PRAYER FOR FORGIVENESS FROM SEXUAL SINS

Father, I confess that I have disobeyed You and committed sexual sins. Please forgive me for _____ (specifically confess each and every sin). I take back any access I have given to any demons through these sins and I put it under the blood of the Lord Jesus Christ. In Jesus' name I forbid these demons to make any claim against me or any of my family because of it. Please cleanse me from these memories and help me to never repeat these sins again. Fill me with Your Holy Spirit and use me for your glory. In Jesus' name. Amen

WRONG SELF-IMAGE BASED SINS

While there is often too much focus on self today under the guise of "developing a good self image," it is true we are to accept ourselves as God made us (Psalm 139). We are to accept ourselves as we accept others (Luke 10:27) - accepting both strengths and weaknesses without over-emphasizing one or the other. Overemphasizing our strengths is pride, and that is the sin that caused Satan's downfall. He tries to use it today as much as possible. The other extreme (under-emphasizing our strengths) is to dislike or not accept ourselves as God made us. Self-love and self-hate are both from pride. Both focus on self and are preoccupation with self. In one we see ourselves as better than others, in the other you see yourself as worse. Both are definite cracks to demonizing, sins which must be confessed.

King Saul is a example of someone with a poor self image, someone who seemed to be insecure and thought he was inferior to others because he hid from others (1 Samuel 10:22). This was a crack that opened him to demonizing (1 Samuel 16:14, 23). It's as important to forgive yourself as it is to forgive others! Satan tries to bring up past sins to have us feel defeated, unworthy, etc. Don't let this tactic work! The next time the devil reminds you of your past, remind him of his future.

PATCHING THE CRACKS

The only cure for sin is the blood of Jesus. Any sin you recognize in your life must be confessed (admit it is sin - 1 John 1:9). There is no other way of deliverance from demonizing caused by sin. Demons are like rats that feed on garbage. Remove the garbage and the rats will be gone!

PRAYER FOR FORGIVENESS FOR SIN AND DELIVERANCE

"Dear heavenly Father, You have told us to put on the Lord Jesus Christ and make no provision for the flesh in regard to its lusts (Romans 13:14). I acknowledge that I have given in to sinful acts and thoughts. I have also sinned by not doing things I should have done and by doing good things for selfish motives. I know that in Christ my sins are forgiven, but I have transgressed Your holy law and given the enemy an opportunity to work against me (Ephesians 4:27; James 4:1; 1 Peter 5:8). I come before Your presence to acknowledge these sins and to seek Your cleansing (1 John 1:9) that I may be freed from the bondage of sin (Galatians 5:1). I ask You to reveal to my mind the ways that I sinned and grieved the Holy Spirit. (Confess each sin that comes to mind one by one.) In Jesus' name I take back any ground that evil spirits have gained through my sin. Please fill me instead with your Spirit and use me for Your glory. I ask this in the wonderful name of my Lord and Savior Jesus Christ. Amen."

LIST OF COMMON SINS

The following sins are examples of those which can allow Satan and his demons to have access to "demonize" you. If you are now doing these you must confess them and take back any access you gave Satan through them. If you no longer do them, still make sure they are confessed and then renounce them. If a close relative does or has done them seek God's guidance as to if Satan has used that to attack you through the relative. This list is not complete, but will give you an idea of thing to look out for.

When these are confessed and renounced, claim back for God the ground that Satan may have claimed for himself through these sins. Then make sure you ask and invite God's Holy Spirit to fill those areas. If they aren't replaced with the Holy Spirit, Satan will re-enter in stronger fashion (Matthew 12:43-45; Luke 11:24-26). If there is a particular fruit of the Holy Spirit (love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control (Galatians 5:22-23), that you need to counteract what you have confessed, ask God for His Spirit to produce that in you. Be specific when you pray.

SEXUAL SINS

_____ Fornication
_____ Adultery
_____ Pornography
_____ Bestiality
_____ Incest
_____ Lust (fantasies)
_____ Masturbation
_____ Homosexuality
_____ Rape
_____ Exhibitionism

DRUGS

_____ Illegal (name the drug):
_____ Legal (name the drug):
_____ Alcohol
_____ Nicotine

IDOLATRY

_____ Eastern religions (name):
_____ Meditation - Chanting, Mantras, etc
_____ Cults (name them):
_____ Catholicism
_____ Secret Orders (name):
_____ Material things (name):
_____ People (name):

OCCULT PRACTICES

_____ Astrology
_____ Fortune telling
_____ Ouija Board
_____ ESP
_____ Séances
_____ Hypnotism
_____ Witchcraft
_____ Mind Control
_____ Psychic healing
_____ Wizards, witches, sorcery ex. Harry Potter
_____ Entertaining involvement/interest in any of
the above ie horror, violent or death
glamourizing movies, books
_____ Other (name):

FEAR

_____ Worry
_____ Anxiety
_____ Depression
_____ Hopelessness

UNBELIEF

_____ Doubts
_____ Lack of trust

ANGER

_____ Towards God
_____ Towards Self
_____ Towards Parents
_____ Towards others (name):
_____ Overwhelming feelings of Revenge
_____ Unforgiveness

ENVY

_____ Covetousness
_____ Jealousy
_____ Rebellion - towards authority

PRIDE

_____ Self-centeredness
_____ Poor self-image
_____ Self-sufficiency

LIES

_____ Believing Satan's lies
_____ Lack of honesty
_____ Deceitfulness

STEALING

_____ Stealing
_____ Gambling

CURSING

_____ Cursing
_____ Blasphemy
_____ Slander
_____ Gossip

VIOLENT ACTS

_____ Attempted suicide
_____ Abortion
_____ Rape
_____ Fighting
_____ Cutting, self-inflicted pain, tattoos

UNSCRIPTURAL GIFTS

_____ Tongues (seeking, laying on hands)
_____ Visions
_____ Healing (seeking ability to heal all)

SATANISM

_____ Bargain with Satan
_____ Worship of Satan

MUSIC

_____ Occultist
_____ Satanic
_____ music
_____ Anything else that came to mind

OCCULT & NEW AGE

On the banks of the Amazon River live a species of large, colorful spiders. When they spread themselves out they look exactly like the blossoms of a brilliant flower. When bees and insects land on one to find pollen they find instead a spider that poisons and kills them. Satan does the same thing with the occult and New Age movement today.

OCCULT IN GENERAL

Many, many Bible verses clearly forbid God's people to get involved in any occult activity. The power behind the occult is always demonic (Acts 8:9-24; 16:16-18). While sins of the flesh give opening to Satan's forces, involvement in the occult gives MUCH more access. It is direct involvement with demons, and voluntarily asking them to work in your life. Deuteronomy 18:9-13 gives a list of some of the main occult activities which are forbidden.

9. When you enter the land the LORD your God is giving you, do not learn to imitate the detestable ways of the nations there. 10. Let no one be found among you who sacrifices his son or daughter in the fire, who practices divination, or sorcery, interprets omens, engages in witchcraft, 11. or casts spells, or who is a medium or spiritist or who consults the dead. 12. Anyone who does these things is detestable to the LORD, and because of these detestable practices the LORD your God will drive out those nations before you. 13. You must be blameless before the LORD your God. Deuteronomy 18:9-13

Sacrifice son or daughter in the fire Worship of Molech (includes worship of stars, sorcery, divination, etc.) Manasseh did this (2 Kings 21:1-17)

Divination *kosem kesamim* Foretell future or discover hidden knowledge by supernatural powers. Ezekiel 21:21 used arrows (picked one with label that they likes), or livers (color and configuration).

sorcery *meonen* Predict future based on planets, etc. Drugs usually part of this (*pharmakeia* - Greek translated "witchcraft" in Galatians 5:20) This is referred to in Acts 8:9-24

omens *menachesh* Inspect entrails of beasts, flight of birds, especially they used snakes back then. To find hidden, secret info, knowledge

witchcraft *mechashsheph* Literally to reveal truth, uncover mysteries, usually by magic or witchcraft (drugs, herbs, perfumes to call demons, etc.). The Jews learned it in Egypt & from pagans. It is associated with idolatry (turn from God) and is strongly forbidden (2 Kings 9:22; 2 Chronicles 33:6; Micah 5:12; Nahum 3:4). God gave the death penalty for doing this (Exodus 22:18; Leviticus 20:27)

cast spells *chober chaber* A charmer, hypnotism, spells, curses

medium *shoel ob* 'engastromuthoi' or 'ventriloquist' - demon speaking through man (Isaiah 8:19, Leviticus 19:31; 20:27). This is the same as Pythona spirit in Acts 16:16,18. This is the name of the dragon/snake Apollo killed at Delphi who guarded the priestess there and gave her oracles. Thus this Apollo spirit became the one by which the god spoke to the person who had it, enabling them to pronounce oracles. This can be misinterpreted as 'speaking in tongues'.

spiritist *yiddeoni* A wizard (male witch) who would contact demons trying to get information God doesn't give out

consults the dead *doresh el hammethim* Necromancy, contacting the dead, is forbidden (Deuteronomy 18:9-12; Leviticus 19:26-32; 20:6,27; 2 Kings 23:24; 1 Chronicles 10:13-14). Saul went to the witch of Endor to do this (1 Samuel 28:7-25).

THE OCCULT AND DEMONIZING

Listed below are many forms of the occult today. While not all-inclusive, it does give an idea of sins that need to be confessed and things to be avoided in this area.

- _____ Acupuncture
- _____ Amulets (good luck charms)
- _____ Apparitions (things move untouched)
- _____ Automatic Writing (hand writes while person sleeps or is in a trance)
- _____ Astrology (not astronomy)
- _____ Astral Projection (out-of-body travel)
- _____ Black or White Magic
- _____ Clairvoyance (discerning things beyond the 5 senses)
- _____ Coffee Grounds reading
- _____ Color Therapy (threads or light used to heal or get information)
- _____ Charming (spells, 'healing', etc.)
- _____ Candles burning to invite spirits
- _____ Crystal ball readings
- _____ Divination (to foretell the future, find something lost, etc.)
- _____ Drugs, especially illegal
- _____ Extra Sensory Perception
- _____ Eye Diagnosis (Iridology) (reading spots in the eye to tell info.)
- _____ Fetishes and related paraphernalia
- _____ Fire Walking
- _____ Fortune Telling
- _____ Graphology (some forms, not all)
- _____ Herbology
- _____ Horoscopes
- _____ Hypnotism
- _____ Letters of Protection
- _____ Levitation (raising objects, tables)
- _____ Magic of any kind (not slight of hand tricks & deceptions)
- _____ Materializations (things appear or disappear without being touched)
- _____ Mind Reading
- _____ Necromancy (talk to the dead)
- _____ Numerology (numbers foretell things)
- _____ Occult Healing
- _____ Occult Games (Dungeons & Dragons, I Ching, Kreskin, etc.)
- _____ Omens (occurrence to tell future)
- _____ Ouija Board
- _____ Pendulum
- _____ Palm Reading

- _____ Pyramidology
- _____ Psychedelic Lights or Music
- _____ Psychometry (personal objects tell information)
- _____ Reflexology
- _____ Ring or Needle on a Thread
- _____ Rock Music (nonChristian)
- _____ Scientology
- _____ Séances
- _____ Sorcery
- _____ Screening (Protection from a 'hex')
- _____ Satanism
- _____ Soothsaying (to tell future)
- _____ Speaking in a Trance
- _____ Spells (give or receive) & Curses
- _____ Spiritistic Visions
- _____ Table Tapping or Raising
- _____ Tarot Cards
- _____ Tea Leaves - reading
- _____ Telepathy (communication by unusual ways)
- _____ Tongues (seeking it, hands laid on)
- _____ Transcendental Meditation (Eastern Rel.)
- _____ Vitagenics (health appeal)
- _____ Water witching (depending on how it is done)
- _____ Wizardry
- _____ Yoga of any form
- _____ Zodiac signs, going by them

It can be that some of these, in proper conditions, may not have anything to do with demonizing, and I'm sure other activities and beliefs could be added to the list. My purpose is not to make a conclusive list, but to give an idea of the types of things that open us to demonic involvement. The point is that sins of these kinds MUST be admitted, confessed, renounced, and all access taken back from Satan. Then any demons who are working through these areas must be cast out in Jesus' name. Prayerfully and honestly read the list and check anything you have ever been involved in, then confess, renounce, and take back all access. Command the demons to be gone, too.

PRAYER FOR DELIVERANCE FROM OCCULT INVOLVEMENT

Dear God, I confess all my occult involvement as sin. ('Confess each specific sin.) I put any and all sins of an occult nature that I may have committed under the blood of Jesus and ask for Your forgiveness for each of them. I take back any access I have given to any of Satan's forces through these sins. I pray this in the name of Jesus, who became a curse for me on Calvary and died that I might be set free. Amen

SECRET SOCIETIES

While often quite popular today, even in Christian circles, secret societies have definite occult connections. These are not so obvious from a distance, but are there. In Scottsdale, Arizona, hotels and motels paint their grass green to lure tourists. You can't tell the difference until you get up close. It's the same with these societies. Secret societies include groups like the Masons, Shriners, Elks, Moose, Odd Fellows and Klu Klux Klan. They are counterfeit religions for they talk about God and being good, have chaplains, pray, quote Scripture and often meet in "temples." They appeal today because of their WASP policies and pride in belonging.

However, as the name implies, there are 'secrets' those without (and often the majority within, too) don't know. An oath is taken to join, with a curse that comes if the secrecy oath is broken. These secrecy oaths are commitments which open a person to demonizing. Jesus and the Bible are against this secrecy (Matthew 5:33-37; James 5:12; Exodus 22:17; John 18:20; Ephesians 5:11-12). In these societies believers are unequally yoked to unbelievers. Their view of God is wrong (they have a secret name for Him, which some say is Lucifer, and equate God with Allah and all other gods). Jesus is dethroned and made equal to Buddha, Mohammed, etc. Prayer is not "in Jesus' name." Salvation is promised through doing the good works of the group, and that is wrong (Ephesians 2:8-9). These groups usually see themselves as superior to the church and Christian fellowship. Titles for their leaders like "Worshipful Master" are pure blasphemy.

The power and appeal behind these things is demonic. They receive the worship and instill pride (1 Corinthians 10:19-21; Zechariah 10:2). Joining one of these groups will give a clear opening to demonizing. Once in a family these usually pass down ancestrally, even if the next generation doesn't join a secret society.

The cure is to leave, confess the involvement as sin (1 John 1:9), and put any access given under the blood of Jesus. Often these are powerful demons and this renouncement must be made over and over while depending on God's deliverance.

PRAYER FOR DELIVERANCE FROM MASONIC BONDAGE

Dear Father, I recognize that involvement in masonry opens one to spiritual bondage. I confess as sin any involvement I or any of my ancestors may have had to any form of masonry. In Jesus' name I take back any and all access any of Satan's demons may have claimed against me through it. I am a child of God and I belong to Him. I break any claim against me by any of my ancestors. I break any curses or oaths taken by any ancestors which Satan uses against me. I put them under the blood of Jesus. Fill me completely with your Holy Spirit and the fruit of the Spirit. In Jesus' name I pray. Amen.

SATANISM

Satanism is one of the fastest growing religions today. The dark nature of it has a strong appeal to those already demonized, and of course any involvement in it opens a person to deep demonizing. Children and teens are more and more drawn into this through drugs, sex, rock music, movies and other avenues. Satanists believe Satan represents indulgence (instead of abstinence), vengeance (instead of turning the other cheek), and meeting your sensual desires (instead of spiritual purity). Man is just another animal free to indulge any desire he wants. Satan represents power and immediate gratification instead of Jesus' seeming weakness and living for the future. Satan seems near and concerned, willing to quickly do whatever a person wants. Involvement in Satanism is usually the end result of a path that starts very subtly by allowing other openings to demonizing. Of course God is greater and it can be broken, but even dabbling with it in curiosity is very serious business.

There are many good Christian books in Christian bookstores that can give much more detailed information about this subject than we can here. If necessary, please avail yourself of them.

NEW AGE

The New Age Movement is a loosely knit group of individuals and organizations that fundamentally believe that persons will all evolve into God and achieve a global unity that will transcend religious, racial, cultural and political ideologies.

Recognize that just because they use nice-sounding words, deep conviction, and even displays of power, that doesn't mean a thing is from God. *"False Christs and false prophets will arise and will show great signs and wonders, so as to mislead, if possible, even the elect. Behold, I have told you in advance."* Matthew 24:24-25

Confess any and all involvement as sin (1 John 1:9) and put any access you may have given Satan's forces through your involvement under the blood of Jesus. Take back any openings you may have given demons to work in your life. If anyone in your family has been involved in any of these occult activities (occult, Satanism, secret societies or New Age) put that under the blood of Jesus, too, and take back any access any demons may have tried to claim against you through it.

PRAYER FOR THOSE INVOLVED IN NEW AGE OR OCCULT ACTIVITIES

"Dear heavenly Father, I ask You to reveal to me all the occultic practices, false religions, and false teachers with which I have knowingly or unknowingly been involved. I confess that I have participated in _____. I ask Your forgiveness, and I renounce _____ as a counterfeit to true Christianity. I take back any access I may have given to Satan's demons through this. Please forgive me, cleanse me, and fill me with Your Holy Spirit. Use me for Your glory. In Jesus' name I pray. Amen"

MARTIAL ARTS AND THE BELIEVER

While many Christians participate in martial arts, I personally feel they are to be avoided by believers, especially by those who are open to demonic attacks. It is very hard to separate the physical aspect from the meditation techniques. These are not just physical gym exercises but actually are seemingly innocuous doorways into non-Christian religions.

Some Christians practice the martial arts for exercise, or even as a way of evangelizing, but don't really know what they are getting into. If it works, they don't ask questions about what it means. Eastern religious techniques often are portrayed as neutral so anyone from any religion can use them, but I think this is very deceptive. We can try to ignore the spiritual dimensions, but spirituality is their ultimate purpose historically. The Encyclopedia of New Age Beliefs considers the martial arts as "forms of spiritual education that function as means toward self-realization or self-enlightenment." It can be difficult emotionally for a person to give up the martial arts, because they may be so involved with them. Rather than considering they may be dangerous, they vigorously defend their right to practice them.

CONCLUSION TO SECTION ON CAUSES OF DEMONIZING

So sometimes we are attacked because of where we live – property we own or where we live. Other times it is because of openings through our parents or grandparents. We are attacked the same way they were. It could be something we did or that happened to us early in life as well. In addition, it could be because of sin in our life. Or we could just be attacked because we are Satan's enemies since we now support God's kingdom. Understanding the direction of the attack can help you know how to defend yourself and have victory over the attack.

IV. CURE

A. THE SOURCE OF DELIVERANCE

Before anything can be said about how to bring about deliverance, there must be no doubt about whose power is in deliverance. It cannot be done in our own strength, we do not have any power to remove demonizing (Mark 9:14-18). In fact, we can cause more damage than good doing this in our strength and not Jesus' (Acts 19:13-20). Even Michael let God rebuke Satan and wouldn't do it himself (Jude 9). We must be strong in the power God gives us. Not our own. We can only be strong in Jesus' strength and power (Ephesians 6:10-18). We are strong "IN" Jesus (Ephesians 6:10-18), not just "from" Jesus. Strength only comes from a close personal relationship and dependence on Him. This is because Jesus has defeated Satan (Ephesians 1:20-22; Philippians 2:9-11; Colossians 2:15; Hebrews 2:14; 1 John 3:8; Luke 4:18).

In Jesus we have both **power** (δυναμις dunamis - Luke 9:1; 24:49; Acts 1:8; 4:33; 6:8; Ephesians 1:18-23; Hebrews 2:14-15) and **authority** (ἐξουσία exousia - Luke 10:1,17-20; Matthew 10:1,8; Mark 3:15; 6:7; 1 John 4:4). Power comes from the Holy Spirit within (Acts 1:8), authority comes from our relationship as a child of Jesus (John 1:12). A policeman has both authority (badge) and power (gun or club). Both come from a source outside him, as do ours (Colossians 2:9-10). Satan also has power (Luke 10:19; 1 Corinthians 15:24; 1 Peter 3:22) and authority (Luke 4:6; Acts 26:10; 1 Corinthians 15:24; Ephesians 1:21; 2:2; 3:10; 6:12). Demons have these, also (Revelation 9:3, 10, 19; Colossians 1:16; 2:10; 1 Peter 3:22). God's power and authority is superior to that which Satan & the demons have. Men without Jesus do not have power or authority anywhere near to Satan and his demons, though.

In all areas it is **Jesus' strength**, not ours, that gives us victory (Philippians 4:13). God promises to give us power (2 Timothy 1:7; 2 Thessalonians 3:2-3). God is faithful to keep His promises to strengthen us (Numbers 23:19; Philippians 1:4-6; Hebrews 10:22-23). Our part is to use His strength. We are to fight, but in His strength. We must put on the armor God provides and stand in His strength (Ephesians 6:10-18). We are promised what when we resist Satan in God's strength that Satan will flee (James 4:7; 1 Peter 5:8-9). Victory is assured when we fight in His might (1 Corinthians 15:57; 2 Corinthians 2:14; 1 John 5:5). French Painter Emile Ranouf, in a painting called "A Helping Hand," depicted an old man dressed in fisherman's garb, seated in a boat with little girl beside him. Both have hands on an oar. He is looking down fondly and admiringly at her. Apparently he has told her that she may assist him in rowing the boat, and she feels she is doing a great share of the task. It is easy to see it is his strong, muscular arm doing the work. That's how it is with us and Jesus! It's all by His grace!

Therefore we need not fear Satan or his forces (Joshua 1:9; 10:8; 23:9-11; Leviticus 26:8; Exodus 14:13; 1 Samuel 17:45-47; 2 Samuel 22:33-35, 40-41). They must have God's approval for all they do (Job 1:6-12; 2:1-7; Luke 4:35). God protects His people (Luke 10:19; 2 Thessalonians 3:3; Revelation 9:4; 1 Samuel 18:10-11; 19:9-10). Nothing can get us away from God (Romans 8:37-38; John 10:29). When we ask, God will put a hedge around us or those we

are praying for (Job 1:10; 3:23; Isaiah 5:5). God's power is greater than Satan's (Exodus 7:12; 8:18; 1 John 4:4).

NO COMPROMISE WITH DEMONS

Picture a young child in the checkout lane at a supermarket fussing to get the candy he sees. If the parent gives in, he will fuss all the more the next time he is there. Also, the more you give in to demonic demands the harder it will be to really say no and mean it. No one ever 'worked out some sort of deal' with Satan and didn't regret it. It is motivated by fear and just makes things worse, giving the demons even more power in a person's life.

Instead, it's better to have some righteous indignation against what demons are doing. That is a healthy thing. Righteous indignation is the kind of anger you feel when a bully is hurting a smaller child. It's not a self-centered anger but one that says this isn't right! God gives it to us to motivate us to take positive action against a wrong done against us or another.

B. STEPS TO DELIVERANCE

AS JESUS DID IT

Jesus is our **example** in casting out demons. At the start of His ministry He cast out many demons (Matthew 4:23-24; Mark 1:34, 39). In the Gadarenes He cast demons out of two men (Matthew 8:28-34; Mark 5:1-17; Luke 8:26-36). He cast demons out of the daughter of a Canaanite woman (Matthew 15:22-28; Mark 7:25-29), and cured a demonized man (Mark 1:21-28; Luke 4:33-36). He healed a boy with seizures and demons (Matthew 17:14-20). He cast seven demons out of Mary Magdalene as well as out of other women followers (Luke 8:2; Mark 16:9).

How did Jesus cast demons out? Before casting them out He rebuked them (took their power away) (Matthew 17:18; Luke 9:42). Then He "drove" them out (Mark 1:39). He did it verbally (Matthew 8:16), not by a certain ritualistic procedure. He didn't let the demons speak (Mark 1:34; Luke 4:41), except Legion and that was just to give his name so others would know what was happening (Mark 5:9). He never let them say who He was (Mark 1:25; Luke 4:35; Mark 3:11-12). He told them to "be quiet and come out" (Luke 4:35; Mark 1:25). Other times He told them to "go" (Matthew 8:32). Sometimes He was quite far from the person whom He was delivering (Matthew 15:21-28; Mark 7:24-30). When He cast them out, He forbid them to ever return again (Mark 9:25).

AS THE DISCIPLES DID IT

We have many **examples** of the disciples casting out demons, too. Jesus gave them power and commanded them to use it (Matthew 10:1; Luke 10:17; Mark 6:7; 16:17). They cast out demons as a regular part of their ministry (Mark 9:38; Luke 10:17). Paul cast out demons (Acts 16:16-18; 19:12) and so did Philip (Acts 8:7). When trying to do it in their own strength (without dependence on God) they failed (Mark 9:18, 28-29).

How did the apostles cast demons out? Paul brought deliverance by a word, too (verbally). He said, "In the name of Jesus I command you to come out" (Acts 16:16-18). When God was showing that Paul was His spokesman there was a time when just touching a cloth that Paul had used brought deliverance (Acts 19:12). That was a special event, not a pattern to follow!

When directed by God, Paul defeated the demons in Elymas (an unbeliever) by making him blind so he'd stop interfering with God's word (Acts 13:6-12).

AS WE ARE TO DO IT TODAY

When one is surrounded the best thing to do is to attack. That is what God wants us to do, too, when seemingly surrounded by Satan's forces. We are to **follow the example** of the apostles. They did what they did following Jesus' example and in His power (Matthew 10:1, 8; Mark 3:15; 6:7; Luke 9:1). We, too, are given power over the enemy (Luke 10:19; Matthew 10:1). We have the authority and power to bind demons and loose oppressed believers (Matthew 16:18-19). This must all be done in the power of Jesus' name (Matthew 8:16-17; Luke 9:49-50) for that is the only thing demons will obey. Always refer to His full name: "The Lord Jesus Christ." We, however, must be a clean vessel for Him to fill and use for deliverance (Revelation 12:10-11).

First **pray for God's protection** around us, our families and our properties as we begin (Job 1:10; 3:23; Isaiah 5:5). Ask for protection from the enemy's interference, that all things would be done decently and in order, that angels would be present to minister and protect, that the demons would not hide or interfere, and that the Holy Spirit would lead and guide in all that will happen. Claim your authority and power over the place, time and people involved. Forbid anything to interfere, distract or embarrass as the session continues. Ask God to take their power and authority away, as Jesus did when He rebuked the demons (Matthew 17:18; Luke 9:42). Seeing God's power over Satan's forces today brings glory to God (Psalm 149:6-9). God promises victory, saying we will see Satan crushed under our feet (Romans 16:20). The very gates of hell cannot prevail against God's work on earth today (Matthew 16:18-19).

Before anything positive can happen the person must be **willing to submit their whole life to God** (Romans 12:1-2) and be willing to deal with any sin in their lives (1 John 1:9). There can be no known sin they are holding onto, no immorality or pride. They should be committed to daily Bible reading and prayer as well as regular attendance at a Bible-believing church. If they are not willing to obey and submit to God they won't find deliverance. Ask them to pray confessing any sin that is still in their life and to reaffirm their total submission to Jesus and their willingness to deal with whatever He shows must be dealt with.

It is not in response to our faith that God delivers, but faith in Him is of the utmost importance. It's not that if we have enough faith good things will happen and if we fall short they won't. God's deliverance isn't determined by nor limited to our faith. Trust in Him to bring to light what is necessary. Have faith in Him to be able to deliver.

Now it is time to **start gathering information**. Before a doctor writes a prescription or gives treatment he first gathers all the facts he can. He will then know by the symptoms and patterns what to prescribe and how to proceed. The same is true in spiritual warfare. These are some of the questions I ask those I am counseling. Other questions might arise depending on their answers.

Can you briefly tell me what some of your earliest memories are? (This can shed light into childhood events, trauma, etc., that may have contributed to the demonizing)

When did your problems and difficulties begin happening? (Going back to the start is very helpful in understanding why they began. If they've always been there then generational spirits can be assumed)

Do you know of any event that may have caused the first one? (This can show an opening that needs to be taken back or a sin that needs to be confessed)

How long have you been a Christian? (Make sure they understand what it means to be a believer and really have trusted Jesus. Seeing when they became a Christian in relationship to when the demonizing started is helpful as well.)

Does anyone else in your family or any ancestors have/had the same things happening to them? (This shows generational demonizing)

Where are your parents spiritually? (This can show if it is generational as well as how the person was influenced)

Are you married?

Where is your mate at spiritually? (Through the sexual union and through soul bonding demons can claim access to the other person)

Have you ever been sexually involved with anyone outside of marriage? (Through the sexual union and through soul bonding demons can claim access to the other person)

Is there any sin you are allowing to remain in your life? (God will convict them of this. If they aren't honest not much good will proceed from here.)

Have you experienced any trauma in life? (Abuse, car accidents, extreme fear can break down a person's defenses and take control of their lives out of their hands, thus creating an opening for the demonic.)

Do you have a church you attend? (The Bible commands we are to not forsake the assembling of ourselves. If this command is being broken, it is sin and disobedience and must be changed for God to work in their lives. Only in very extreme, rare circumstances is it all right to not be attending a church.)

What denomination is it? (This can tell you something about their beliefs and practices.)

Were you ever involved in occult or demonic activities? (Many people have used Ouija boards or something similar in the past and this is a definite opening to demonizing.)

Do you speak or pray in tongues? (I and many others in spiritual warfare have found that a false tongue, really a demon, is present and entered through one asking for a spirit of tongues)

Did anyone ever lay hands on you to receive the gift of tongues, healing or any other reason? (When someone lays hands on another and prays for them, anything demonic he or she may be open to can be transferred to the person they are praying for)

At this point I may ask them to fill out the list of symptoms of demonizing (page 20) and or the list of sins that lead to demonizing (page 32-33) if I feel more detailed information is needed. I may have them fill those papers in before we meet or at the very start. I will use these papers and notes I have taken as I've asked them the questions to guide my praying. Don't rush this stage; the final product will only be as good as your gathering of this information has been. Like a doctor, the results depend on this part of the process.

Of course, any sins that come up will have to be dealt with and **confessed** (1 John 1:9). The person themselves must be the one to pray and confess the sin. You can't do it for them. Demons are like rats attracted to garbage, so get rid of the garbage to get rid of the rats.

It is of the utmost importance to make sure that **forgiveness of others** who have hurt them in the past or present, including parents, ex-mates, etc., is dealt with at this time. Ask if there is anyone they hold anything against, anyone they are bitter towards or don't like to see prosper.

You will sense this as they have answered the previous questions, but now forgiveness must take place for deliverance to continue. Unforgiveness gives demons a solid stronghold from which to work (Ephesians 4:26-32).

As to forgiveness, what is forgiveness? Forgiveness is not forgetting or letting someone off the hook. Forgiveness is choosing to not desire revenge, to not want to see the other hurt for the hurt they have caused us. When we hurt, we want to hurt back, or see the other hurt for the hurt they caused us. This desire for justice is normal, but forgiveness means we don't expect justice; we will take our hurt and deal with it instead of turning it into anger at another. Remember, anger is a secondary emotion coming from hurt. To forgive means giving up any right you might have to see the other suffer for what they did to you. You can't forget, but whenever the hurt or anger comes back, you make that choice again to give up any right to see them suffer. That's how God forgives us - He gives up any right to see us pay for our sin against Him. Therefore, when we forgive, we are being like Him and when we don't we aren't. If you have trouble forgiving, just tell God you are willing, but struggling. As God heals the pain you will better be able to forgive.

PRAYER TO FORGIVE OTHERS

Thank You, Jesus, for dying that I might be forgiven. I thank you for forgiving me. It is my free will choice to forgive those who have hurt me. (Name the people) Forgive me for anything I may have thought or done to hurt them pack. I turn that pain over to You for you to heal. In Jesus' name I take back any right I might feel I have to see them suffer for the pain they caused me. In Jesus' name I pray. Amen

When you feel ready to proceed, first **explain what will be happening** so they know what to expect. People have all kinds of strange ideas of what 'exorcism' is. While this is not exorcism (demons forced out by a religious ritual) but deliverance (free will consent and taking back of access by the person demonized) many may not know the difference. Tell them you will pray and take back access the demons have claimed, as well as commanding them to be gone. I explain it like opening a door and allowing someone to enter a room, and then realize you shouldn't have done that. You need to close the door so no one else enters, but you also need to command those who already have entered to leave. Confessing the sin and taking back the access closes the door. Rebuking and commanding them to be gone cleans the room. Both steps must be taken, in that order. Remind them there is nothing to fear (Luke 10:17-21) and that fear is one of Satan's biggest tools against them. Tell them to be sensitive to anything God is telling them in their mind or heart. If He brings up sins to confess ask them to interrupt the process so the sin can be dealt with at that time. If God says it needs to be removed, then it must be removed to proceed.

As you pray for them, start with the **oldest problems and accesses first**. Put any claim they make under the blood of Jesus, forbid them to do any more work against the person, and send them immediately and permanently to where ever Jesus wants them to go. Usually starting with **generational** spirits first is a good idea. Make sure there aren't any of them working and then go from there.

Next, pray about **childhood** events and experiences: trauma, rejection, etc. Put them under the blood of Jesus, take back any access demons claim through them and send them to where Jesus would have them go.

Then deal with sins and openings that have come since childhood. Take your time and be thorough. There is no hurry and no rush.

As you proceed be sensitive as to who the **main ruler** (strong man) is. Sometimes it is best to attack him first for he holds the other demons there. Other times he is too entrenched and must be weakened by first casting out the lesser demons, the ones creating the symptoms of sin and difficulties in the person's life. Ask for wisdom and be sensitive as to how God would lead you in this important step.

Usually it is best to **bind the main ruler first** (Matthew 12:29), then in Jesus' name bind up any and all demons involved (Matthew 16:18-19). Demons never work alone. Search out the "root" spirits (the rulers) and pray against them. Quite often this will be a demon named 'Death' for that is Satan's ultimate plan against all of us. Other powerful rulers may be 'Fear,' 'Pride' or similar works. Each name describes the work of the demon. You can know their name by seeing what they do in the person's life. Remember, behind every demonic problem lies a flesh problem. By identifying the flesh problem that is at the root of everything the identity of the main ruler can be discovered. However that flesh problem must be completely confessed and renounced. Get rid of the garbage and you'll get rid of the rats!

You can **weaken their structure** by breaking up their organization, for they do feed off each other. Break off her children and claim them in the name of Jesus. Take back any access through blood line, name, etc., and set them free. You can separate the power structure in them from that in their mate, parent, or whomever you sense is involved. Just bind the demons into those people and forbid them to bind together or help each other in any way. They are often the same demons who share the person but limiting them to one person helps. Divide and conquer. Forbid any other spirits to come take their place or help from without. Satan's tactic is to isolate us, cut us off from other Christians and God, and then when we are weak work against us. The same strategy works against him, too.

Also be sensitive as you proceed to **sins that the counselee needs to confess**. If God pricks your thoughts go along with this and make sure you stop to deal with any sins that come up. Sins of attitude must be dealt with as well: fear, unforgiven, guilt, pride, revenge, jealousy, etc.

How can you know if the force against you is demonic or not? We are commanded to "**test the spirits**" to see their source (1 John 4:1). Challenge them with the deity (2 John 10), Lordship (1 Corinthians 12:3) and blood of Jesus (1 John 5:6-7). Be sensitive to the response in the other person or in your own spirit. Angels do not indwell people, nor do they communicate through people as demons do. Remember that demons always lie and deceive; they may even claim to be God or the Holy Spirit. Be sensitive to thoughts put in your mind or the mind of the one you are counseling. If God supplies someone with the gift of discernment as part of their spiritual gift mix (or if you have that yourself) that can be very helpful (Acts 13:9-10; 1 Corinthians 12:10).

Remember the things covered earlier: we are safe in Jesus and aren't to run from the enemy. We are to use our power and authority. Make sure all openings are confessed and access taken back.

Command the demons to be gone in Jesus' name (Matthew 10:1; Luke 9:49-50; 10:17; Mark 9:14-27). Do it in faith in Jesus (Matthew 17:18-21), not fear (Joshua 1:9; 10:8; 23:9-11; Leviticus 26:8; Exodus 14:13; 1 Samuel 17:45-47; 2 Samuel 22:33-35, 40-41). Be in an attitude of prayer (communication with and sensitive to God - Mark 9:29). Don't be proud; stay humble and submissive to Christ (Luke 10:17-19). When cast out commit the demons to Jesus' authority in where He would have them go, that He would carry out His sentence against them (Psalm 149:6-9; Romans 16:20). Remember the "house" must be filled with God's Holy Spirit when the demons are removed or things could be worse than before (Matthew 12:43-45).

Sometimes God may lead you to **lay hands on** the person you are praying for, and on occasion Jesus Himself did this (Luke 13:11-17; Matthew 8:15) as did the early church (James 5:13-16). Be sensitive to God's leading in this area and do whichever it is He leads you to do. One way is not better than the other. Being obedient to what God would have you do is the determining factor.

Quote Scripture as much as possible (Matthew 4:1-10). God's word is more powerful than any words we may use (Hebrews 4:12) and carry much more weight with Satan's forces. Our authority is God's Word (1 John 2:14). Our sword of the Word is our only offensive weapon.

Playing **Christian music** during deliverance or at other times in your home is often very helpful for demons don't like to hear Jesus praised (1 Samuel 16:23). There is power in praise (Psalm 22:3), so use praise in your warfare praying. You can praise God in prayer or in song during deliverance or afterwards. Use this whenever attacked.

Do not converse with demons, either by having them give messages to a person's mind or to speak verbally through a person's vocal cords. The object in deliverance is not to get in contact with demons but to remove them. Communication with them makes you a medium and God's words forbids that (Deuteronomy 18:9-13). There are good reasons to not communicate with them. Neither Jesus (Mark 1:25) nor Paul would (Acts 16:17-18). They are liars and deceivers (John 8:44) and you can't believe what they say. God wants you only to be in touch with Him (Deuteronomy 4:24). Through the Holy Spirit we have access to all truth and power (John 8:31-32; 1 Corinthians 12:7-11). By communicating with them you give them recognition, allow them to stall, make things much harder on all people involved, and open yourself up to pride. Besides, they are total liars and deceivers so nothing positive will come from it.

What about **when deliverance is slow or not at all**? Remember sometimes God has a greater purpose than casting out every demon as soon as we pray. Sometimes there is delay. Jesus even had times when He had to persevere for awhile (Luke 8:31 original Greek shows it was delayed). Usually deliverance is a process. It's like peeling the layers off an onion. As new sin is revealed and removed, more ground is taken back from Satan's forces. This gradual process allows the person to better fill the ground which has been reclaimed with God's Holy Spirit and gives him time to grow spiritually (Psalm 59:11; 119:50,67,71) before the next 'layer' is removed. That's why the Jews under Joshua only conquered the Promised Land bit by bit instead of all at once. If they would have driven out the Canaanites immediately then lions would have come in and harmed them. There is a learning process involved that can be used to help others, too (2 Corinthians 1:3-4). Other times complete deliverance never comes. Paul's thorn in the flesh is an example (2 Corinthians 12:7). Paul testifies God then provides the grace needed to withstand. God wants us to learn to depend on Him (Psalm 119:59, 92). Of course if the opening is allowed to continue then the demonizing will continue, too (Psalm 94:12-16; 81:11-14).

When you start sensing that as much as will take place has taken place you can begin **changing the direction** you are going. Ask the counselee if he has had any thoughts of impressions that he should share. Deal with whatever these may be. Ask if there is anything they would like to talk about or pray about.

Pray again for wisdom, asking God if there is anything else to be dealt with at this time and for His continued leading and guidance. Ask God what else needs to be done. Some times there is lots of spiritual growth and maturity needed. Other times it is consequences of sin that need to be faced. Faith gets tested. Quite often there are other demons or rulers (which are demons, but the leaders) that will need to be dealt with later.

Make sure they understand what has happened and what to expect in the next few hours and days. Doubt, unbelief, guilt are quite common tactics of the enemy. Encourage them to stay faithful, pray, read the Bible, memorize and use verses when attacked and write down any questions they might have. If they don't fill the vacated spaces in their lives then the demons will return in even greater number (Luke 11:24-26; Matthew 12:43-45).

Encourage them to call for prayer whenever needed. That very act on their part can be humbling and work against their pride, thus it can be very freeing. If demons know they will be calling for prayer help they will be more hesitant to attack than if they know the person will try dealing with them alone.

Remind them that this is a **process**, not a once-and-done procedure. It's not that clear cut and dried. Remember Paul's thorn in the flesh? Ultimately God has the final say, not the demons. Remember Job? So when demons remain after we think they should be gone the first thing we must do is ask God what He is trying to teach us, what He wants to show us. He uses it all for our growth. Do we need to learn perseverance? Patience? Dig deeper for a root sin? Humble ourselves more? Trust? Are we an example to others (as Job was)? The ultimate answer to the questions you are asking lie in God's will, not in a demon's power.

Close with a **prayer of thanksgiving** and praise for what God has done. Ask God to continue the good work He has started in the person. Pray for their protection and growth. Ask for their memories to be healed and the parts that have been emptied to be filled with the Holy Spirit. Forbid any demons to return or others to do the same work. Ask God to bless them and use them for His honor and glory.

TO SUMMARIZE, SUCCESSFUL AND LASTING DELIVERANCE REQUIRES:

1. HUMILITY: no pride in yourself or your own strength (James 4:6-7; 5:16)
2. HONESTY: admit any sin (Psalm 32:5; 139:23-24)
3. CONFESSION: put any and all sin under the blood of Jesus (1 John 1:9)
Make sure there is no unforgiveness of others (Matthew 6:14-15; 18:21-35)
4. ACCEPT FORGIVENESS: do not carry any guilt around (1 John 1:9)
5. REPENTANCE: attitude of willingness to turn from all sin (Ezekiel 20:43)
6. RENOUNCE EVIL: verbally reject anything (openings) that have given Satan access, take back that access, and do whatever you must to right any wrongs you have committed (Acts 19:18-19; Matthew 3:7-8)
7. PRAY: ask God to deliver you in Jesus' name (Joel 2:32). Don't forget YOU have the authority to cast demons out in Jesus' name and God expects you to use it.
8. CONTINUAL WARFARE: daily prayer and battle against sin & Satan

C. SPECIFICS ABOUT DELIVERANCE

PHYSICAL HEALING

There is often a strong relationship between **spiritual deliverance and physical healing**. Often physical problems are also gone when the demons leave. That is because the demons were causing the physical problems. Examples of these in the Bible include: crippled limbs (Luke 13:11-17), Paul's thorn in the flesh (eye disease? - 2 Corinthians 12:7), muteness (sometimes dumbness, too - Matthew 9:32-33; 12:22; Mark 9:17-18,24-25), blindness (Matthew 12:22), seizures (Mark 1:26; 9:17-18,20,22,25; Matthew 17:15,18; Luke 9:39), deafness (Mark 9:17-18,20,25), sores (skin cancer?) (Job 2:7), boils and other painful afflictions (Psalm 78:49 - the plagues in Egypt were demon-caused), and physical torments of all kinds (Revelation 9:5, 10). The Bible states that Satan can cause illness (Job 2:7-8), even death (Job 1:19).

Physical healing can be a result of deliverance. If any of the demons were causing physical problems those problems will be resolved when the demons are removed. Generational spirits can cause the same ailments from generation to generation. Physical problems are usually not God's main concern; rather He is more concerned for the spiritual condition of the heart. We often pray for the symptom (physical problem) to be removed while God wants us to seek Him and what He is trying to teach us through it. Paul's thorn in the flesh is a clear example. It wasn't God's will for that demon to be removed, but for Paul to be spiritually strengthened through the experience.

If a physical problem is present it can be good to find out when it first started and what else was going on at that time. Instead of focusing on removing the physical symptom, look for the root cause, be it demonic, spiritual or whatever else it may be.

It must be noted that **not all illness is demonic** in origin. Jesus healed physical ills that weren't demonic (Matthew 4:23-24; 8:16-17 fulfilled Isaiah 53:4; Mark 1:34; Acts 9:34; etc.). The Bible clearly talks about illnesses that are not demonic: severe pain (Matthew 4:24), seizures (Matthew 4:24), paralysis (Matthew 4:24; Acts 8:7), leprosy (Matthew 10:8), blindness (Luke 7:21), crippled limbs (Acts 8:7) and many other various diseases (Matthew 4:24). The fact that some physical ailments are on both lists (like seizures) shows that many ailments may have demonic or natural causes. They could be from one source or the other.

Jesus often cast out demons and cured illness at the same time. Jesus said he would do this (Luke 13:32). He did this at the start of His ministry (Matthew 4:23-24; 8:16; Mark 1:34; Luke 4:41), around Tyre and Sidon (Mark 3:10-12; Luke 6:18-19), and in the middle of His ministry (Luke 7:21). Many female followers of Jesus were cured of both (Luke 8:2).

Even more precise are the accounts of when **Jesus both cast out demons and healed illness in a person at the same time** (Mark 6:13; Acts 5:16). Philip did this in Samaria (Acts 8:7) and Paul did it in Ephesus (Acts 19:12).

Thus it is obvious that **some, but not all illness is demonic**. There are no certain illnesses that are exclusively demonic, nor others that aren't. Any physical ill can be demonic, but no one ill is always demonic. In our day and age we err by seeing too little illness as being demonic. Thus we often miss the cure. How can we tell if an illness or physical problem is demonic or not? Some clues to look for are: medical doctors aren't able to bring relief or cure; there is a pattern

of it running in the family; it seems strange or doesn't follow the regular pattern of symptoms (comes and goes for no particular reason, etc.); or you feel in your spirit that it should be prayed about and looked into as possibly being demonic.

Again, our pattern for bringing about this removal of physical ills by deliverance should **follow Jesus' example**. He rebuked a fever and it left immediately and strength instantly returned (Luke 4:39). On at least one occasion power came from within Jesus to heal (Luke 6:19). He often laid hands on a person to bring both deliverance and healing (Luke 4:40; 13:13; 4:29; Matthew 8:15; Luke 13:11-13).

As to us doing this today, again it must be **done in God's strength and power**. If He chooses to bring healing through deliverance that is His will. We must never demand it or make it dependent on having enough faith. No one today has a gift to heal anyone and everyone. It is right for us to pray for healing when doing deliverance and leave the results to God. It is also necessary to deal with any demons who may be causing the illness (physical or mental, see page 11). Often demons affect our health in indirect ways, such as working in us so we eat or do things that are unhealthy for us in the long run and undermine our health. All of these, too, must be dealt with in Jesus' name (Matthew 10:1). Sometimes God may lead you to **anoint with oil** as a symbol of the Holy Spirit who does the healing (Mark 6:13). Do NOT put any faith in the oil or any ritual in using it, it is simply an audio-visual.

Therefore, be aware that **often illness is demonic**, especially when doctors are unable to bring a cure. Even diseases they can cure can still be demonic, especially if there are other signs of demonizing active in the person's life. Keep this in mind when praying and seeking wisdom. Don't accept any illness as "incurable." Always make sure it isn't demonic (by asking God for wisdom and commanding any demons involved in that ailment to be gone in Jesus' name). Remember, when dealing with emotional and spiritual ills in your warfare praying, don't leave out physical ills! Never fear, demons can only cause ills with God's approval (Job 1:6-12).

One word of warning: since demons can cause illness, they can also bring **counterfeit 'healings'** by stopping the physical ills they themselves cause (Matthew 12:24; 24:24; 2 Thessalonians 2:9; Revelation 16:14). This explains miraculous healings that aren't done in accordance with God's will and Word.

FASTING

Fasting is often **neglected today**, but when done out of a right motive it can be a real help in spiritual warfare. Jesus fasted often (Matthew 4:1-11, etc.). Jesus assumed His disciples would fast (note the "when," not "if" in Matthew 6:16). Fasting is a spiritual exercise distinct from prayer, although often done in connection with prayer. It is still something for us to do today (Matthew 9:15). Usually fasting is done from food (all or a certain food group, like sweets, or a certain meal a day, or no food all day). Sometimes drink is abstained from, other times not. Sometimes sleep (2 Corinthians 6:5; 11:27) and/or sex (1 Corinthians 7:3-5) are included. Be sensitive to how and when God leads you to fast.

The **motive** in fasting is not to punish self for sin or prove sincerity to God so He will smile with more favor in a certain situation. Hunger pictures humility (Psalm 69:10; Deuteronomy 8:2-3, 11-14; Hosea 13:6). Enduring hunger teaches self-discipline and works against pride (Ezra 8:21; Isaiah 58:3). It provides an attitude of submission. Fasting also opens up more time to be available to pray and seek God. It shows a willingness to sacrifice anything to get closer to God. It serves notice to demonic forces that you are serious in your pursuit of God's will and glory

(Jeremiah 29:13-14). A side benefit of fasting is that one can learn to depend on God for self-control and thus better control their appetite (1 Corinthians 6:12-13; 2 Peter 2:19). This also helps with self-control over sexual sins as well.

While we usually think of fasting as going without any food, there are various forms fasting can take. Partial fasts can involve eliminating certain foods or meals. Even with a complete elimination of food healthy drinks can be consumed.

Fasting is not a way to force God's hand or get our prayer answered quickly. It must be done for the right motive or there is no benefit (Matthew 6:6-18; Isaiah 58). Fasting can provide an attitude of submission (desire to please God and not self). It can free up extra time for prayer. The accompanying hunger can be a reminder to pray without ceasing and the hunger itself can be offered as a sacrificial gift to God.

It is best to begin fasting gradually and not embark on an extended period of fasting the first time. Many good books and articles are available helping one learn what is best to eat before and after a fast. Just remember that the focus is on God, not the faster. The enemy can use it as a source of pride and this negates the whole purpose of fasting.

CHILDREN

As we saw, **children can be demonized**. In fact, there is much more of this going on than we are aware of. The form the demonic attacks take could be anything from causing an infant to scream a lot at night to bed-wetting by an older child or to overt rebellion and disobedience. Anything that seems to defeat you or the child is suspect. God's deliverance is for them, too.

The Bible records demons afflicting children with physical illness (Matthew 17:15; Mark 9:18, 25). They prevent children from being able to control their own emotions (Mark 9:17, 22). They physically try to harm children (Mark 9:20-22). They make them perform or show off (Mark 9:20, 25) and defy the person trying to free the child from their control (Mark 9:19, 23). They may even induce symptoms of death when forced to leave (Mark 9:26-27).

A very, very common pattern is for the **first-born male** to be affected first and most by generational attacks. The first-born Jews were dedicated to God and so Satan tries to attack and claim them first, too. Often it is the first-born male in a family that is attacked spiritually.

Make sure the child knows that he is not the problem, but that he has a problem. Often **children are more aware of these things than we think**. They may be so used to hearing voices in their heads, seeing manifestations in their room at night, or being controlled by feelings/emotions beyond their control that they don't realize these are unusual. Spend some unrushed time letting them talk. Ask lots of questions and listen carefully to the answers. Try to put yourself in their place, with their limited vocabulary. Gently probe all areas (voices, manifestations, too-real imaginary friends, etc.). Don't assume things. Take everything they say seriously. Make notes of things to pray about or talk about later. Be sensitive to God's leading. Go with your impulses and thoughts, they are from God at a time like this. Pray for wisdom from God (James 1) about these things and what the openings may be.

Children are often more sensitive to the spiritual realm. Many have a story from their younger years of seeing an angel. They are also more sensitive to evil. It isn't unusual for a house to have had certain parts (or all) of it opened to demonic forces by things said or done there in the past. If a certain **area of your home** seems to cause problems (especially fear, but it could

be anything) go to that area and in Jesus' name take back any access Satan's forces claim to it. We've used oil to form crosses on the walls, left a light on (symbol of light over darkness) and played Christian music which is something demons hate. Ask your child if there is a certain place in the house where he feels afraid or funny, or where he thinks ghosts or other things may be. They are usually more sensitive to these things than adults.

When too young to understand (below 5 or 6) **children don't even have to be present when you pray for their deliverance.** As a parent you can pray for your children with authority, the same as you pray for yourself. When they are older (about 5 to 10) they should be included for the purpose of educating them about these things. They can pray for themselves, and they can start learning about spiritual warfare, too. Of course when there is specific sin in their lives they should confess it. The older they are the more responsible they become (especially from about 8 years old on) and the more they should be involved. A lot depends on the openings, too. Free will sin needs their confession while ancestral oppression is something a parent can do for them when they are young. Adopted children especially should have all ancestral openings put under the blood of Jesus. The father as the spiritual leader should pray for the children. Each morning he should pray specifically for each one by name. If for whatever reason the father isn't filling this role as he should the mother can and should take over.

As for praying for deliverance for children just follow Jesus' example. He administered deliverance to children the same as He did to adults (Mark 7:24-30; 9:14-25). Demons are the same and work the same, so go about it the same.

Pray regularly and specifically for your child. Satan has a plan and purpose for their life. Be sensitive to what it might be and break it in Jesus' name. Some of the time pray out loud with them so they can learn how to pray for themselves and so they know they are committed to God's care and protection. Pray that Jesus be formed in the child (Galatians 4:19), that they be delivered from Satan (Matthew 6:13; Proverbs 11:21), that they will be taught by God and experience His peace (Isaiah 54:13), that they will learn to discern good from evil (Hebrews 5:14; 1 Peter 3:21), that God's principles will be in their minds and on their hearts (Hebrews 8:10), that they will choose friends who are wise and a good influence (Proverbs 13:20; 1 Corinthians 5:11), that they will remain sexually pure (Ephesians 5:3,31-33), that they will trust and honor their parents (Ephesians 6:1-3), that they will find as well as be the right mate and that their marriage will last their whole life, and that they will know the career of God's choosing.

PRAYER FOR DELIVERANCE OF A SON OR DAUGHTER

"Dear Father, I come to you to intercede for my child _____. I bring him/her before You in the name of the Lord Jesus Christ. I thank You for your unconditional love of them. I ask You to forgive us for all of our failures to guide him/her in the way he/she ought to go. In my position as mother/father I put all their sin under the blood of the Lord Jesus Christ. I take back any access any of Satan's forces claim through any ancestral openings and I put that under the blood of the Lord Jesus Christ. I plead the blood of the Lord Jesus Christ over their life. I ask that Your Holy Spirit would fill them and ever use them for your honor and glory, so that they would grow up to serve You. In Jesus' name I pray. Amen."

HUSBAND AND WIFE

It is clear today that a large part of Satan's plan for the downfall of our country starts with a downfall of the family. He works in Christian marriages to undermine them, cause misunderstandings, develop selfish thoughts in the partners, bring focus on the other's weakness', set up little bickerings and negative feelings, fuel grudges, keep partners from forgiveness and restoration, builds resentment, inclines each one to put their needs first, causing disagreements over money or raising children, brings unfavorable comparing of your mate with others, incites to keep secrets from each other, and just causes drifting apart in general. Be sensitive to what Satan's plan is for your marriage (how he is working to destroy or neutralize it). Think about lies of his you believe that make his plan work. Put it all under the blood of Jesus.

When one mate is demonized the other must pick up the slack in patience, love, leadership, and prayer. Depend on God's strength to do this. Apply all that has been said about forgiveness, bitterness, anger, pride, etc., to marriage relationships as well.

Keep God's authority pattern: husband as leader and wife submissive (Ephesians 5). Husbands and wives should pray together, out loud, for their marriage and family. The husband should take the lead in this.

When the man or spiritual leader in the family is going away on trip demons can take that as a weakness and attack that family. The man should pray and declare to all the spirits that he, the high priest in the family, states that when away his wife is in authority. Let them know the children are dedicated to God and Satan's forces do not have permission to disturb them. Reaffirm that any spirits to attack the family still must come through the head of the family, and then forbid any of them to attack you.

PRAYER FOR A MARRIAGE

Loving Heavenly Father, I thank You for Your perfect plan for our marriage. I know that You planned marriage to be beautiful and satisfying, a picture of our relationship with you. I ask that You would do what is needed in and through me to make our marriage all it should be.

Please forgive me for my sins of failure in my marriage. I confess my _____ (confess individually all the sins and shortcomings you are aware of). I ask You to forgive me. I put them under the blood of Jesus and take back any access I have given to any demons through them. Open my eyes to see all areas where I am deceived and help me to apply Your truth to those areas.

I pray for my mate as well and put their sins under the blood of Jesus as well. I intercede for them and ask for your mercy to cover their sins and shortcomings and to take back any access any of Satan's forces claim through them.

Father, I ask that You would fill each of us with Your Holy Spirit. Fill us with the fruit of Your Spirit: love, joy, peace, patience, goodness, kindness, gentleness, meekness, faithfulness and self-control. Heal us from the hurts we have caused ourselves and each other. Give us a spirit of forgiveness for each other. Put Your supernatural love in our hearts and help us to love each other as You love us.

Show me what I need to do to change to correct my hurts and errors from the past. Help me to apologize where necessary and to know what to do to restore our relationship. I submit myself to You to be used and changed as You see fit. I submit my marriage to You for You to do what is necessary to heal it and use it for Your honor and glory.

PARENT AND CHILD

Demons often use children to cause problems in the family for the parents or vice versa. For years we have battled demons named "Frustration" and "Misery" whose work was just what their names suggested. They would cause strife among the children, and it would spread to the whole house. Their plan was to make things miserable and they quite often succeeded. We have learned to pray against that at the start of each day and as soon as we sense ourselves feeling it happen. More recently there is a spirit of "Argumentativeness" that rears its ugly head. When we notice a lot of picking at each other in the children we pray against that. We deal with the children, too, but include spiritual warfare also. That really helps improve things! Quite often demons incite children to behavior that will affect others in the family.

We've seen several cases of children being motivated to do things to get into trouble so they would get scolded a lot. That developed an inferiority feeling in them, an image of always being bad or not pleasing their parents. Unless reversed that sets a pattern for life that is all too common! We've also seen several cases of children being afflicted at night (bed-wetting, crying, etc.) to interrupt the parent's sleep and make the parent have a harder time during the day. Impatient parents then scold more and the child also feels **rejected**.

Demons often set up things to cause a long-range cause-effect relationship, like dominoes in a row falling down. David's sin with Bathsheba, for example, was set up many years earlier when he indulged his lust for women (more than one wife). Satan patiently waited for the right time to pull the trap. It's important we raise our children correctly for Jesus and not let any openings develop which Satan can take advantage of.

THE CHURCH'S ROLE

Jesus' promise that Satan and his forces cannot destroy the church are what I base my church ministry on (Matthew 16:18). **Churches have demonic forces assigned to defeat and destroy them.** As in other cases, there is a ruling spirit (strong man) with other demons under him whose sole purpose it is to undermine a church's ministry (unless that church is already going the way Satan wants it to go). Each church as a whole should be aware of Satan's work against it so they can pray specifically against that. Pray for your church and its community, binding up the powers of any demons assigned to work against it.

Pray especially for your **leaders**, for Satan attacks the leaders first and most since they are so influential in a church (Luke 22:31-32; 1 Peter 5:1, 8). Pray for your church to be protected from false teachers and teachings which are so, so prevalent and subtle today.

Churches are to **discipline** sinning members so they will see the need to repent and also so they will not mislead others. Churches, too, can have openings to demonizing. Often it is through those in the Body who are willingly allowing themselves to be demonized or are allowing sin in their lives. This must be put under the blood of Jesus. Discipline means removing them from fellowship in the local church and putting them instead in Satan's kingdom, the world. There they are under his influence (Matthew 18:15-18). In effect it is putting the person in a place to follow their sin without restrictions. This way they will clearly see the consequences of their choice and repent (1 Corinthians 5:5 talks about this).

The local Body can be very **helpful in deliverance** from demonizing, too. God puts Christians in a local body to help each other in many ways, and spiritual warfare is certainly one such way. He gives spiritual gifts to some that are quite helpful in spiritual warfare. The purpose

of all spiritual gifts is to serve others. God gives a person gifts to use for others in the Body, not for him or herself. Some gifts which are particularly useful in spiritual warfare are:

WISDOM: the special ability to know the mind of God in such a way as to receive insight into how certain knowledge may be best applied to specific needs arising in the Body of Christ. 1 Corinthians 12:8

DISCERNING OF SPIRITS: the special ability God gives which enables some to know with certainty and assurance whether certain behavior supposed to be of God is in reality divine, human, or Satanic. Acts 5:1-10; 8:23

INTERCESSION: the special ability to pray for extended period of time on a regular basis and see frequent and specific answers to prayers to a degree much greater than that which is expected of the average Christian. 1 Timothy 2:1-2; Colossians 1:9-12; 4:12-13; Acts 12:12; James 5:14-16; Luke 22:41-44

EXORCISM: the special ability to command demons to leave people and have them respond and be gone. Acts 16:16-19

BEWARE: Satan can counterfeit these gifts and even do miracles today. Make sure you know the source (2 Thessalonians 2:8; Matthew 24:24; Revelation 13:13-14; 19:20; Acts 13:8). Demons can speak through people (Isaiah 8:19) and they can perform miracles (Matthew 7:22-23). Don't be impressed by something supernatural unless you know the source of the power, for Satan is a GREAT counterfeiter!

V. CONTINUING ON

A. PROBLEM: ONGOING BATTLE

As stated before, deliverance isn't a once-and-done thing. It is a process, like peeling layers off of an onion. Sometimes progress is very slow. It may seem no progress is being made at all. Then, too, it is certainly possible to lose what you have gained (through sin allowing the openings to be used again). Satan's forces don't quit easily, and just because they are defeated or weakened once doesn't mean it is all over. Often the battle gets worse for awhile. The more they tried to obey and stay close to God, the more opposition and battles the Jews faced when conquering the land. Paul's thorn in the flesh is an example of this (2 Corinthians 12:7-10).

Another example is Nehemiah. When the walls of Jerusalem were in disrepair and no one was making any effort to rebuild them there was calm. But when Nehemiah started encouraging the people to rebuild there was much opposition. Some was external, other internal. Externally Nehemiah faced ridicule (2:19), anger (4:1), criticism (4:2), mockery (4:3), threat of war (4:8), compromise (6:2), and lies being told about him (6:6). The stronger attacks were internal. Satan attacked him within with discouragement (4:10), wanting to quit (4:10), greed (5:1, 3, 5), and fear (6:10). Nehemiah persevered despite it all and finally the work was completed (6:15) and the enemies of God defeated (6:16).

We, too, will face much opposition, and continuing opposition. When we fight against Satan's kingdom by being true to God's kingdom, we must realize the enemy will fight back. What are we to do about it? Satan's plan is for us to be discouraged, to quit, to not persevere, to stay where we are or to lose ground to him. Here's how to make sure that doesn't happen:

When the Jews crossed the Red Sea God opened the waters and they walked through on dried land, but after they matured in the faith things changed. When they got to the Jordan they had to rush down the hill and step into the water while it was still there, trusting God would move it when their feet hit the water. He did and again they walked through on dry land. You are no longer at the Red Sea. You've grown beyond that. Now God wants you to commit to obedience no matter what, to step into the rushing water trusting He'll be with you. If you wait for the waters to part first you'll never move. Commit to stop no matter what – even if it kills you. Decide you'd rather be dead than to continue to disobey. Now I don't think it's a life or death matter, but still you need to be willing to pay any price you may feel will come. I know God will take care of you through it. It will be more of a struggle than you've had with some of the other victories, for God increases the pressure so our faith muscles grow. I like the story of the old lady who was known for her faith. Someone said to her once, "I bet if God told you to run and jump into a wall you'd do it!" The lady said, "Yes, if he told me to do so I would. It's my job to run into the wall and it's His job to take care of the wall."

WHY DOES GOD ALLOW THE BATTLE TO CONTINUE?

That's the age-old question. Why does God allow people to suffer and struggle? How can a God of love allow so much evil to continue? God doesn't defend Himself or explain what He allows. He gives us a free will choice and sin and the resulting evil are the natural consequences of turning from Him. Still, innocent people suffer. We can't try to evaluate God's

person and character by these things for He has proven His character and love by leaving heaven, becoming a man, living on earth, then going to cross to take on the punishment for every sin we would ever commit. That proves His love for us beyond a shadow of a doubt. If it weren't for that we would all deserve eternity in hell from this moment on. So anything less than hell from now on is His grace and mercy. Why He seems to show more to some than others is not up to us to judge. God isn't accountable to us. We cannot stand in judgment of Him until we know all the facts as He knows them and see everything as good as or better than He sees it. Many things seem unfair to little children but they must trust their parents. Getting an injection from a doctor, having a pretty shiny knife taken away, many things seem to a child that a parent doesn't love them but a child doesn't have the perspective to truly view what is happening and we don't have God's perspective on life either. We do know that facing things we don't understand gives us an opportunity to trust. Our faith is stretched and we grow. God is glorified as we see Him deliver and as others watch us patiently trust Him. Spiritual warfare is just one of many forms of suffering God uses for our good and for His glory. That's another reason why deliverance often isn't instantaneous but a drawn-out process.

B. SOLUTION: ONGOING BATTLE

After trying to convince you that the deliverance you've gone through didn't really happen (unbelief), Satan's next weapon is the lie that you won't have victory, you won't change, things won't get better, etc. That's not true! If you follow God's principles you will have continuing progress and victory. How soon and how complete is only up to God.

RETAINING DELIVERANCE:

1. Put on the whole armor of God (Ephesians 6:10-18)
2. Confess any sin immediately, but don't dwell on it (1 John 1:9)
3. Stay in the Scriptures (Psalm 1:1-3). The Word is a mirror (James 1:22-25) a lamp (Psalm 119:105) a cleanser (Ephesians 5:25-26) a sword (Hebrews 4:12) and food (1 Peter 2:2; Matthew 4:4). Use it for all these,
4. Break old patterns, habits, and sins or Satan will return (Matthew 12:43-45; Luke 11:24-26).
Fill the void with God's Spirit and His fruit (Galatians 5:14-24; John 15:2-4). Clean your house of unclean books and things that shouldn't be there (Deuteronomy 14:7-19).
Dedicate your home and life to God.
5. Develop a life of continuous praise & prayer (1 Thessalonians 5:17).
6. Stay in close fellowship with other believers (Hebrews 10:25).
7. Commit yourself to totally follow God (Ephesians 6:16).

GROW SPIRITUALLY

We all are either moving ahead or moving back. We cannot be dead still at the same place. If you aren't growing spiritually then you are fading. Continue to grow spiritually. Focus on the basics of the Christian life: prayer, Bible study, fellowship, worship, witnessing, etc. Sometimes growth comes in spurts, other times there doesn't seem to be much outer change (it is during

these times that your spiritual roots are going deeper, getting you ready for the next growth spurt). The same is true in nature, there isn't always sustained growth, and things grow in spurts.

Do NOT focus on Satan or demons, always thinking about them or fearing what they will do. Do not look for "a demon behind every bush." They love this attention, even if it is negative. It keeps your eyes off Jesus and on them, and that's what they want. It is important to have balance in this area of spiritual warfare. Keep it in balance. It is one of many important spiritual tools for growth. Don't neglect the others for this one.

SUBMIT TO HOLY SPIRIT

Remember, when demons are gone the area must be filled with God's Spirit or it will be an invitation for them to come back -- more and worse than before (Matthew 12:43-45). Casting them out is one thing, keeping them out is another. Close the opening (by confession and covering with the blood of Jesus) and fill the space they occupied in your life with the Holy Spirit.

It isn't my purpose here to go into detail about being filled with the Holy Spirit for many fine books cover that subject quite well. Suffice it to say that immediately at salvation each person receives the Holy Spirit (Ephesians 1:13; 1 Corinthians 12:13). He never leaves (Ephesians 4:30). Each believer has the Holy Spirit indwelling him, but not each one has the Holy Spirit "filling" (literally "controlling") him (Ephesians 5:18). Allowing Him to fill/control us is a moment-by-moment responsibility. It means we must be 100% yielded to God in all areas of life (1 Thessalonians 5:19), not allow any known sin in life (Ephesians 4:30), and to depend on Him and His strength in every area of life (Galatians 5:16). This way there will be no strongholds (openings) reestablished (2 Corinthians 10:3-5).

PRAYER OF SUBMISSION TO THE HOLY SPIRIT

"Dear heavenly Father, You have said that rebellion is as the sin of witchcraft and insubordination is as iniquity and idolatry (1 Samuel 15:23), I know that in action and attitude I have sinned against You with a rebellious heart. I ask Your forgiveness for my rebellion and pray that by the shed blood of the Lord Jesus Christ all ground gained by evil spirits because of my rebelliousness would be canceled. Show me any ways I continue to live in pride and help me to turn from them by Your strength. Fill me with Your Spirit and use me for Your glory. In the name of Christ Jesus my Lord. Amen."

WEAR THE ARMOR

DRESS FOR BATTLE

When I was 19 years old I was drafted into the United States Army. Others said it would be great to be a soldier, a special privilege. But I found it very, very hard. I had to learn how to defend myself against those who wanted to destroy me. I had to learn how to fight an enemy army. When I was in the army I committed my life to God, to live for Him. Others said it would be great to be a Christian, a special privilege. But I found it very, very hard. I had to learn how to defend myself against another enemy who wanted to destroy me. I had to learn how to fight an unseen enemy.

I am no longer in the United States Army so I no longer fight the enemies of America. But I am still in God's Army – and I still must fight God's enemies. If you are in God's Army you will understand what I mean. You, too, face many battles as you live for Him.

We are at war (1 John 5:19). We are living in enemy-occupied territory (2 Corinthians 4:4) surrounded by those who would destroy us (1 Peter 5:8). In an army, the commander provides the equipment and the soldiers learn how to use it. God, our Commander, provides what we need to defend ourselves and to have victory (2 Corinthians 10:4) but we must learn how to use the equipment. Paul describes what these are in Ephesians 6:10-18.

Paul wrote these words in prison, chained to a Roman soldier. As he came to the end of the book of Ephesians he looked for a way to describe our battle and how to have victory. Looking at the Roman soldier with him, Paul used his equipment as a picture of what God provides for us.

Paul begins by commanding us to be strong, but not in our strength, only in God's strength (Ephesians 6:10). The same power that defeated Satan at the cross (Hebrews 2:14-15) and that raised Christ from the dead (Ephesians 1:18-23) is available to us. God's power is greater than Satan's power (1 John 4:4). Satan is more powerful than us, but not than God.

Paul describes this power as pieces of armor we are to put on and use (Ephesians 6:11). We are commanded to put it on. Its use is not optional but mandatory for soldiers of God. And we are commanded to put on ALL of it, not just some.

The reason we need it is because Satan has "schemes" to deceive and trap us (Ephesians 6:11). This word is used of a hunter trapping an animal. Paul calls our conflict a "struggle" (Ephesians 6:12). This word refers to a fight to the death. Satan will do anything he can to destroy you, your family and your church!

So what are we to do? How are to have victory against these schemes and struggles? Here's where the armor comes in.

Ephesians 6:10-13 A final word: Be strong in the Lord and in his mighty power. Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places. Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm.

Do you have a warrior mentality when it comes to living your Christian life? Are you alert to the attacks, traps and schemes against you? Do you know where the enemy tries to get you to sin? Are you able to defeat his efforts? Pray and ask God for wisdom and insight into your battle so you can better withstand.

THE BATTLE FOR THE MIND

When a soldier faces his enemy, he needs to use the armor provided by his commander to be victorious. The same is true in our Christian life. The first piece of equipment we are commanded to wear is the helmet of salvation (Ephesians 6:17).

The Roman soldier chained to Paul in prison wore a helmet made out of metal. Enemies would attack with a large, heavy sword which they would try to bring down on the Roman soldier's head. Thus the helmet had to be strong to protect their head. The same is true for us. Satan attacks our mind and thoughts first. He puts doubt, fear, confusion, lust, greed and

whatever defeats us in our mind. Our spiritual battles are won or lost in our mind (thoughts) first of all. That's why we need the mind of Christ to have victory (1 Corinthians 2:16).

We must know who we are in Christ so we don't give in to discouragement, fear or anger. We must be aware of all we have so we don't turn to sin to meet needs God has already met. We are a new creation and must know what that means and how it applies (2 Corinthians 5:17). Knowing God's truth is the only way to protect our minds against Satan's lies.

God has given us over two hundred benefits that come at the moment of salvation. For one thing, He promises that past, present and future sins are gone forever (Romans 8:1). He deals with us in grace, not works.

We are in God's family by birth (John 3:3) and by adoption (Ephesians 1:5). Thus we are children of God (John 1:12). Ours is a family relationship with God, not king and servant or master and slave. God is our Father, Jesus our Elder Brother (Hebrews 2:11-13). We are family, with all its security, benefits and privileges. Those are ours now, not something we have to wait to have. Not only are we in His family, but we are also friends with God (John 15:15). Can you imagine God calling you a friend? Great privileges are ours! As such she shares His plans and blessings with us.

We must know beyond a doubt that we are unconditionally loved by God, now and forever (Romans 8:38-39). It has nothing to do with what we deserve or don't deserve, and there's no way we can lose it. There is nothing we can do to make Him love us more. There is nothing we can do to make Him love us less. He can't love us more and He won't love us less.

When we are hit with doubt about His provision we must remember He has promised to meet all our needs (Philippians 4:19). When we doubt His love we must remember we can never lose our salvation (2 Corinthians 1:21-22). When we get weary we must remember we will be in heaven with Him forever (Philippians 3:20). When we struggle with sin we must remember He gives us victory over sin (Galatians 2:20). When we struggle in our warfare with Satan's forces we must remember that He has promised victory over them (Colossians 1:13; Luke 10:18-19).

When both husband and wife are committed believers and wear the helmet of salvation they will be likeminded in their values, priorities, motives and goals in life. They know only Jesus can meet all their needs, not their mate, and turn to Him to have them met. Children, too, must understand all they have in Jesus as Christians. This is key to preventing Satan's attacks to our mind and thoughts.

Colossians 1:13 For He has rescued us from the dominion of darkness and brought us into the kingdom of the Son He loves.

2 Corinthians 5:17 Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!

2 Corinthians 10:5 We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

Who is winning the battle for your mind? Do your thoughts line up with Jesus' thoughts? Are you able to control your thoughts and make them obedient to Christ? If not, write down what you must do and ask God for His help doing it.

CRACKS IN OUR ARMOR

Sin in life can provide an opening for demons to work against us (Ephesians 4:26-27; Mark 7:21-23; Galatians 5:19-21; Colossians 3:5-8). Even one sin that is allowed to remain can give an opening for demonizing. That's why God provides a spiritual breastplate for us to wear (Ephesians 6:14).

The Roman soldier chained to Paul wore a breastplate to protect his heart and vital organs. It wasn't always easy or comfortable to wear, but if he didn't put it on he was vulnerable. Even if he wore it but it allowed holes or weak spots in it, the enemy would attack those spots and defeat him. The same is true spiritually.

Paul says this represents our righteousness (Ephesians 6:14). It reminds us of the importance of being covered with Jesus' righteousness. We receive it with salvation when our sins are forgiven (Matthew 9:6; Mark 2:10; Luke 5:23). Breaks and weak areas are covered when we confess our sin (1 John 1:9).

In marriage a husband and wife are to encourage and help each other to overcome sin. They are to set a good example for each other. Too many times one will do or say that which leads the other to sin, like Eve did to Adam. When each one lives like Jesus, serving and forgiving each other, the couple together wears the breastplate of righteousness. It is of the utmost importance for each mate to overcome sin in their lives and to help their mate do the same. When they have children they are included in this as well so the whole family is an example of holiness.

While the breastplate protects all from above the waist, the belt of truth (Ephesians 6:14) covers the waist and below. The belt helped the soldier keep his garments and weapons secured so he didn't stumble. God's truth keeps us from stumbling and falling spiritually. Satan wants to trip us up with his lies and deception. Whenever we get a thought that doesn't line up with God's truth in the Bible we must reject it. That means we must know God's Word well.

In marriage, too, we must guard against the lies the world and the flesh give us about marriage. Self-centered values, unbiblical expectations, unforgiving attitudes and me-first selfishness abound in the world and it's easy for Christians to be influenced by them as well. Children, too, must know God's truth or they, also, will fall for the lies the enemy and their flesh tell them. We must know God's truth, for only it sets us free (John 8:32).

John 8:32 "Then you will know the truth, and the truth will set you free."

1 Peter 1:16 It is written: "Be holy, because I am holy."

Is there a sin in your life that has control over you? Get counseling, ask others to pray and do everything possible to have victory over it.

Make sure you know and live in God's truth. Lies like, "You'll never have victory over that sin" abound. What lies do you struggle with? What gives you victory over them?

PEACE + FAITH = VICTORY

Peace. Everyone talks about it but few have it. The world abounds with substitutes or that which seeks to mask the pain of emptiness. Yet God's peace is necessary to have victory in our lives. Paul, looking at the Roman soldier with him, says we need peace like the soldier needs solid, dependable footwear (Ephesians 6:15). The enemy would pick a place to attack that was advantageous to them and difficult for the Romans. Water, loose sand, sharp rocks or

uneven terrain all gave the enemy an advantage. Therefore the Romans needed sturdy, strong footwear to keep their footing. If they slipped or stumbled they were defeated.

Satan attacks us when and where he thinks he has the best opportunity of winning. We need to be at peace with God so we are secure in Him and can stand no matter what happens in life. God never said He would remove our conflicts but that He would help us through them (John 17:15). He doesn't promise us absence of difficulties, but He does promise peace despite them (Philippians 4:6-7; Isaiah 26:3; John 14:27; 2 Thessalonians 3:16).

If a husband or wife do not have God's peace but instead have turmoil, anxiety, stress or confusion that will negatively affect their marriage. Each needs to have peace with God first, then based on that they can be at peace with each other. This will give them a firm footing no matter what the enemy throws at them. Without God's peace in your heart and relationship your marriage will be characterized by conflict. That not only harms you but your children, and their impression of marriage. Children, too, need the peace of Jesus so they can mature to be like Him and fight their own spiritual battles.

The next piece of armor listed by Paul is the shield of faith. So far all the armor was part of the soldier's inner defense. The shield is the outer wall of defense (Ephesians 6:16). Roman soldiers carried large shields which they held in front of them for protection from the burning tar the enemy would fling at them (Ephesians 6:16). Without a shield they would have to dodge the fiery missiles and not be able to do any other fighting. Paul said this shield did for the soldier what our faith does for us.

Faith in God's love and sovereignty is our outer wall of defense. If we truly believe that no matter what happens God is in control and only allows what is for His glory and our good (Romans 8:28), then we won't be defeated by life's problems and pains. The greater our faith is, the stronger our protection is. It's like having a large shield compared to a very small one.

Marriage, too, must be built on faith – in God and each other. Love must be unconditional, commitment must be unshakable and forgiveness must be continual. When hard times hit a marriage, faith in God keeps both partners focused on God and not the problem or each other's failings. Don't battle your mate. Trust God and together battle your common enemy. Have faith that God knows and does what is best for you, and that your mate is His perfect choice for you for the rest of your life.

Teach your children to walk by faith and obedience. Start by teaching them to trust and obey you when young. Show you are worthy of trust. Help them transfer this to God as they get older. They must have a faith of their own. They can't hide behind your shield but must 'own' their faith and develop their individual faith in God. Start building their faith right now.

John 17:15 My prayer is not that you take them out of the world but that you protect them from the evil one.

Romans 1:17 For in it the righteousness of God is revealed from faith for faith, as it is written, "The righteous shall live by faith."

On a scale of 1 (very weak) to 10 (very strong) where would you rate your peace? What takes away your peace quicker than anything else? What should you do about it?

On a scale of 1 (very weak) to 10 (very strong) where would you rate your faith? Where/when is your faith the strongest? Where/when is it the weakest? What should you do to increase your faith?

GOING ON THE OFFENSE

All the pieces of equipment we've seen in Ephesians 6 so far have been defensive. We can protect ourselves but we can't have victory. We need an offensive weapon to go on the attack and defeat our enemy. That is the sword of the Spirit (Ephesians 6:17). With their short, double-edged sword the Romans conquered the known world. There was no protection for their back so they couldn't turn and run, they had to move ahead against their enemies, and that is what we must do as well.

This sword of the Spirit refers to the Word of God – it is so important we get this right that Paul says so (Ephesians 6:17). Jesus quoted the Bible when tempted (Matthew 4:1-11). Read Scripture. Memorize Scripture. Quote Scripture. Pray Scripture. Think Scripture. It is the only way we can drive away temptation, lies and attacks of the enemy.

To have a healthy, growing, godly marriage, a husband and wife need to know God's Word. They need to study it individually and together. They must know how to apply it when in spiritual warfare. They must be comfortable praying Bible verses. They must teach their children the Bible as well. Too many children of Christian parents turn from the faith when they leave home because it never became part of them. They need to know God's Word, memorize portions of it, and believe it for themselves. If our children follow Jesus they WILL be attacked, so they must now know how to use their only offensive weapon, God's Word.

Paul is done listing the armor, but not done telling us how to have victory. He next mentions prayer (Ephesians 6:18-20). We can equate prayer to communication between the commander and his soldiers. Without good communication, the soldier will not know where to go or what to do. He will be left on his own. We need time talking to God and listening to Him to know His plan for us.

Praying together is very important for Christian couples. Deep, open, heartfelt prayer will bring a couple closer and help them have victory. A prayerless marriage is a powerless marriage. If your marriage is only as strong as your prayer life as a couple, how strong would it be? Maybe that's why it is so open to attack! Children, too, need to develop their own prayer life with God. They need to learn to talk to Him as well as recognize His voice when He talks to them. Communication by prayer is essential to victory.

Jesus has given us His authority to pray in His name and to command demons to be gone in His name (Matthew 28:18-19; Luke 9:1; 10:18-19). He also gives us His power to have victory in our spiritual warfare (Acts 1:8). We have power from His divine nature in us (2 Peter 1:4). We have power to live the abundant life He gives us (John 10:10). Through His Word and prayer we have all we need to have victory. What great blessings we have!

Hebrews 4:12-13 For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

How well do you know the Bible? How skilled are you at using this weapon to attain victory when attacked? How strong is your prayer life? What do you need to do to have better communication with God? Spend some time now reading your Bible and praying.

USE THE WORD OF GOD

Knowing and using God's Word, the sword of the Spirit, is key for victory (Joshua 1:8; Psalm 77:12; 1 Chronicles 28:9; Matthew 22:37-38; 1 Corinthians 2:16; Philippians 4:8). That's how Jesus defeated Satan (Matthew 4:1-11). Satan tries to plant doubts about God's word in man's mind. This is how he got to Eve. She misquoted God's Word to Satan and when he added to God's Word (making God seem like He was keeping something good from her) she didn't pick it up. Satan was undermining God's Word, and he won! We must be skillful in the use of our sword to win. Below are some verses to memorize and use.

When Jesus was tempted He quoted Scripture to have victory over Satan's temptations. Paul says our only offensive weapon is the sword of the Spirit, the Word of God. Psalm 119:9, 11 tell us that it's through God's Word that we have victory. When you have these thoughts and attacks use Scripture to have victory. Ask God to give you some verses that will help against these things, write them down and memorize them. Say them over and over when these thoughts attack you. That is the only way to victory, and God guarantees it will work!

BIBLE MEMORY VERSES

GOD'S LOVE & ACCEPTANCE The LORD is compassionate and gracious; slow to anger, abounding in love. Psalm 103:8

THE BIBLE, GOD'S WORD The Word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. Hebrews 4:12

GOD'S TRUTH FREES "If you hold to my teaching, you are really My disciples. Then you will know the truth, and the truth will set you free." John 8:32

LIVE IN HOLINESS Therefore, I urge you, brothers in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God -- this is your spiritual act of worship. Romans 12:1

SUBMIT TO GOD, RESIST SATAN God opposes the proud but gives grace to the humble. Submit yourselves, then, to God. Resist the devil, and he will flee from you. Come near to God and He will come near to you. James 4:6-11

GOD IS GREATER THAN SATAN The One who is in you is greater than the one who is in the world. 1 John 4:4

GOD WILL MEET ALL OUR NEEDS My God will meet all your needs according to His glorious riches in Christ Jesus. Philippians 4:19

RENEW YOUR MIND WITH CHRIST Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is -- His good, pleasing and perfect will. Romans 12:2

PRAYER The prayer of a righteous man is powerful and effective. James 5:16b

AUTHORITY OVER DEMONS Jesus replied: "I saw Satan fall like lightning from heaven. I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you." Luke 10:18-19

RESISTING SATAN Jesus turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; you do not have in mind the things of God, but the things of men." Matthew 16:23

SIN AS OPENINGS TO DEMONIZING Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me and lead me in the way everlasting. Psalm 139:23-24

CURSES Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: "Cursed is everyone who is hung on a tree." Galatians 3:13

ANCESTRAL & CHILDHOOD OPENINGS Therefore if anyone is in Christ, He is a new creation; the old has gone, the new has come! 2 Corinthians 5:17

OCCULT OPENINGS Do not turn to mediums or seek out spiritists, for you will be defiled by them. I am the LORD your God. Leviticus 19:31

NEW AGE OPENINGS Such men (who preach a Jesus other than the Jesus I preached) are false prophets, deceitful workmen, masquerading as apostles of Christ. And no wonder, for Satan himself masquerades as an angel of light. 2 Corinthians 11:13-15

DELIVERANCE FROM DEMONIZING Dear friends, do not believe every spirit, but test the spirits to see whether they are from God ... This is how you can recognize the Spirit of God: Every spirit that acknowledges that Jesus Christ has come in the flesh is from God. 1 John 4:1-2

DELAYED DELIVERANCE The Lord said to me, "My grace is sufficient for you, for my power is made perfect in weakness." ... For when I am weak, then I am strong. 2 Corinthians 12:9-10

CONTINUING VICTORY Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith. 1 Peter 5:8-9b

FOR A COMPLETE LIST OF VERSES FOR ANY NEED SEE APPENDIX AT END.

RESIST, STAND FIRM

KEYS TO FREEDOM & VICTORY

There are 2 keys to attaining and keeping spiritual victory: 1. You have to want it so bad you are willing to pay any price to get it. You must be 100% committed to sticking it out no matter what. 2. The other key is that, as soon as you fail, you get right back up and start again. Don't lay there in defeat but start over. It's taken a lifetime to get into this; it'll take awhile to get out. Gradually you will log more and more time 'sober' and less and less 'under the influence.' That's how it works.

PERSEVERE, AS BAD AS IT GETS

Persevere no matter what. God can and will set you free from this. Deliverance is a process He uses to teach us things about Himself and ourselves. He wants us to persevere in faithfulness to Him no matter what for that helps us learn to depend on Him and trust Him. It's also part of the way He works to make us more like Jesus.

I know God is greater and will give the victory. I know the victory comes gradually as we learn to fight and take back ground that was given to the enemy. When the Jews entered the Promised Land under Joshua God gave them victory, but one battle at a time, even one generation at a time. He didn't give it all to them at once. He wanted them to learn to fight, to need to keep trusting Him, to develop patience and perseverance. What was true of them physically is true of us spiritually. So don't give up. Persevere. It may be hard to see progress but remember - there is improvement. Look back at your life and you'll see improvement in the

past to the present. You certainly wouldn't want to go back! Progress is slow but steady, like the story of the tortoise and the hare. Also be encouraged because it's obvious the enemy is now throwing everything at you he can. That means this is as bad as it gets, this is all he can do. If he could do more he would. While this is bad, knowing it is as bad as it gets and that it will gradually but certainly get better helps. It takes time. God is interested in the process you are going through as you grow, not just the final product. You do the same thing with your children.

We are told over and over again in the Bible to resist Satan (in Jesus' strength), to stand firm and not give in. "*Resist the devil and he will flee from you*" (James 4:7-8) is a promise to claim. The conditions for the promise to work, though, are that we are to *submit to God* (total commitment to God after salvation), *draw near to God* (quality and quantity time in prayer and meditation) and *be pure* (live a holy life, confessing all known sin). The key is keeping our eyes on Jesus.

Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith. (1 Peter 5:8-9). *Alert* means literally to "be sleepless," it implies a purposeful and active state of awareness. It implies being active and watching out for anything that would tone down our alertness (like being seduced by the world's pleasures). *Resist* is a strong word meaning to oppose. We aren't to hide in fear, hoping he'll leave us alone. Each must wage his own fight; you cannot expect a parent, mate, pastor or friend to resist for you. *Stand firm* means to stand solid, hard, unbending in the faith. Jesus prayed Peter would stand when attacked by Satan (Luke 22:32). Satan is like a bully. When he or his forces find someone who will give in they push them around. Taking a stand may mean a fight for awhile, but then the promise comes that he will flee. We are to be courageous and not fearful, taking our stand in the Lord (Joshua 1:9; 10:8; 23:9-11; Leviticus 26:8; Exodus 14:13; 1 Samuel 17:45-47; 2 Samuel 22:33-35, 40-41).

Since Satan works through getting us to believe his lies, we must really resist and stand fast in this area. By knowing which lies Satan trips you up with you can better be prepared for them. Here are some common ones to look out for.

PRAY

Prayer is powerful (John 14:13-14; 15:7,16; Mark 11:22-24; Luke 11:9-13; I John 5:14-15; Jeremiah 33:3). There should be six parts to your prayer life, all equally well developed. These are:

1. CONFESSION (1 John 1:9; Psalm 66:18; 51:1). To confess means to agree with God that the issue at hand is sin (not a mistake, someone else's fault, etc.). Use the list on page 31 to help in this. After you confess your sin make sure you accept God's forgiveness (Daniel 9:9,19; Psalm 130:4; 86:5; 99:8; 103:3). Only God can forgive sin (Mark 2:7; 11:25; Luke 5:24; Matthew 6:14). God doesn't over look sin, he forgives because it was paid for with the blood of Jesus on the cross (Hebrews 9:22; Ephesians 4:32; 1:7; 1 Peter 2:24; 3:18; Luke 24:46-47; Colossians 1:14; John 19:30). This forgiveness is available to all (Isaiah 53:6; Colossians 2:13; Romans 8:1). When you confess/admit your sin God forgives it. This means He blots it out (Isaiah 1:18; 43:25; 44:22; Acts 3:19; Colossians 2:14; Psalm 32), casts it behind His back (a place He can't see it - Isaiah 38:17; Jeremiah 31:34), forgets it (Hebrews 8:12; 10:17; Isaiah 43:25; Jeremiah 31:34), makes it disappear where it will never be found (Jeremiah 50:20), has it vanish like the morning mist at noon (Isaiah 44:22; John 20:31; Matthew 27:51), and casts it into the deepest part of the sea (Micah 7:19) which will then be gone forever (Revelation 21:1).

2. PRAISE (Psalm 34:1-3; 48:1; Hebrews 13:15). Praise is glorifying God for Who and What He is. It is different than thanking Him for things He has done. We will be praising God for all eternity, so we should start now! God is pleased with our praise (Psalm 22:3; Hebrews 13:16).

The Bible says there is power in praise (Psalm 16:11). Praise can be done by word or song. Make sure you develop a strong praise life (Philippians 4:4; Hebrews 13:15). Read the following passages and turn them into praise prayers: Exodus 15:1-2; Deuteronomy 10:21; 32:3-4,43; 1 Samuel 2:1-2; 2 Samuel 22:4, 50; 1 Chronicles 16:9,25,31; 29:10-12; 2 Chronicles 5:12-14; 20:21-22,27; Psalm 8:1-2; 9:1-3; 31:21; 44:8; 40:16; 47:1-3; 68:3-4; 72:18-19; 86:12-13; 104:33; 108:3; 117:1-2; 119:108,175; 138:1-4; 142:7; 149:1,3,6-9; 150:1-6; Isaiah 25:1,9; 38:18-19; 60:18; Daniel 2:20-23; Jeremiah 20:13; Habakkuk 3:17-19; Zechariah 9:9; Luke 1:46-47; Luke 10:21; John 4:23-24; Ephesians 1:3; Jude 25; Revelation 4:10-11; 5:5,12-13; 15:3-4.

3. THANKSGIVING (Psalm 116:12; Philippians 4:6; 1 Thessalonians 5:18). Thanksgiving is thanking God for what He has done, is doing and is going to do in your life (as well as the lives of others). We all appreciate being thanked for things we do, and so does God. Be specific in your thanksgiving. Remember, everything comes from Him and is for our good (Romans 8:28) so we should thank Him for everything!

4. INTERCESSION (Psalm 28:9; James 5:14-20; 1 Timothy 2:1-4; 1 Samuel 12:23). Intercession is prayer for others. Often it is good to keep a list of prayer requests so you remember to pray for them and so you can mark down the answer, too. Then thank God for the answer. Remember God answers EVERY prayer. The answer is either yes (now), wait (later) or no (never). Every prayer gets one of these answers. God is able to do anything, but He isn't always willing to do what it is we think He should do to bail us out (Daniel 3:17-18). Therefore when you pray for others first be sensitive to how God would have you pray. Don't be so quick to come up with a solution and make that your prayer. God may have another solution (better than ours). Don't pray solutions to God, pray problems and let Him come up with His own solution. You'll find prayers answered more often when you let Him figure out how to take care of something. Often instead of removing something He gives us grace to endure it (2 Corinthians 12:7-10). Include that option in your prayers for others.

CONFESSING THE SINS OF ANOTHER Praying for another person is important. Confessing the sins of another person can help free them from demonic oppression. Sin, especially certain sins, is like opening a door for demons to work in a person's life. These sins can be an open invitation. Depression (self-pity), for example, can be almost a 'prayer' to Satan because one is so negative and sees everything from a very self-centered viewpoint about how it may affect them. It's almost like they enjoy wallowing in this, so demons just help them move in that direction by putting thoughts in their mind and the person accepts and feeds on these thoughts. When that person tells God they are sorry for opening the door and confess (admit) that as sin, He forgives them and the sin no longer blocks fellowship between the person and God. However the door is still open and demons, who can get very technical and never want to give up access they have, will continue to use it. When you enter the picture and put the sins of that person under the blood of Jesus and state that demons can no longer use that sin as an access to the person you are closing the door. If the person hasn't confessed the sin themselves that still blocks their relationship with God, but by interceding for them we can slow down or stop (at least temporarily) the demonic impact so the person can be free from that influence and be better able to turn to God for themselves. Now if they continue in the sin they keep opening the door. All you can do is keep trying to close it by putting the sin under the blood until the person does so themselves or it becomes evident they don't want to and won't do it.

5. PETITION (James 4:2; Hebrews 4:15-16; John 15:7). Petition means asking God for things for yourself. This is legitimate. We shouldn't always pray just for ourselves, nor should we feel unworthy to ever pray for ourselves. Much of what I said under "Intercession" above fits in here. There are some things the Bible says we should ask for: an understanding heart (1 Kings 3:7,9), fellowship with other believers (Philemon 4-6), forgiveness (Psalm 25:11,18,20), guidance (Psalm 25:4-5; 27:11), holiness (1 Thessalonians 5:23), love (Philippians 1:9-11), mercy (Psalm 6:1-6), power (Ephesians 3:16), spiritual growth (Ephesians 1:17-19) and to know and do God's will (Colossians 4:12). As you pray for yourself think of a Bible promise to claim for it. God promises He will not forget us (Isaiah 49:15), not fail us (Joshua 1:5), will show us what to do (1 Samuel 16:3), will help us (Isaiah 41:10) and will strengthen us (Isaiah 41:10).

Remember, it's always good to pray the problem, not the solution. Let God come up with His own solution. Often we miss it because He answers a different way than we expected. He is God. He can answer any way He wants. Just think of the ultimate result: God being glorified and you growing. Pray for that – God to be glorified in the situation no matter what.

6. LISTEN (1 Samuel 3:10; Hebrews 1:1-2; 3:15; Psalm 62:5; 46:10) Good communication is a two-way street. Pause a few minutes and listen to God talk to you. You should do that throughout your day. After all, which is more important: you passing on information to God or Him passing on information to you? Be still in your mind, let Him put in thoughts, feelings, ideas, etc., that you need. Be sensitive to His leading. As with any relationship, the better you know the person the better the communication. Good, deep communication is difficult with a stranger, but the more time you spend with a person the better you can 'hear' them, and that's true with God, too. This is an art that takes time to develop, but won't happen if you don't work on it!

PRAYER FOR SPIRITUAL WARFARE IN GENERAL

"Gracious God, I acknowledge that You are worthy of all honor, glory and praise. I am thankful for the victorious work of Your Son, Jesus Christ at Calvary for me. I apply His victory to my life now as I willingly surrender every area of my life to Your will.

"Thank you for the forgiveness and righteousness that has been given to me as Your adopted child. I trust in Your protection and provision daily. I know that your love for me never ceases. I rejoice in Your victory, my Lord, over all the principalities and powers in the heavenlies. In faith I stand in Your victory and commit myself to live obediently for You my King.

"I desire that my fellowship with You become greater. Reveal to me those things that grieve You and enables the enemy to secure an advantage in my life. I need the Holy Spirit's powerful ministry in my life; bringing conviction of sin, repentance of heart, strengthening my faith and increasing perseverance in resisting temptation.

"Help me to die to self and walk in the victory of the new creation You have provided for me. Let the fruits of the Spirit flow out of my life so that You will be glorified through my life. Fill me with your love, joy, peace, patience, kindness, goodness, gentleness, faithfulness and self-control.

"Please place your hedge of protection around me, my possessions, my family and all my descendants. Protect us from anything the enemy would try to do against us.

"I know that it is Your will that I should stand firm and resist all of the enemy's work against me. Help me to discern the attacks upon my thoughts and emotions. Enable me to stand upon Your Word and resist all the accusations, distortions and condemnations that are hurled against me.

"It is my desire to be transformed through the renewing of my mind, so that I will not compromise with the ways of the world, or yield to the enemy's attacks, but be obedient to Your

will. So give me the mind of Christ in order that I may have His perspective, wisdom, compassion, holiness and truth.

"I draw upon those spiritual resources that You have provided me and I attack the strongholds and plans of the enemy that have been put in place against me. I command in the name of Jesus Christ that the enemy must release my mind, will, emotions and body completely. They have been yielded to the Lord and I belong to Him.

"Lord, enable me to become the person You created me to be. Help me as I pray to be strong in faith. Show me how to apply Your Word in my life each day. I know that I wear the full armor of God when I am committed to and stand firmly upon Your Word. I want You to have the supreme place in my life. Give me a hunger and thirst to know You better, to read Your Word more deeply, to pray more readily and to keep you first in all my thoughts all day long.

"I surrender myself completely to You, Lord. You are always faithful and You extend Your grace to me constantly, even when I do not realize it. I claim Your promise of forgiveness and cleansing in its fullness. In faith, I receive the victory today that you have already put in place for me. I do this in the name of Jesus Christ, my Savior with a grateful heart. AMEN" (Don Rogers, Spiritual Warfare Ministries, Warrington, PA)

HELPING OTHERS

Once you get involved in deliverance, you'll start to see how it can help those around you. You'll want to **share with others** what you've found. That's great! Remember, though, there is a cost of your time (Luke 14:33), energy (Mark 6:31) and patience (Matthew 17:17). Count the cost first (Luke 14:25-33). Getting involved in spiritual warfare for others may bring attacks against you, but do not fear such a thing (Matthew 10:24-27). Often the worst part, though, is the criticism and rejection you get from others, believers and unbelievers alike (Matthew 9:32-34; 10:24-27). Don't fear criticism and rejection, either (Luke 13:31-32).

One danger to watch out for is thoughts popping into your mind of how spiritual you are, or feelings of **pride** because of having power over demons. Others may see you as more spiritual, too. This is a real danger. Jesus makes it clear that being able to administer deliverance is no sign of spirituality or even salvation (Matthew 7:21-23).

Keep in mind, too, that **others minister deliverance in different ways**. I feel strongly that what I have written here is what God has for me according to His Word. However I am not to judge or reject those who do it differently (Mark 9:38-40).

Follow the steps for deliverance outlined in this book on pages 38-44.

When you find yourself in a situation where you feel God wants you to talk or pray about deliverance just go ahead! **Don't worry about your lack of knowledge or experience** (that's a lie from the demons to silence you). It's God's power and He will give you the right words and wisdom at the right time. Nothing is worse than not doing anything and allowing the demons to continue their work. Just do your best, trusting God for each step of the way. There is no 'right' or 'wrong' way, no magic formula. God is greater, so just bring His power against the evil forces.

One thing to be careful of, though, is **your own time and schedule**. Don't allow yourself to be a crutch to anyone, for that isn't helping them. Wean them from you and onto God quickly. Don't become too involved with the one you are ministering to. It can become too draining on you

and make it hard for you to be objective, plus harder to wean them. At first feeling needed can be very nice, but it is God they should need, not you.

Always **consider the big picture** when praying for deliverance. Keep deliverance in balance. Should they see a counselor? Would a physical from a doctor be helpful? Are they perhaps not giving you the complete, total picture, but just what they want you to know? Do they REALLY want to be free or are they more interested in having your attention? Is there any sin they aren't willing to get rid of?

OUR ROLE IN HELPING OTHERS (What God Expects)

I see myself as a quarterback (football) who throws passes to his receivers. The quarterback must throw the best pass he can – a nice, tight spiral right into the hands of the receiver. But once the quarterback lets go of the ball it is no longer up to him if it is caught or not. Some receivers drop excellent passes, others make miraculous catches of poorly thrown balls. I used to be very concerned about the result, but had to realize that isn't up to me. Now there must almost be callousness over my heart to some extent or I would get burnt out quickly. I give the best advice I can, with God's help, and know that is all God holds me accountable for. I throw the best pass I can. If it is caught or not is not up to me but between the person and God. Many times I don't know if the pass is dropped or caught, but I keep throwing them anyway. And the more one practices the better he gets at it. I keep a list of all the people who wrote me and the emails back and forth. There are hundreds and hundreds of names and almost all have more than one or two emails. Some I've been in touch with for years. They have become a core group to whom I send prayer requests, especially about my India trip. They are the ones I ask to pray for me when special needs come up. They keep me updated, sometimes every few months, and we write more regularly when things get difficult. Jesus spoke to millions, thousands liked what He said, hundreds believed, a dozen gave up everything to follow Him (and one of those turned back), three became His inner core and one His best friend (John). That's about how it goes. In the parable of the sower and the seed Jesus points out that only about one fourth of the seed sown grows, so if that's true of Jesus I can't expect better! One more factor is that I know I am only the servant and Jesus expects me to be faithful. He doesn't look at numbers.

I throw the best pass I can and then pray for them. For the most part that bit of callous self-protection that all people in the service ministries have to have takes care of it. Now when it's a person I know well, a really bad situation, especially a relative, then it can get to me more. But that motivates me to be the more faithful in prayer and ministry. Even Jesus had Judas.

WHAT YOU CAN DO TO HELP THOSE STRUGGLING:

PRAY continually and regularly for them. Exercise your authority as a believer.

LOVE them unconditionally and let them know that over and over. Unconditional love conveys God's love. That is very, very important to do.

PROTECT them from unwise decisions if you are in a position to do so. Protect them from others, even from themselves.

LOWER your expectations of them. Give them time to understand, grow, and act. Be patient, as patient as God has been with you. Don't baby them or keep bailing them out of situations, but accept them as they are and let God work in them at His pace.

IN CLOSING

If you've made it to this point in this handbook you must be serious about learning to win your battles. God's blessing to you! Just remember to be patient with yourself. One doesn't become an experienced, top-notch fighter overnight. It takes time. It takes practice. And it takes failures as well. That's how we all learn. For the Christian, though, none of our failures are fatal, and neither are they final. Victory will come, in this life and the next.

When I first heard the story of the tortoise and the hare as a young boy I know I found a piece of wisdom I could build on, and that story has helped motivate and shape who I have become. I want to pass it on to you as well. Persevere! Don't quit! Keep going! You don't have to be moving fast. In fact, you probably won't be moving very fast at all. But don't let that bother you. Slow and steady does it. Stay faithful to God. Keep your eyes on Him, not on Satan and his forces. Spend time in the Word and in prayer each day. Fight each battle as it comes. Don't quit, run or give in. When you lose a battle, and you will (we all do) get up and keep going. Remember, the race is not to the swift, but to those who keep on running!

You've a race before you. It's called the Christian life. One of the tools God has provided to help us through to the end is spiritual warfare. Prayer, worship, sharing the gospel, helping others, learning the Word, all these and many more are other tools He has given us as well. Keep all your tools sharp and use the correct one for the job at hand. But when the job is spiritual warfare, make sure you use your weapon to the best of your ability. Each battle will sharpen your skills for the next battle.

It's my prayer that you are found faithful by the One Who has called you and Who works in you to conform you to the image of His Son!

I'd love to hear from you. If you have questions, comments, suggestions, experiences you can share or anything you'd like to write about I'd truly love to hear from you. I've experienced what I have written about. I have an online spiritual warfare website for information and counsel at ChristianTrainingOrganization.org. If I can help you in any way, you can contact me at jerry@ChristianTrainingOrganization.org

May God bless you and use you for the glory of His Kingdom. If we never meet in this life, we'll meet in heaven and share stories of the victories our Savior and Lord has given us!

If you have any questions, comments, suggestions, testimonies or anything you would like to be in contact with me about please feel free to write me at jerry@ChristianTrainingOrganization.org

HOW CAN I BE SURE I AM A CHRISTIAN?

When a baby is born everyone checks immediately to make sure it is alive and healthy. There are certain signs that show life: movement, crying, pulse, etc. The same is true spiritually. There are certain spiritual 'signs' that show us that we have been born into God's family. 1 John lists 5 of these:

1. BELIEF IN JESUS AS SAVIOR AND LORD

1 John 5:1 Everyone who believes that Jesus is the Christ is born of God, and everyone who loves the father loves his child as well. A sign of spiritual life is a deep awareness that Jesus is God and Savior that He is the One who provides salvation and it isn't anything we do or deserve.

2. STRONG DESIRE TO OVERCOME SIN IN LIFE

1 John 5:18 We know that anyone born of God does not continue to sin; the one who was born of God keeps him safe, and the evil one cannot harm him. Along with new birth comes a different attitude to sin. We now know it is wrong and have a strong desire to stop. While we may struggle with certain sins, there should be a slow but steady progress in godliness. Gradually we become more and more like Jesus in what we think and do.

3. DOING WHAT GOD CONSIDERS RIGHT

1 John 2:29 If you know that he is righteous, you know that everyone who does what is right has been born of him. A baby doesn't know just how to live the moment it is born, and neither do we who are born spiritually. It is a learning process, it takes growth. Growth is a sign of life. God says that those who are alive spiritually will grow spiritually. "GROW in the grace and knowledge of our Lord and Savior Jesus Christ". 2 Peter 3:18 "Brothers, I could not address you as spiritual but as worldly -- mere infants in Christ. I gave you milk, not solid food, for you were not yet ready for it. Indeed, you are still not ready. You are still worldly. For since there is jealousy and quarreling among you, are you not worldly? Are you not acting like mere men?" 1 Corinthians 3:1-3

4. LOVE FOR OTHER BELIEVERS

1 John 3:14 We know that we have passed from death to life, because we love our brothers. Anyone who does not love remains in death. There will be a natural bond between those who are in God's family. We have the most important things in life in common. Usually there is instant rapport. We have a desire to spend time with and get to know other Christians. That is a joy and encouragement, for we are likeminded.

5. VICTORY OVER WORLDLY WAYS

1 John 5:4 for everyone born of God overcomes the world. This is the victory that has overcome the world, even our faith. While victory over sin often comes slowly and gradually, as Christians we know that we have within us a Power greater than that which is in the world and we can experience God giving us victory over things that used to defeat us.

HOW CAN I BE SURE I STILL AM A CHRISTIAN?

When first born, babies are very susceptible to disease and illness so they must be protected from these. They are very vulnerable. Until they grow and become stronger they are in danger of things that won't be nearly as hard to fight off later on. When someone is a new believer there is danger they will start to doubt their salvation or fear they have lost it. Thus it is important to make sure young Christians are protected from the diseases of doubt and fear. Satan can't take away our salvation so he tries to take away the joy of our salvation in these ways.

DISEASE OF DOUBT It's not unusual for Satan to put doubt into a person's mind right after they become a Christian. Did it 'work'? Did they 'do it' right? There is no requirement to meet so there is nothing that can be done wrong. Salvation is simply a heart attitude of believing that Jesus is God who paid for your sins on the cross. If you believe that you are saved.

Romans 3:28 For we maintain that a man is justified by faith apart from observing the law.

John 3:16 "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

Ephesians 2:8-9 For it is by grace you have been saved, through faith-- and this not from yourselves, it is the gift of God-- not by works, so that no one can boast.

If you aren't sure when you accepted Jesus as Savior and for that reason wonder if you really did, just take a moment right now to pray and ask Him to forgive your sins and live in you. You will know for sure that He has done that now if not before, so you never will have need to wonder or worry. Write down today's date so you can always go back to this time and remember that you really did put your faith in Him. _____

DISEASE OF FEAR If getting a person to doubt their salvation doesn't work Satan will try to have you believe that you have somehow lost your salvation. That will take away your peace and joy and replace it with fear. Believing you can lose your salvation will cause you to try to do all you can to not lose it. Thus instead of the Christian life being one of security and assurance in what Christ has done, the emphasis focuses to what you do or don't do. Fear of doing something that will cause you to lose your salvation becomes the primary motivating force in your Christian life. How could a family operate if everyone had to be nice to the others for fear they would be kicked out of the family?

God wants us to know for sure that there is nothing we can do to lose our salvation. He wants us to be assured of His love forever. He wants us to serve Him because of our love for Him, not because we are afraid He will send us to hell!

WE ARE UNDER GRACE, NOT LAW, so there is nothing we can do to lose salvation. *Romans 6:14 For sin shall not be your master, because you are not under law, but under grace.*

GOD IS FAITHFUL to His promise to save us if we believe. Even if we become unfaithful He still keeps His promise to us. *2 Timothy 2:11-13 Here is a trustworthy saying: If we died with him,*

we will also live with him; if we endure, we will also reign with him. If we disown him, he will also disown us; if we are faithless, he will remain faithful, for he cannot disown himself.

GOD PROTECTS US when we are weak and faltering. When we sin and drift He does not cast us aside. *Matthew 12:20 A bruised reed he will not break, and a smoldering wick he will not snuff out, till he leads justice to victory. Psalms 37:24 though he stumble, he will not fall, for the LORD upholds him with his hand.*

GOD WILL NEVER HOLD OUR SINS AGAINST US for they were all paid for on the cross. Thus there is no sin that will ever be charged to us. *Romans 4:6-8 David says the same thing when he speaks of the blessedness of the man to whom God credits righteousness apart from works: "Blessed are they whose transgressions are forgiven, whose sins are covered. Blessed is the man whose sin the Lord will never count against him."*

SALVATION CANNOT BE RETURNED, AND SATAN CANNOT TAKE US FROM GOD There is nothing that can come between us and God, not even we ourselves. *John 10:28-29 I give them eternal life, and they shall never perish; no one can snatch them out of my hand. My Father, who has given them to me, is greater than all; no one can snatch them out of my Father's hand. Romans 8:37-39 No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.*

So any time you feel one of these diseases trying to hit you and take your joy and strength, remember you have no reason to doubt your salvation and you have no reason to fear losing your salvation.

APPENDIX 3

TOPICAL INDEX

Abortion is murder: Exodus 21:22-25; Psalm 139:13-15; Romans 14:22-23; Jeremiah 1:5; Genesis 2:7; 9:6

Adversaries Will Be Defeated: Deuteronomy 32:43; Philippians 1:28; Deuteronomy 33:27

Angelic Intervention promised: 2 Kings 6:17; Psalm 34:6-7; Psalm 91:11; Daniel 6:22; 10:5-14; Acts 12:15

Angels, creation of: Colossians 1:16; Job 38:6-7; Jude 6; Hebrews 12:11

Angels, ministry to believers today: Hebrews 1:14; Acts 12:7; 27:23-24; 1 Corinthians 4:9; 1 Timothy 5:21; Luke 15:10; 16:22; Acts 8:26; Jude 9

Angels, nature of: Hebrews 1:14; Mark 12:25; Luke 20:36; Psalm 8:4-5; 2 Peter 2:11

Annihilation at death doesn't happen: Matthew 17:1-3; 22:32; John 11:25; Genesis 35:18; 2 Corinthians 5:8; Philippians 1:21-23; John 3:36; Luke 23:43

Assurance of salvation: John 3:16; 5:24; 6:37, 44; 10:28-29; Romans 8:1, 29-39; Ephesians 1:13-14; Colossians 1:12-14; 1 Peter 1:3-4; 1 John 2:1-2; 1 John 5:13

Assured of Eventual Triumph over Our Adversaries: Acts 2:39

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Believe, what does that mean? Ephesians 2:8-9; John 1:12; 1 Corinthians 15:1; Colossians 2:6; 2 Thessalonians 2:10

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Conscience used by God: Acts 24:16; Romans 14:14, 23; 2 Timothy 1:5; Titus 1:15; Matthew 6:22-23; Romans 1:14-15; 9:1; 1 Corinthians 10:27-29

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Creation shows God: Romans 1:19-20; Psalm 19:1-2

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Law, legalism – believers free from: law a unit, go by all of it or none (Matthew 5:19); law given only to Israel (Leviticus 26:46; Romans 2:14; 9:4); law fulfilled by Christ (Galatians 3:13); law done away with (Romans 6:15)

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Money, materialism, attitude to money, accumulating money, uses of money, etc: see verses at end of this booklet

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Salvation, a free gift: Romans 6:23; Ephesians 2:8-9; John 1:12-13

Salvation, Atonement for sin: Exodus 12:13; Matthew 26:28; 28:5-7; Luke 24:39; John 1:29; 19:33; Romans 5:6-8; Ephesians 1:7; Colossians 1:20

Salvation, available for whoever comes: Ezekiel 33:11; Romans 10:13; I Timothy 2:4; 2 Peter 3:9; Matthew 12:50; 18:4; 10:32

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Satan, fall of: Ezekiel 28:11-19; Isaiah 14:12-20; 1 Timothy 3:6

Satan, nature of: Ezekiel 28:12-14; Ephesians 6:11-12; Job 1:12; John 8:44; 1 John 3:8; 1 Peter 5:8; Revelation 12:10; 2 Thessalonians 3:3

Sex, outside marriage forbidden: Matthew 5:27-32; 19:9; 1 Corinthians 6:9-10, 18-20; Hebrews 13:4; Exodus 20:14; Deuteronomy 5:18; 24:1-4; Luke 18:20; James 2:11; 2 Peter 2:14; 1 Corinthians 5:9; Ephesians 5:3; Leviticus 20:10; 1 Thessalonians 4:3

Sex, to show love in marriage: Genesis 3:16; 18:12; 26:8-9; 2:23-25; Deuteronomy 24:5; 34:7; Proverbs 5:15-19; Song of Solomon 7:6-10; Hebrews 13:4; 1 Corinthians 7:3-4

Sexual Temptation, victory over 2 Corinthians 5:17; Psalm 51:10-12; Romans 12:1; James 4:6-8; I John 4:4; Philippians 4:19; Matthew 16:23; Psalm 139:23-24; 2 Corinthians 5:17; 2 Corinthians 12:9-10; 1 Peter 5:8-9; Job 31:1; Matthew 5:27-28.

Sin defined: Romans 3:23; 14:23; Galatians 5:19-21; James 4:17; 1 John 3:4

Sin paid for by Jesus: Exodus 12:13; Matthew 26:28; 28:5-7; Luke 24:39; John 1:29; 19:33; Romans 5:6-8; Ephesians 1:7; Colossians 1:20

Sinfulness of man: Mark 10:18; Isaiah 53:5-6; 59:1-2; Romans 3:10-12, 23; 6:23; James 2:10; 1 John 1:8-10; 3:4; 5:17

Sins of believers, forever gone: John 3:18, 36; 2 Thessalonians 1:7-9; Romans 8:1; 2 Peter 3:9-14; Revelation 20:11-15

Sorrow, God Will Help In Your Sorrow: Proverbs 10:22; Isaiah 53:4; John 16:22; 2 Corinthians 6:10; 1 Thessalonians 4:13; Revelation 21:4

Soul sleep wrong: Matthew 17:1-3; 22:32; John 11:25; Genesis 35:18; 2 Corinthians 5:8; Philippians 1:21-23; John 3:36; Luke 23:43

Spiritism, occult wrong: Leviticus 19:31; 20:6-7, 27; Exodus 20:27; 22:18; Deuteronomy 18:10-12; 1 Chronicles 10:13-14; Isaiah 8:19-20; Galatians 5:20; Revelation 21:8

Spiritual warfare promises, memory verses: see verses at end of this booklet

Suffering and Evil, why exist John 9:1-3; 2 Peter 3:9; Revelation 21:1-8; Romans 8:28

Suffering, attitude to: Philippians 1:29; 3:10; 1 Peter 2:19-21; 5:10; John 15:2; 13:7; Hebrews 12:7; 11:25; Revelation 3:19; Romans 8:18, 28; 2 Timothy 2:12; 1 Peter 4:12-19; Hebrews 2:10; 5:8; 2 Corinthians 4:17; Matthew 5:45

Suffering, reasons for: Job 1 – 2; Hebrews 5:8; 2 Corinthians 12:7; 1 Peter 1:7-8; John 16:33; 2 Corinthians 4:8-11; 1:3-24; 2 Timothy 2:10-13

Thoughts, Rejecting Wrong Thoughts: 2 Corinthians 10:5; Psalm 139:23-24; 141:3-4; Isaiah 26:3-4; Romans 12:2; Ephesians 4:22-24; Philippians 3:18-21

Trials Are Allowed To Bring Spiritual Growth: Psalm 119:67, 71, 75; 94:12; Isaiah 48:10; Rom. 5:3

Trinity: Matthew 28:19; 3:16-17; Genesis 1:26; 11:7

Truth: Psalm 51:6; 25:5; John 14:6; 16:13; 1:17; 8:44; 14:17; 17:17; Matthew 5:33-37; John 8:31-36; Ephesians 4:25

Victory in spiritual warfare: Hebrews 2:14-15; Luke 9:1-2; 10:17-20; Revelation 12:7-11; 20:7-15; Matthew 25:41

Victory Is Guaranteed Us: 1 Corinthians 15:57; Romans 8:37; 1 Chronicles 29:11; 1 John 5:4, 18; 2 Chronicles 32:8; Revelation 3:5; 21:7

Victory Promised: 1 Corinthians 15:57; 1 Chronicles 29:11; Proverbs 21:31; 1 John 5:4, 18; Revelation 12:11; 15:2; Romans 8:37; 2 Corinthians 2:14; John 16:33

We will never be Separated from God: Romans 8:35-39; John 10:27-29; 3:36; 5:24

Wisdom Is Promised Those Who Ask: James 1:5; 3:15-17; Luke 16:8; 21:15; 1 Corinthians 2:5; 3:19

Word of God's Power: Ephesians 6:17; Hebrews 4:12; Isaiah 55:11; 59:21; Psalm 119:81, 105, 111-112; Proverbs 30:5; Lamentations 2:17; 3:37; Matthew 24:35; John 5:24; 8:51; 15:7; Romans 10:17

You Won't Ever Face Anything You Can't Handle With God's Help: 1 Corinthians 10:13

DOES GOD WANT US TO SPEAK IN TONGUES TODAY?

BAPTISM IN THE SPIRIT, SECOND BLESSING, TONGUES & SUCH MATTERS What a land-mine this subject is! It gets so divisive. I'm sure God hates to see that among His children. I don't write this to be divisive, but God does require each of us to come to our own conclusions on this matter, based on the Bible. I don't try to explain how or why others feel led as they do, I don't in any way judge or condemn them, and I only know how God is leading me from His Word. I have thoroughly studied this whole issue with as open a heart as possible, even wishing there were some higher form of spirituality and victory that would take me to a higher plane. Still, I feel totally convinced God is showing me through His Word that these things are neither for me nor the people I shepherd. What is happening in Pentecostal and Charismatic circles I do not know. I only know how He leads me.

The Bible teaches that each believer is **filled with the Holy Spirit** at the moment of salvation (1 Corinthians 12:1-13; 6:19; Ephesians 4:5; Romans 5:5). One cannot be saved without the Holy Spirit indwelling them (John 7:37-39; 14:16-17; 1 Corinthians 6:19-20). From there on it is not a matter of getting more of the Holy Spirit but of the Holy Spirit getting more of us! As we totally submit and live a holy life He fills and works through us.

Then what about Acts 2, 8, 10 and 19, when the Holy Spirit came on those who were already believers? **Acts 2** is a one-time, non-repeatable experience (not even repeated in Acts 8, 10 or 19). Just like the Second Person of the Trinity made a unique, one-time entrance into the world through a virgin in a stable, so the Third Person made His entrance in a unique, one-time way. When Jesus came back to earth after the resurrection to the apostles, Paul or John on Patmos, He never repeated the virgin-in-a-stable entrance. Acts 2, also, is non-repeatable.

Acts 2 is a transition, from Old Testament law when the Holy Spirit only indwelt some believers some times, to New Testament grace, when the Holy Spirit indwells all believers for their whole life. The apostles had already accepted Jesus' claims and were saved in the old dispensation, then when the new dispensation started and the Spirit came they naturally would be the first to receive Him in that way. That is non-repeatable, too. In **Acts 8** we see this same truth applied to half Jews and half Gentiles, in **Acts 10** to Gentiles in Palestine, and in **Acts 19** to Gentiles outside of Palestine. They were similar to Acts 2 to show that Jews and Gentiles were now equal in the same Body that the same thing happened to each. Each one showed the changeover from Old Testament law to New Testament grace. There had to be a definite time of change, showing the transfer had been made and those believers accepted. Still, what happened was different enough to show that it wasn't Acts 2 repeated again. Those were the only times anything even resembling Acts 2 happened in Acts, and it only happened once for each new group as the gospel spread from Jerusalem. All others received the Holy Spirit immediately at salvation.

Tongues are not proof of Spirit baptism. Many received the Holy Spirit but not tongues: 3,000 on the Day of Pentecost (Acts 2:38-41), early church believers (Acts 4:31), Samaritans (Acts 8:14-17), Paul (Acts 9:17-18), John the Baptist (Luke 1:15-16), Jesus (Luke 3:21-22) and many others (Acts 4:8,31; 6:5; 7:55; 11:24; 13:9,52). Speaking in tongues is never mentioned in the leadership qualities in Titus or I Timothy. The Bible makes it clear that obedience is the proof of the Holy Spirit's indwelling, not tongues (Ephesians 5:18f).

Tongues in Acts and Corinth were the same. The same Greek word ('glossa' meaning 'tongue, to speak, language') is always used of known foreign languages and is used in both Acts (2:6-11, etc) and Corinth (1 Corinthians 14:21; 12:10). In Acts is it obvious that the listeners heard known languages spoken by those who had no previous knowledge of the language. There is no indication that what Corinth experienced was different. It is only the church at Corinth that is mentioned as using tongues, and then many corrections were needed because it was a very carnal church (1 Corinthians 3:1-3).

The purpose of tongues was to show Jews that God's judgment was on them. They were to spread God's message to Gentiles but failed. God would show He was judging them for that by speaking His truth to them by Gentiles in Gentile languages. This was prophesied in Isaiah 28:9-12; 33:19f; Deuteronomy 28:49; and Jeremiah 5:15. Paul said tongues fulfilled those prophecies (1 Corinthians 14:21-22). When the Jews didn't heed this sign and repent, God's judgment came upon them in 70 AD when Jerusalem was destroyed. After 70 AD there is no instance of tongues being used in the early church. Signs are placed before what they are to mark, not after! Paul said (1 Corinthians 13:8-12) that tongues "will be stilled." The Greek word, 'pauo,' is in the middle voice; they will stop by themselves and not start again. History records only a very few, very isolated, very minor outbreak of tongues from Acts to the present. These groups were often heretical in some or all of their other beliefs. Obviously tongues did stop. There is nothing to indicate that they would ever begin again, for their purpose has been fulfilled. When Joel 2 talks about the Holy Spirit coming back after the Tribulation, there is no mention of tongues!

Then what about those with the gift of interpretation? First, the Greek word for this refers to someone who interprets known languages, like from Spanish to German. The use of foreign languages was to show God's judgment to the Jews present. The content of the message was God's good news, which the Jews should have been spreading. Since speaking in an unknown language would mean nothing to Gentiles present, Paul said there had to be an interpreter present when the gift was used (1 Corinthians 14:26-28). This was necessary for the weak and immature Corinthian believers (14:20-22) who were ignorant of God's truth (3:2). It was to be kept to a minimum (14:6-12) because it was an inferior gift (1 Corinthians 14:4). Paul himself only used his ability to speak in unknown languages in Jewish synagogues, not Jewish services (14:39).

Applying these criteria to tongues today (known foreign language, showing God's judgment on the Jews, used only with Jews present, seen as a lesser/minor gift whose use was to be kept to a minimum, etc.) shows that what is happening today is different from what happened back then.

Tongues are not a heavenly language. The Greek word makes it clear they are a KNOWN language (Acts 2:6-11; 1 Corinthians 14:21; 12:10). This is different than the 'groanings' of Romans 8:26 for those are clearly said to be unutterable (not able to be spoken). The "tongues of angels" (1 Corinthians 13:1) is a hyperbole (overemphasis to make a point) like "faith to move mountains." Besides, when angels spoke in the Bible, it was always in the known language of those to whom they were speaking.

Tongues are not a private prayer language. All spiritual gifts are given for the sake of others, not the one having the gift (1 Corinthians 12:7, 12f; 14:19, 27), that's why an interpreter had to always be present in Corinth (1 Corinthians 14:26-28). Every time the gift of tongues was given in the Bible it was given to a group, not an individual. It was always used in a group; too, no instance of private use is recorded. The tongue is to be controlled by the speaker, not beyond his control (1 Corinthians 14:28-33). Plus, tongues were to be a sign to unbelievers, not believers (1 Corinthians 14:22). Jesus Himself warned about praying words we don't understand (Matthew 6:7). Paul said he always understood what he said when he prayed, even in tongues (1 Corinthians 14:15). When asked how to pray Jesus gave the Lord's Prayer, not tongues.

Dangers of speaking in tongues today. Paul warns about Satan's ability to counterfeit this (1 Corinthians 12:2-3) as he has in other religions and cults today. Tongues is said to be an inferior gift because it is self-centered (1 Corinthians 14:4) and leads to emphasis being put on emotions which can lead people astray (2 Corinthians 6:11-12; Romans 16:17-18). We are told to pray with understanding (1 Corinthians 14:13-17) and control our spiritual gift (1 Corinthians 14:28-40). God arbitrarily chooses which gifts to give to whom (1 Corinthians 12:7, 11, 18, 28). We are told to not ask God for any particular gift (1 Corinthians 12:31; 14:1-4). Tongues speaking can become a substitute for spirituality (1 Corinthians 14:26-28). Worst of all, it can produce a false security by those who put faith in it as proof that God loves and accepts them. Most who practice tongues-speaking do not believe in eternal security of salvation, so their speaking in tongues becomes their proof of acceptance by God. Our faith must be in Jesus' work on the cross, not in our ability to speak in 'tongues.' Those without the gift can feel pressured to fit in with the rest of the group.

I have been told by those who are more experienced in dealing with tongues spirits than I am that these demons are often 'gatekeepers' and keep other demons in. They also call others in and keep them from exiting.

APPENDIX 5

IS IT GOD'S WILL FOR EVERYONE TO BE HEALED TODAY?

There are those today who believe that Jesus not only paid for sin on the cross, but that He also paid for our sickness. They say that each is received by faith, if you have enough faith to receive it. Loss of faith, then, causes the loss of these benefits of faith. They claim some are especially gifted in healing and can heal those who come to them. They say God did miracles in the Bible and he is still a miracle-working God today.

What about this? Is this true? This is not just one peripheral issue, but stands very central in our salvation and Christian life. Is God's sovereignty or man's free will the final and ultimate deciding factor? It must be God's sovereignty. The motive for living for Jesus should not be fear of losing our salvation. The goal of living for Jesus should not be a problem free life. Pain and suffering isn't to be faced by whipping up enough 'faith' so that God removes it (or living with the feelings of failure and guilt if it isn't removed and we believe that is our fault by not having enough faith). What about these claims of 'faith healers'? What does the Bible say?

IS THE GIFT OF HEALING FOR TODAY? While it's true that Jesus and the Apostles healed, it was done as a sign to authenticate that they were from God (Matthew 12:39). This was God's way having people listen to them instead of all the counterfeits around. When they were fully authenticated, there was no longer any reason for the sign. In AD 35 all were healed but by AD 60 some were not (Epaphroditus, Paul's thorn in the flesh). Then by AD 67 very few were being healed (Trophimus was left at Miletus sick, Timothy's stomach was unhealed, etc.). Jerusalem, the scene of many early miracles, had not one miracle done in it after Stephen was stoned. The people had the evidence but rejected it. James, the oldest book in the Bible, says that if someone is sick we are to pray for them (James 5:14).

SHOULD WE SEE MIRACLES TODAY LIKE IN BIBLE TIMES? Actually if you list all the miracles in the Bible you will find almost all of them fit three time periods. They aren't evenly spread out throughout history but cluster in the times of Moses/Joshua, Elijah/Elisha and Jesus/apostles. In each of these times a new mess had developed so God sent a new message through a new messenger whom He authenticated by miracles ("signs"). One more time of miracles is coming, called the Tribulation.

IS FAITH A PREREQUISITE FOR HEALING? Jesus didn't make faith a requirement for healing. Many that He healed didn't have faith. The impotent man at the pool didn't even know who He was. The man with the withered hand and the man with dropsy were healed as a sign to religious leaders who were present; they didn't ask to be healed. The cripple that Peter and Paul healed outside the temple didn't exercise any faith. Of course the demoniacs who were delivered and those brought back from the dead didn't exercise faith. Then there are others who had strong faith but weren't healed: Stephen, Paul, Timothy, Job, David, Elisha, etc.

IS 'HEALING' TODAY THE SAME AS IN BIBLE TIMES? Today's 'healers' must meet the same characteristics of Jesus and the apostles to claim they are doing what were done then. Jesus and the apostles healed with a word or touch wherever and whenever. There

was no special place or time, no chants or music, no gimmicks, nothing. Do today's faith healers walk down the hall in a hospital and empty every room? That's how Jesus and Peter did it. Also, Bible miracles were done instantly, not gradually or slowly. There was no healing to 'claim' or lose. Healing was then done totally, not partially, and it was never lost. Everyone was healed. There was no screening done. 100% of every one, no matter the need, was healed. Organic diseases were healed: limbs grew back instantly, strong enough to walk on, eyes were open, leprosy instantly gone and healthy flesh grown. Then, too, the dead were raised. Today's faith healing doesn't nearly meet these characteristics.

DOES GOD NOT HEAL? Yes, a sovereign God can always heal. He is always able to heal, but He is not always willing. Healing isn't guaranteed. Healing isn't based on our having enough faith. Miracles by Jesus and the apostles were done as a sign to authenticate the One who could heal an unseen soul. God can and does heal, but He doesn't gift others to do it, nor does He say that is the recommended norm for His people.

WHAT ARE WE TO DO WHEN SICK? When we are sick its good to first make sure it isn't for sin or disobedience. If there is sin that God is using the sickness to point out, confess it and God will forgive and then use that illness for good (Romans 8:28). It's fine to pray, asking God to heal if that is His will. We are to submit to His will, not demand He do what we want. Ask Him to use the pain and suffering for His glory (that we and others can see His greatness through His provision and peace) and our growth (make us trust Him more and become more like Jesus). Use the best available resources: diet, rest, exercise and medical help. Realize that all healing does ultimately come from God. Leave the results to His will, though.

Granted, this whole subject of faith and healing can be a confusing and guilt-producing area. Specific verses can be found to seemingly support most any view. However, an overview of the Bible and its teaching about these things definitely seems to substantiate the above view of healing. Always remember, our faith must be in Jesus. HE is the object of our faith, never a human person or group. Put faith in Jesus, not faith in your faith! HE is the one we are to look to and glorify. Always keep your eyes on Him. Trust and serve Him no matter what.

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